

# Foundation Training Job Description

Grade	F1
Placement	Psychiatry (Old Age Liaison Psychiatry)
Department	<p>This post will be based with the Mental Health Assessment and Liaison Team (MHALT) for Older People in York Teaching Hospital.</p> <p>The MHALT team assesses and reviews patients (usually over 65 years old) who require mental health input on wards within York Teaching Hospital. This team will offer trainees excellent training in assessing and managing patients with physical illnesses who present with a variety of mental health conditions, for example, dementia, delirium, depression, Bipolar Affective Disorder and anxiety.</p> <p>The MHALT team consists of:</p> <ul style="list-style-type: none"> <li>• 1 WTE Consultant (WTE= whole time equivalent)</li> <li>• 0.5 WTE Specialty doctor</li> <li>• Usually a less than full time Specialist Registrar</li> <li>• 1 WTE FY1 doctor (this post)</li> <li>• 3 WTE Nurses</li> </ul> <p>The psychiatric medical staff members are under the Tees, Esk and Wear Valley NHS Foundation Trust in the Directorate of Mental Health Services for Older People. The nursing staff members are under the Elderly Medicine Directorate in the York Teaching Hospital NHS Foundation Trust.</p>

<p>The type of work to expect and learning opportunities</p>	<p>The FY1 doctor will work as part of the MHALT team to assess and manage patients under supervision.</p> <p>The post holder will:</p> <ol style="list-style-type: none"> <li>1. Work with members of the multidisciplinary team including other doctors, nursing staff, occupational therapists, physiotherapists and pharmacists.</li> <li>2. Be involved in the assessment and management of patients with mental health related presentations in the in-patient setting.</li> <li>3. Be involved in the assessment and management of patients who present with physical health conditions and mental health conditions whilst in the in-patient setting.</li> </ol> <p><b>Educational Opportunities:</b></p> <ol style="list-style-type: none"> <li>1. Gain experience in the assessment and treatment of a broad range of mental health conditions in the context of physical illnesses.</li> <li>2. To understand the importance of the Mental Health Act, Mental Capacity Act including the Deprivation of Liberty safeguards.</li> <li>3. To understand the working of the multidisciplinary team.</li> <li>4. Gain community experience (for example out-patient clinics and experience with a community mental health team).</li> <li>5. Regular weekly supervision with the Clinical Supervisor.</li> <li>6. Daily clinical supervision from senior team members.</li> <li>7. Wednesday FY1 weekly teaching programme.</li> <li>8. Wednesday morning psychiatry weekly teaching programme.</li> <li>9. FY1 taster days.</li> </ol> <p><b>Supporting professional activities:</b></p> <ol style="list-style-type: none"> <li>1. Participate in and contribute towards the training programme of colleagues and students.</li> <li>2. Keep up-to-date records to satisfy continuous professional development requirements.</li> <li>3. Work within the clinical governance framework as agreed within the Trust.</li> <li>4. Ensure regular appraisal with educational supervisor.</li> <li>5. Attend generic skills training programme.</li> <li>6. It is expected that the postholder will become involved in quality improvement projects.</li> </ol>
<p>Where the placement is based</p>	<p>York Teaching Hospital</p>
<p>Educational and Clinical Supervisor(s) for the placement</p>	<p>e.g. Dr V Robins, Mr M Wong, Dr Dichelle Wong</p>

<p>Main duties of the placement</p>	<p><b>1. Clinical:</b></p> <ul style="list-style-type: none"> <li>• To participate in the mental health assessments of in-patients in York Hospital including the completion of full psychiatric histories, review of previous notes, mental state examinations and risk assessments</li> <li>• Gaining experience in managing both common and complex psychiatric presentations</li> <li>• Understanding the Mental Health Act and Mental Capacity Act</li> </ul> <p><b>2. Teaching Medical students and other staff:</b></p> <ul style="list-style-type: none"> <li>• To participate in opportunistic teaching of team members and medical students</li> </ul> <p><b>3. Administration:</b></p> <ul style="list-style-type: none"> <li>• To maintain accurate and clear records using the York Hospital system</li> <li>• To communicate with staff, patients and their carers in a timely and effective manner</li> <li>• To liaise with other professional staff and agencies</li> </ul> <p><b>4. Education and Training:</b></p> <ul style="list-style-type: none"> <li>• Clinical supervision is provided as required throughout the week by the Consultant or covering consultant</li> <li>• Educational supervision is provided by the Clinical Supervisor – one hour per week</li> <li>• To attend the weekly postgraduate FY teaching programme</li> <li>• To become involved in medical student teaching</li> </ul> <p><b>5. Audit:</b></p> <ul style="list-style-type: none"> <li>• To develop audit skills – this may involve participation in an audit project during the post</li> </ul> <p>FY1 doctors are expected to be flexible in their working arrangements.</p> <p><b>Out of hours commitments and responsibilities:</b> The FY1 doctor will be on the York Hospital oncall rota, and be supported by the medical on call team including the oncall registrar and oncall consultant.</p>
<p>Typical working pattern in this placement</p>	<p>MHALT works Monday to Friday 9 am to 5 pm except public holidays. The clinical work will be undertaken on various wards in York Teaching Hospital. Community psychiatric experience will be provided by attendance at out-patient clinics and community mental health teams outwith York Hospital.</p>
<p>Employer</p>	<p>York Teaching Hospitals NHS Foundation Trust</p>

It is important to note that this description is a typical example of your placement and may be subject to change.