

Senior Paediatric Regional Advanced Training

Training Tomorrow's Consultants

Advances in Rheumatology

Tuesday 15th October 2019

Kaberry Lecture Theatre – Leeds

9:30-10:30 Hypermobility- how to assess, manage and when to think about safeguarding **Dr M Wood**

10:30-10:50 *Tea Break*

10:50-12:20 Common Rheumatology conditions, differentials and management **Dr T. Amin**

1220-12:50 MDT approach in Rheumatology **(TBC)**

12:50-1330 *Lunch + meet the TPD, Kay Tyerman*

1330-1400 Medical assessment of Back and Neck pain **Dr M Wood**

1400- 14:30 Physio Approach to Back and Neck Pain

14:30-15:15 Leg alignment: Normal vs Abnormal- **Dawn Wills - Extended Scope Physiotherapist**

15:15-15:30 *Tea Break*

15:30-16:00 Auto-inflammatory syndromes- when to consider this differential
Dr M Bohm

16:00-16:30 Current research and advances in Rheumatology **Dr V Leone**

Rheumatology Learning Objectives

- **Common Rheumatology conditions and their differentials, Dr T Amin General**
 - Recognise potentially serious differentials e.g. malignancy, vasculitis, infection, inflammatory conditions **(LO4)**
 - Consider and recognise possible abuse as a possible differential **(LO1, LO9)**
 - Immunosuppressive treatment; indications and complications **(LO1, LO4)**
 - Know disease associations e.g., eye disease, inflammatory bowel disease **(LO4)**
 - Awareness of other conditions that may present with joint problems e.g. congenital bone or metabolic abnormalities, complex regional pain syndrome, chronic fatigue syndrome **(LO4)**
 - Distinguish inflammatory vs non-inflammatory differentials **(LO4)**
- **MDT approach**
 - Understand MDT approach **(LO2)**
- **Hypermobility syndromes**
 - Joint laxity; assess, know associated conditions e.g. Ehlers Danlos, Marfans **(LO4)**
- **Back and Neck Pain**
 - Recognise features of serious pathology, investigate and refer as appropriate **(LO4)**
 - Scoliosis; recognise, know common causes and when specialist referral necessary **(LO4)**
 - Torticollis; know causes and when specialist investigation/ referral necessary **(LO4)**
- **Leg Alignment**
 - Normal variants for age e.g. flat feet, bow legging, in-toeing **(LO4)**
 - Rickets; risk factors, presentation, radiological features **(LO4, LO5)**

- **Current research and advances in Rheumatology,**
Dr ?Valentine
 - Awareness of current research within rheumatology and disease management