

Job Description

NIHR Academic Clinical Fellowship

General Psychiatry ST1 entry

(1 single speciality post)

Hull York Medical School, in partnership with NHS England North East and Yorkshire, Tees, Esk and Wear Valleys (TEWV), Leeds and York Partnership NHS Foundation (LYPFT) and Bradford District Care NHS Foundation Trusts (BDCFT) have developed an exciting opportunity for clinical academic training in Psychiatry.

Applications are now invited for an NIHR Academic Clinical Fellowship in **Psychiatry** at **ST1** level in the NIHR Research Theme Mental Health. This will be a multi-specialty post as there the ACF can be in either General Psychiatry or Old Age Psychiatry. This is funded and approved by the National Institute for Health Research and offers candidates a comprehensive experience of clinical academic medicine working alongside internationally renowned clinicians and researchers.

We are seeking a highly motivated, enthusiastic individual with the potential to excel in both their clinical and academic training and who has the ambition to be among the next generation of academic clinicians. This Academic Clinical Fellowship (ACF) in General Psychiatry is run by Hull York Medical School (HYMS) in conjunction with NHS England North East and Yorkshire and the Humber.

Academic Clinical Fellowships (ACFs) are 3 year fixed-term national training posts. Trainees undertake 75% clinical and 25% academic training over the term of the post. They are employed by the NHS Trust and have an honorary contract with the University at whose Medical School their academic research is supported. ACF trainees will work with the York Mental Health and Addiction Research Group to undertake a research training programme provided by the University. They are eligible for a training bursary of up to £1,000 per year to support research training activity (e.g. to attend academic conferences and other training).

ACF trainees would be expected to complete and submit an external funding application for a research fellowship to enable them to complete a higher degree (PhD or research MD) during/following the completion of their ACF fixed-term post, which would then be completed as Out-of-Programme-Research (OOPR).

All Academic Clinical Fellowships are run-through posts, regardless of specialty, with the exception of 'Medical Education' ACFs. A trainee entering ACF at ST1 or ST2 in a specialty with a Core Training period would therefore be guaranteed continued training to CCT in the eventual specialty, as long as they progress satisfactorily through both their academic and clinical training. Run-through status is withdrawn if ACFs do not complete the academic component.

POST DETAILS

Job Title

NIHR Academic Clinical Fellow (ACF) – General Psychiatry (NIHR Theme – Mental Health)

Duration of the Post

Up to 3 years (25% academic, 75% clinical).

A mutually agreeable timetable will be drawn up by the candidate and the academic/clinical supervisors, designed to meet overall training goals. This will include protected research time. The exact division of time will be guided by the proposed research project and whether blocks of time or weekly research time are more appropriate.

Lead NHS Hospital/Trust in which training will take place

Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust

Research institution in which training will take place

The successful candidate will be based in the Department of Health Sciences at the University of York, working in the world-renowned Mental Health and Addiction Research Group (MHARG).

Research Protected Time:

ACFs are expected to complete either an MSc by research or relevant modules to extend their training (if they already have an MSc), at Hull York Medical School. The arrangements for the division of allocated research blocks or weekly research days (constituting 25% FTE academic time, which equates to 9 months over the 3-year ACF post) are managed by local agreement with the academic supervisors within the department of Health Sciences at the University of York and the clinical training programme director. The protected research period (25% time) is used to obtain specific experience and knowledge in the research area of interest, obtain pilot data, and apply for an external research fellowship.

Academic Clinical Fellowship Training Programme: Research Component

The aim of this ACF post is to prepare trainees as future clinical academics and research leaders in mental health and multimorbidity research. Trainees will aim to secure a clinical research training fellowship by developing core research skills working as part of an internationally renowned global health or UK research team (depending on preference).

ACFs will gain experience of conducting research, writing for academic publication, conference presentations and grant writing, with support for preparing a doctoral fellowship application.

The trainee will have the opportunity to work on multimorbidity datasets from ongoing research programmes such as the IMPACT (Improving Outcomes in Mental and Physical Multimorbidity and Developing Research Capacity in South Asia) severe mental illness cohort

in Bangladesh, India and Pakistan. This will also involve networking with a large body of international experts in multimorbidity research.

Training, supervision and experiential learning will be available in a range of research methods depending on the trainee's interests, including evidence synthesis, secondary analysis of healthcare data, qualitative methods and implementation science. In addition, training in good clinical practice and clinical trials research can be provided depending on the trainee's requirements.

MHARG leads national and international cutting-edge research on mental and physical multimorbidity funded predominantly by NIHR and UKRI/MRC. This multi-million pound portfolio includes programmes on the physical health of people with severe mental illness, and the mental health of people living with long-term conditions such as the NIHR Global Health Centre for IMPACT: Tackling Mental and Physical Health Together and the Scimitar South Asia RIGHT Programme. MHARG also jointly leads the NIHR Applied Research Collaboration (ARC) on Mental and Physical Multimorbidity providing excellent links to NHS clinical research. The research group currently includes 64 academics and 12 doctoral students.

We anticipate the successful exit point for ACF trainees will be the award of an externally funded clinical research training fellowship to pursue a PhD or MD; prior to re-joining the academic career path as a Clinical Lecturer.

Academic Clinical Fellowship Training Programme: Clinical Component

This ACF post is offered at ST1 level. The successful candidate will enter Core Psychiatry training overseen by one of the Trusts mentioned above. The candidate will have exposure to various different specialties within Psychiatry over the course of the three-year programme. Clinical training will be based at various hospitals and community facilities within the trusts.

TEWV is committed to providing an excellent training experience for all trainees with a dedicated postgraduate team that will provide specialist support to ensure that curriculum needs are met and that there is plenty of opportunity for portfolio development. As well as detailed induction at the start of each rotation, there will be ample opportunity for work- place based assessments in accordance with the Royal College of Psychiatrists' curriculum. Weekly postgraduate training is available at each of the localities for all doctors to attend, and there are weekly clinical supervision meetings to ensure trainees are well supported throughout their core training.

The trainee will have a named educational supervisor and clinical supervisor. The educational supervisor will meet regularly with the trainee to offer guidance and support, and to ensure that training needs are being met. As part of the annual reviews of competence progression (ARCP), the educational supervisor will liaise with the clinical supervisor to provide comprehensive feedback and the process will be conducted in accordance with the Gold Guide for Postgraduate Specialty Training.

CONTACTS

Academic Lead and Supervisor:

Professor Najma Siddiqi

Professor of Psychiatry, Department of Health Sciences, University of York and Hull York Medical School

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Clinical Training Programme Directors

Dr Venkat Muthukrishnan

Core Psychiatry Training Programme Director, Tees Esk and Wear Valleys Trust

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Academic Training Programme Director

Professor Bob Phillips

Academic Training Programme Director, Hull York Medical School

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Further Information

Because of the nature of the work for which you are applying, this post is exempted from the provisions of Section 4 (2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975.

Applicants are therefore, not entitled to withhold information about convictions, which for other purposes are “spent” under the provisions of the Act, and in the event of employment any failure to disclose such convictions could result in dismissal or disciplinary action by the University. Any information given will be strictly confidential and will be considered only in relation to an application for positions to which the Order applies.

For further information about the Academic Clinical Fellowship programme, please refer to the NIHR (National Institute for Health Research) Trainee Coordinating Centre (NIHRTCC) page on [NIHR Integrated Academic Training For Doctors and Dentists - Academic Clinical Fellowships](#)

Person Specifications

Please note:

See [Person Specifications 2026 | Medical Hub \(hee.nhs.uk\)](#)

AND the Academic eligibility criteria listed at:

[National Institute for Health Research \(NIHR\) Academic Clinical Fellowship \(ACF\) 2025 | Medical Hub \(hee.nhs.uk\)](#)

How to Apply

For more information about applying to ACF vacancies in NHS England North East and Yorkshire please visit:

http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/

Applications will only be accepted through the Oriel online application system:

<https://www.oriel.nhs.uk>

Applications open: Thursday 2nd October at 10am

Applications close: Thursday 30th October at 4pm

After the application deadline no applications will be accepted. **There will be no exceptions to this deadline.** You are advised to complete and submit your application ahead of the deadline to allow for any unforeseen problems.

Interviews will be held via MS Teams on a date to be confirmed during the first two week of December 2025.

Appendix 1: Further particulars – Hull York Medical School

Hull York Medical School is committed to transforming the health of people within the region and beyond – through its students, staff and the impact of its teaching and research.

The joint medical school of the Universities of Hull and York, Hull York Medical School has a reputation as one of the UKs most exciting, contemporary schools. The school was established in 2003 – combining York's strength in biological sciences and health sciences and Hull's expertise in clinically applied health research and large clinical base. Since then, has been inspiring doctors and academic leaders of the future with the research, skills and knowledge they need to look at things differently and advance improvements in healthcare around the world.

Equality, diversity and inclusion are extremely important to the school, and in line with its values of everyone counts, pursuing excellence, socially responsible and collaborative, it is committed to providing an inclusive and supportive environment for staff and students. The school was awarded the Athena Swann Gold Award in 2025, has signed up to the UK Medical School's Charter on So-Called 'Conversion Therapy' and the British Medical Association (BMA) racial harassment charter.

Inspiring doctors and academic leaders of the future

Hull York Medical School offers exceptional medical education delivered by senior academics and clinicians in a stimulating and supportive environment with world-class facilities.

Postgraduate research students benefit from a thriving research community and the opportunity to learn from world leading experts who are internationally recognised for their work.

Hull York Medical School facilities at Hull and York offer a stimulating environment in which to learn. The Allam Medical Building at the heart of the University of Hull's £28million Health Campus is home to Hull York Medical School in Hull. Opened in 2017 by Her Majesty the Queen, the Allam Medical Building provides specialised teaching facilities including a simulated ward, operating theatre and intensive care nursing facilities, and provides opportunities for medical students to work alongside, nursing, midwifery and allied health undergraduates, as well as PhD students, advanced nurse practitioners and physician's associates.

A partnership for people who want to make a difference.

Academic and clinical researchers at Hull York Medical School have a strong reputation for their work. Their research is advancing improvements in healthcare – treatment, diagnosis and care – for some of the major global health challenges of today. At Hull, the School's researchers are at the forefront of health research, from the early diagnosis of cancer, to reducing inequalities in access to treatment and improving the lives of those with life-limiting illnesses. This work is improving the health of people locally and impacting national and international health agendas. At York, the School's researchers have a global reputation for their work. From scientific discoveries that underpin the development, diagnosis and treatment of the world's most aggressive diseases, to mental health research which

addresses the needs of a wider variety of patients and helps to identify, treat and support them, this work is casting new light and impacting public health globally.