* \* No longer required to fit into categories 1-3. See updated Gold Guide 2022- Section 3.

[Gold-Guide-9th-Edition-August-2022.pdf (pgme.info)](https://pgme.info/wp-content/uploads/2022/08/Gold-Guide-9th-Edition-August-2022.pdf).

* \*\* Applications will be reviewed on a case-by-case basis. Trainees will need to discuss with supervisor and submit their application for LTFT training to HEE, which will be assessed and (where necessary) prioritised according to the provisions of the Equality Act relating to protected characteristics. HEE will consider the application in the context of its effect on the training available to other trainees in the programme.
* \*\*\* Rules surrounding this are dictated by the home office and negotiations continue to have this adjusted
* \*\*\*\* LTFT trainees can undertake locum or additional work within or outside the NHS, unless LTFT for health reasons- whereby additional work must then be discussed with supervisor/HEE. Trainees must ensure all information regarding additional work is including on the form R and ensure that they work in accordance to GMC good medical practice and that it does not impact their training negatively.
* \*\*\*\*\* All trainees, full-time or LTFT, need to meet the requirements for progression in training as set out in the relevant GMC-approved curriculum. LTFT trainees will be assessed in accordance with the ARCP process.