



Build Effective Reflective Practice

09.30 – 16.30 Hours

Thursday, 12th September 2019

Venue:

Learning Room 2, Education Centre,
Doncaster Royal Infirmary

Who this is for: SAS doctors

Educational objectives:

- Build insight into key models & approaches to reflective practice
- Build personal reflective skills
- Understand how these skills relate to effective revalidation

CPD approval: This programme is subject to 6 CPD points

About the trainer: *Mr Graham Knight – Senior Res Associate:* Business Consultant, marketer and trainer with more than 15 years' industry experience in healthcare, media and FMCG. Graham has a track-record for delivering successful outcomes and positive change. In the past he has worked with NHS commissioning and provider organisations, local authorities, GP and dental practices, networks, universities, GP Federations, multinational retail and business to business organisations, independent healthcare providers and media production houses. He has a special interest in health and social care recently leading new service development projects that focus on delivering quality and productivity through integration and new models of care. He is also a skilled trainer, having worked with universities and NHS postgraduate education centres to design and deliver MBA-level courses on medical management topics, including: ethics, project management, leadership, negotiation, reflective practice and avoidable adverse outcomes. His training programmes are designed to deliver real-life outcomes and change in the working styles of the profession.

To Book a place, please contact:

Hazel Maloney Education Centre Coordinator

E: hazel.maloney@nhs.net

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Agenda

Registration from 09.00

09.30 Setting module objectives

09.40 ABC of Reflective Practice - Core elements & reflection models

10.15 Skills 1: Critical personal analysis – Taking time to reflect

11.00 Break

11.15 Skills 2: Critical organisational analysis (including serious incidents)

12.10 Skills 3: Integrated reflection, appraisal & mentoring support

13.00 Lunch

13.30 Skills 4: Planning personal development through reflective insights

15.00 Break

15.15 Skills 5: Implementing personal development effectively

16.15 Reflective practice action plan

16.30 Summary & close