

Foundation Training Job Description

Grade	FY1
Placement	
Department	
The type of work to expect and learning opportunities	<p>The Frailty Department is based at Hull Royal Infirmary. There are 4 Frailty base (standard) wards, 3 Non-Criteria to Reside wards (13th Floor and C20) for patients who are medically ready for discharge but have on going therapy/social need and the Frailty Assessment Beds (FAB in HRI) which takes direct admissions from both GP's and the Emergency Department. The Frailty Intervention Team (FIT) also work 7 days a week within the Emergency Department avoiding unnecessary admissions for older patients with Frailty. All base wards manage acute medical issues and are supported by 2-3 consultants and a registrar. There are 14 consultants alongside with multiple Specialist Associate and Specialty Doctors working within the department.</p> <p>The Department also provide orthogeriatric input into the orthopaedic wards, Silver Trauma supporting patients with traumatic falls and the Trauma Ward, Falls clinics and a national award winning Parkinson's service. We have a strong community model with 2 consultants undertaking community work in a variety of settings including care homes, the Integrated Care centre for Frailty and the Intermediate care rehabilitation beds. The frailty team also run regular clinics on site at East Riding Community Hospital for General frailty problems in addition to daily rapid access clinics accessible by the GP's at Hull Royal Infirmary.</p>



	<p>Your time will be shared between the base wards, FAB and the NCTR wards. During your training you may have the opportunity to attend some FIT sessions and community /orthogeriatric sessions to increase your understanding of Frailty medicine.</p> <p>A typical team includes F1, F2 and/or CT, GPSTR, Physicians Associate and ST4+ and is led by a consultant/s and you will be fully supported. Your on-call duty rota is provided by the Medical Staffing Department who also coordinate your leave. We have our own frailty rota coordinator to support safe running of our wards and to try our best to support resident doctors to receive time off where mutually acceptable,</p> <p>You will also spend one month of this rotation on AAU.</p> <p>You are entitled 9 days annual leave in 4 month training period.</p> <p>The Frailty Department offer educational programmes (weekly lunch time teaching sessions, and dedicated weekly FY1 teaching). You are encouraged to review patients and participate actively in clinical and management case discussions. A teaching programme timetable is produced at the beginning of each training block. If not on-call you are also encouraged to attend the Grand Rounds on Friday lunchtime.</p>
Where the placement is based	
Educational and Clinical Supervisor(s) for the placement	Consultant Physician within the Department
Main duties of the placement	<ul style="list-style-type: none">• To build upon undergraduate education• To gain experience and familiarity in dealing with a wide variety of medical conditions affecting people with frailty• To develop the skills of history taking, physical examination, appropriate investigation and rational prescribing• To master several basic medical techniques• To improve communication skills with patients, relatives and colleagues• To develop skills in managing time and conflicting priorities• To take an active role in patient safety



	<p>At the end of the four month period the FY1 will have obtained experience in the following:</p> <ul style="list-style-type: none">• Diagnosing a wide range of common conditions• Treatment of a wide range of common conditions• Management of a wide range of common conditions• Greater understanding of Frailty Syndromes• Trainees will be given audit opportunities <p>Consultants are present 0900-1900 hrs during weekdays and 0900 - 1700 during weekend days. Middle Grades and ST3+ are present 24/7 for teaching/support/advice. There is a consultant on-call (non-resident) 24/7. This means that you will never be expected to make difficult decisions `on your own`. There are plenty of opportunities for `shopfloor teaching` and you will be expected to participate in the initial management of critical illness under supervision.</p> <p>The rota you will be expected to work is a full shift rota. The average contracted hours must not be exceeded. However, in exceptional circumstances, you may be expected in the normal run of duty, and within your contract and job description to cover for the occasional brief absence of colleagues as far as is practicable. Sick colleagues will normally be covered only for short periods of absence.</p>
Typical working pattern in this placement	
Employer	

It is important to note that this description is a typical example of your placement and may be subject to change.