

Yorkshire and Humber School of Psychiatry Annual Conference 2023

“One knows so little. When one knows more it is too late”

24 November 2023 at The Old Swan Hotel, Harrogate.

09.00-09:30 Registration

Welcome & Introduction

09:30 Dr Darran Bloye - *Head of School of Psychiatry*

Session 1 – 9.40am to 10.30am

Chair: Darran Bloye

09.40	Key Note Speaker: Dr Anna Hammond Director of Communication Skills Teaching, University of York	Topic: Micro (and macro) aggressions <i>We all have a responsibility to ensure an open, supportive and inclusive culture</i>
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10.30 Coffee Break

Session 2 – 10.50 – 11.50

Chair: David Leung

	Key Note Speakers: Prof Nandini Chakraborty National Lead for Recruitment in Psychiatry, NHS England, WTE	Topic: An update on national recruitment into psychiatry (CT1 and ST4)
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Session 3 – 11.50 – 12.35

Chair: Darran Bloye

Trainee research presentations

11.50	Dr Daniel Romeu	Experiences of delivering and receiving mental healthcare in the acute hospital setting: a qualitative study.
12.05	Dr David Bishop and Dr Katie Blissard- Barnes	Implementing GPS trackers for people with dementia who are at risk of wandering: a feasibility study.
12.20	Dr Charumathi Pattu and Dr Ambrose Nwachukwu	Impact of Covid 19 and public health measures on mental health referrals and acute hospital admissions in an NHS Secondary mental health service.

12.35 to 13.30 Lunch

Please also use this time as an opportunity to view posters and visit Trust stands

Session 4 – 13.30 – 15.00

Workshops

Workshop A		Mock ARCP panel	Dr David Leung Core West TPD, Y&H School of Psychiatry
Workshop B		Human Factors courses	Andrew Heney and Heidi Williams Human Factors & Civility Lecturers, South Tees Hospitals NHS Trust
Workshop C		Let's talk about sex - promoting healthy attitudes and improved access to pornography for Inpatients	Dr Rianne Parmar & Dr Thomas Nicoll, CT3 Psychiatry Trainee, Wathwood Hospital

15.00 Coffee Break

Session 5 15.15 – 16.15 Innovations in Clinical Practice

Chair:

	Key Note Speakers: Dr Mike Smith Clinical Lead, ADHD Service, LYPFT & Dr Conor Davidson Consultant Psychiatrist & Clinical Lead of Leeds Autism Diagnostic Service, LYPFT	Topic: Adult ADHD and Autistic spectrum disorders
16:15	<u>Award Presentations</u> Core and specialty trainees of the year, and conference poster and research presentation prizes.	

16:30 Conference close

Summary of Poster presentations

Author	Title
Dr Daniel Romeu	Working towards a greener NHS: questionnaire to explore psychiatrists' attitudes towards the climate crisis.
Dr Camelia Yousefpour	Alcoholic hallucinosis and neuro-imaging; a case report of misdiagnosis and lessons learnt.
Dr Natalie Kirby, Dr Poppy Konstantopolou and Dr Jon Barrett	Experiences of Leeds Community Health (LCH) Trust induction for CAMHS trainees.
Dr Adam Swallow and Dr Juliet Osim	Higher Trainee Peer Supervision Quality Improvement Project.
Dr Drew Garnham-McEwan and Dr Charlotte Hall	Out of hours work: A trainee led review.
Dr Chloe Warner and Dr Anne wisdom	Improving medical student placement experience within the Sheffield early intervention for psychosis service.
Dr Shumaila Shahbaz	Audit of physical health assessment, medication prescribing and physical health review of PICU patients according to standards for inpatient mental health services by Royal College of Psychiatrists (CCQI312).
Dr Samreen Arshad	Empowering the wider workforce- IMG support Programme.
Dr Stephanie Hanes	Making Research Routine Practice – A Quality Improvement Project looking at doctors' attitudes toward research.
Dr Ibrahim Patel and Dr Whitney Taiwo	Clinical Audit: Inpatient Admission Bloods at Airedale Centre for Mental Health.
Dr Deborah Okonji	Patterns of use of Doctor's holding Powers (Section 5.2 MHA) in BDCT.
Dr Burak Cardak	Physical Health Monitoring of New Admissions in Kendray Hospital.
Dr Elizabeth Crossley, Dr Rebecca Lee and Dr Kate Taylor	Yorkshire and Humber School of Psychiatry SupportTT Service Evaluation.

Dr Dean Manning	Thematic Analysis of Coroner's Prevention of future deaths (PFDs) reports in Mental Health related suicide.
Dr Nusrat Nayan	Audit Cycle of CMHT Medics' Relevant Information in GP Clinic Letters.
Dr Jonathan Stott	Exploring the longitudinal relationship between short sleep duration, temperament and Attention Deficit Hyperactivity Disorder symptoms in a biethnic population of children aged between 6 and 61 months.
Dr Sana Fatima	Collaborative approaches towards enhancing BDCT's Medical Workforce - crafting a comprehensive 'recruitment and retention' plan.
Dr Rianne Parmar	P*RN – promoting healthy attitudes and improved access to pornography in Wathwood Hospital.

Biographies of External Conference Speakers

Session 1 - Dr Anna Hammond

Presentation Title - "Micro (and macro) aggressions: We all have a responsibility to ensure an open, supportive and inclusive culture"

Dr Anna Hammond is Deputy Director MB BS Programme and Academic Lead for Clinical Skills & Reasoning at the Hull York Medical School. She has developed and delivered Microaggressions & Bystander Training across the HYMS patch (to students, clinician tutors, core academics and support staff).

She is a practising General Practitioner in York.

Session 2 - Professor Nandini Chakraborty - National Lead for Recruitment in Psychiatry, NHS E, WTE

Presentation Title - An update on national recruitment into psychiatry (CT1 and ST4)

Professor Nandini Chakraborty is a consultant psychiatrist in early intervention in psychosis with Leicestershire Partnership NHS Trust. She is also an Honorary Professor with the University of Leicester, department of health sciences. She is the immediate ex-Associate Dean for Equivalence at the Royal College of Psychiatrists and the current national lead for recruitment in psychiatry with RCPsych and Health Education England.

She is an active reviewer of several journals and has herself published on early intervention in psychosis, global mental health, managing stress in doctors and COVID.

Session 4 (workshop B)

Andrew Heney RGN ED - Organisational Development Partner and Civility/Human Factors Lecturer

New to the NHS and joined South Tees Hospitals NHS Foundation Trust early 2023 after 26 years service within the British Army as a Senior Clinical Leader within the Queen Alexandras Royal Army Nursing Corps. Extensive experience within clinical leadership with compassionate leadership at its core. Now embarking on delivering cultural change across a multi-site organisation with Civility and Psychological safety at the forefront.

Heidi Williams, OD & Improvement Partner, South Tees Hospitals NHS Foundation Trust

I have worked within the NHS since 1994, predominantly working as a physiotherapist in Critical Care. I joined South Tees NHS Trust in 1999, initially working as clinical team lead and more recently in the field of Organisational Development. I have a passion for

developing high-performing teams with a focus on creating a compassionate and restorative culture, where continuous improvement is seen as the norm.

Session 5 - Dr Conor Davidson and Dr Mike Smith

Presentation Title – Adult ADHD and Autistic spectrum disorders

Dr Conor Davidson is a consultant psychiatrist in general adult psychiatry, and clinical lead of the Leeds Autism Diagnostic Service. He was appointed Autism Champion for the Royal College of Psychiatrists in May 2021. The focus of this work is on improving autism awareness and autism training for psychiatrists. He chairs the College cross-faculty autism group and sits on the NHS England national autism strategy steering group.

Conor has published a number of journal articles, blogs and book chapters with a particular focus on autism and mental health. Unfortunately for him, Conor is a lifelong Leeds United supporter.

Dr Mike Smith is a consultant psychiatrist working in the Leeds Adult ADHD service.