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## School of Paediatrics Newsletter April 2020

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Welcome to the HEYH School of Paediatrics newsletter. Please contact the team if you have news to share or want to contribute.

The Newsletter will be updated on a monthly basis and aims to highlight news and events from across the region and country.

### COVID-19 update

As COVID-19 continues to impact on all our lives and training the School of Paediatrics will regularly update the website to try and keep you informed. Please bear with us as it changing on a regular basis.

The link above is a dedicated page of updates and resources which some of you may find helpful.

Questions regarding ARCP and training can be found on here and also on the RCPCH website.

Thank you for all your hard work.

TPD clinics will be going remote so if you need to talk to a TPD please email the Paediatric support team or the TPD directly. [TPD contact list can be found here.](#)

### Training Progression

[Guidance from the RCPCH](#) is available.

The Key message from David Evans is Do Not Worry About Your Training. [Read more here](#)

### ARCP

Due to Covid-19 ARCPs will be disrupted. Face to face ARCPs will now happen remotely.

Priority will be given for essential ARCP (Trainees finishing Level 1, Anticipated outcome 6, Trainees moving to GRID)

There will be flexibility with the requirements, but an ES report will be particularly important.

This may be updated as the situation changes.

Please visit the [ARCP](#) page for updated 2020 ARCP checklists.

The most significant change is the addition of SCRIPT modules to the level 1 checklist

### From crisis to calm - mindfulness during COVID-19

Dr Sanjay Suri, Consultant Paediatrician and HEYH TPD is doing regular sessions via zoom to use mindfulness to improve well being.

Join the sessions he run at his Trust via Zoom, 12:30 each weekday.

## Upcoming Events

May events are being cancelled so please bear this in mind.

[Paediatric Support](#) 10th July/17th September/16th Novmber, Barnsley Hospital

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