

Alternative Certificate of Core Competence
for applications to ST3 Trauma & Orthopaedic Surgery 2018

This Certificate may be required to confirm the competences expected at completion of Core Surgical Training.

It is **NOT** required if:

1. You are currently a Core Surgical Trainee as evidenced by written confirmation from the relevant programme, have a satisfactory ARCP outcome after Core Training Year 1 and are on track to achieve a satisfactory ARCP outcome at the end of Core Training Year 2.

OR

2. You have already completed an approved Core Surgical Training programme as evidenced by written confirmation from the relevant programme and written confirmation of a satisfactory ARCP outcome at the end of the programme.

ALL other applicants must have signed one of the two declarations below. Failure to do so will result in exclusion from the application process.

Please complete either 'Applicant Declaration A' OR 'Applicant Declaration B'.

APPLICANT DECLARATION A (not yet completed the equivalent of a UK Core Surgical Training programme)

- I confirm that I am currently in the equivalent of a UK Core Surgical Training programme.
- I understand that I do not need to have a consultant complete this form at the time of application; however I will upload a scanned copy of this declaration and the entire form to Oriel during the application window AND bring a copy to my interview.
- I have reviewed this form and confirm that if successful in gaining a training post; I will provide a complete form with all competencies signed off by a consultant (who meets the requirements specified on Page 2) to my employing trust before my employment start date.

First name..... Surname.....

GMC number.....

Signature..... Date.....

APPLICANT DECLARATION B (completed the equivalent of a UK Core Surgical Training programme)

- I confirm that I have completed the equivalent of a UK Core Surgical Training programme.
- I understand that I am required to have a consultant (who meets the requirements specified on Page 2) sign off all competencies at the time of application.
- I have worked for the consultant(s) / specialist(s) signing this form for at least 3 months.
- I will upload a complete version of this form to Oriel during the application window and bring a copy to my interview.

First name..... Surname.....

GMC number.....

Signature..... Date.....

Please note:

1) This certificate should only be completed and signed by consultants / specialists in independent practice in surgical specialties:

- Cardiothoracic surgery
- General surgery
- Maxillo-facial surgery
- Neurosurgery
- Otolaryngology
- Paediatric surgery
- Plastic and reconstructive surgery
- Trauma and orthopaedics
- Urology

2) You **MUST** be able to demonstrate ability in **ALL** the listed competences. You may ask either:
a) one consultant / specialist to complete the **WHOLE** form or
b) more than one consultant / specialist to complete those sections they are able to in order that the **WHOLE** form is completed

3) Consultants / specialists can only sign this form if you have worked with them for a minimum of 3 months. They should initial (**NOT TICK**) the boxes on the form

4) **ALL** sections of the form **MUST** be completed. Failure of the consultant(s) / specialist(s) to complete all the details about themselves is likely to result in you, the applicant, being **WITHDRAWN** from the selection process. **CHECK THE FORM YOURSELF**

Instructions for Consultants / Specialists Completing This Form

The person asking you to complete this form is applying for Specialty Training in General Surgery in the UK. In order to process their application we need to know they have achieved the competences listed on this form to the standard expected of UK Core Surgical Training year 2 doctors.

The competences are taken from the UK General Medical Council's principles for Good Medical Practice and from the syllabus for Core Surgical Training in the UK as detailed on the Intercollegiate Surgical Curriculum Programme (ISCP) website:

www.iscp.ac.uk

Please note that the applicant has to demonstrate ALL the listed competences. If you are unable to comment on any of the competences please leave that section blank. The applicants are instructed to have as many consultants / specialists as are required to contribute to this form to demonstrate they have all the competences.

Please use your initials to complete those sections of the form you feel able to do so

Each Consultant / Specialist contributing to this form must complete their own separate declaration as failure to do so will render the applicant ineligible for this application round

Thank you for your help.

CONSULTANT / SPECIALIST DECLARATION

Your name	
Professional status	
Current post	
Address for correspondence	
Email address	
Telephone number	
UK GMC number	
If not registered with the GMC, please give: Registration Body Registration Number and please attach a photocopy of your registration certificate	

Applicant's name.....

- ☐ I confirm I have viewed the ISCP website and am aware of the standards required of UK Core Surgical Training Year 2 doctors.
- ☐ This doctor has fulfilled the requirements of the Initial Stage of the Trauma and Orthopaedics (2015) curriculum including performance at the required standards for Clinical and Technical Skills as detailed in the syllabus.
- ☐ I confirm the applicant named above has worked for me for a minimum of 3 months
- ☐ I confirm I have personally observed the applicant demonstrating the competences listed or have reliable alternative evidence that they have achieved them

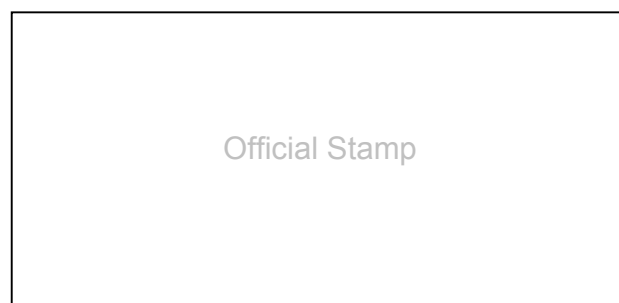
All four boxes must be ticked

Signature.....

Initials (as used when completing the form)

Surgical Specialty.....

Date.....



Generic Surgical and Medical Skills

Applicant Name.....

<i>Please complete the boxes using your initials</i>	<i>Demonstrates</i>	<i>Unable to confirm</i>
Good clinical care		
Demonstrates the knowledge, attitudes, behaviours, skills and competences to be able to carry out the following activities:		
history taking		
clinical examination		
making a diagnosis		
safe prescribing		
reduce the risk of cross infection		
Communication		
Demonstrates the knowledge, attitudes, behaviours, skills and competences to be able to communicate effectively in these situations:		
with patients		
breaking bad news		
dealing with complaints		
with colleagues		
Teaching and Training		
Demonstrates the knowledge, attitudes, behaviours, skills and competences to be able to teach and train a variety of health professionals		
Keeping up to date		
Demonstrates the knowledge, attitudes, behaviours, skills and competences to be able to use the following activities to improve patient care:		
life long learning		
guidelines and evidence		
audit		
NHS Management		
Understands the structure of the NHS and the management of local health care systems in order to be able to participate fully in managing healthcare provision		
Leadership and Teamworking		
Demonstrates effective working within teams in a medical context		
Quality Improvement		
Understands the principles of clinical governance and the processes which safeguard high standards of clinical care and which facilitate the improvement of clinical services		
Health Promotion		
Demonstrates the knowledge, attitudes, behaviours, skills and competences to be able to educate patients effectively about health issues		
Ethics and legal issues		
Understands the principles and practices involved in:		
medical ethics and ethical research		
obtaining valid consent		
legal framework of practice		
Probity		
Demonstrates the highest standards of personal probity		

Generic Core Surgical Skills

Applicant Name.....

<i>Please complete the boxes using your initials</i>	<i>Demonstrates</i>	<i>Unable to confirm</i>
1. Basic science knowledge relevant to surgical practice		
demonstrated by possession of MRCS		
2. Management of common surgical conditions		
can assess and initiate investigation and management of common surgical conditions which may confront any patient whilst under the care of surgeons, irrespective of their speciality		
sufficient knowledge of these conditions so as to know what and to whom to refer and to be able to discuss the patient's case knowledgeably		
3. Basic surgical skills		
demonstrates appropriate behaviour in an operating environment		
has the ability to assist in major operations even if they are not familiar with the procedure		
4. Principles of assessment and management of the surgical patient		
ability to fully assess a surgical patient		
keeps complete and legible records		
can initiate surgical and non-surgical management as appropriate		
can take informed consent for simple cases		
5. Peri-operative care		
ability to manage and prepare patients requiring operative treatment		
ability to assess and manage pre-operative risk, including cardio-respiratory function and other co-morbidities, in a holistic manner		
ability to manage patients post-operatively including the assessment and initial treatment of common complications		
6. Trauma		
ability to safely assess a patient with multiple injuries		
ability to initiate management of all common injuries		
7. Paediatrics		
ability to assess and initiate management of children with common surgical conditions		
understands the issues of child protection and can take action as appropriate		
8. The dying patient		
understands the principles of palliative care and can manage a dying patient		
understands the issues surrounding a "not for resuscitation" certificate		
9. Transplantation		
understands the principles of transplantation and brain stem death		
10. Health Promotion		
understands damaging health and social issues such as excessive alcohol consumption, obesity, smoking and illicit drugs		
understands the connection between mental and physical health		
understands the importance of health education for promoting self-care for patients		

Applicant Name.....

Core level skills in surgical specialties – management of common surgical conditions

This section is intended to confirm the trainee has the ability in practice to apply skills in these generic aspects of surgery which are tested theoretically in the MRCS examination. As indicated below, the skills are limited to assessment, differential diagnosis and appropriate specialist referral at a level that is to be expected of a surgeon in training.

Demonstrates understanding of the relevant basic scientific principles and is able to fully assess (history, examination, investigations and differential diagnosis), provide initial care and has the ability to know when and to whom to refer cases for each of these surgical conditions:

<i>Please complete the boxes using your initials</i>	<i>Demonstrates</i>	<i>Unable to confirm</i>
Common conditions of the GI tract		
Benign and malignant diseases of the breast		
Peripheral arterial and venous disease		
Coronary heart disease		
Chronic pulmonary disease and carcinoma of the bronchus		
Neck lumps, epistaxis and upper airway obstruction		
Urinary tract malignancy, stones and infection and prostatic disease		
Simple, common fractures, inflammatory and degenerative joint disease		
Compartment syndrome and nerve compression		
Common peripheral nerve injuries		
Space occupying intracranial lesions from bleeding or tumour		
Thyroid, parathyroid, adrenal and diabetic disease		

Specialty specific component – ST3 requirements for Trauma and Orthopaedic Surgery

<i>Please complete the boxes using your initials</i>	<i>Demonstrates</i>	<i>Unable to confirm</i>
ST1 and ST2 requirements as detailed in the T&O Syllabus which can be downloaded from the ISCP website: https://www.iscp.ac.uk/static/public/syllabus/syllabus_to_2015.pdf		