

# Course Aims and Objectives

**DFT Behaviour Change Forum Session 09JAN25**

**3 CPD Hours**

**Development Outcomes: A, B, C**

**Aims:**

- To support parents to develop good oral health habits for their young child/children through effective behaviour change conversations

**Objectives:**

- Be able to recognise barriers and facilitators to communication when having conversations in the surgery. Understand how different models of communication can impact a behaviour change conversation. Be able to apply essential communication skills to a behaviour change conversation.

**Learning Outcomes:**

- At the end of this course delegates will be able to:
  - Use reciprocal communication techniques during behaviour change conversations
  - Consider physical and environmental barriers to communication when planning behaviour change conversations
  - Utilise specific effective communication skills to support behaviour change conversations