

TEES, ESK & WEAR VALLEYS NHS FOUNDATION TRUST

JOB DESCRIPTION

POST TITLE:	Foundation Programme Year 2 in Psychiatry
DURATION:	4 months
LOCATION:	Cross Lane Hospital, Scarborough
SPECIALTY:	Mental Health Services for Older People (MHSOP)
CLINICAL SUPERVISOR:	Dr P Inasu

Brief description of the clinical service

Inpatient services – the Rowan Lea Unit at Cross Lane Hospital is a 20 bedded ward for older people with dementia and other mental health problems. The Foundation trainee would assist the core trainee and Dr. P Inasu in the admission, review and management of inpatients.

CMHT (E) is based at Cross Lane Hospital and assesses urgent and routine referrals from general practitioners and General Hospitals in this sector. The Foundation doctor will assist in the team under the close supervision of Dr Inasu.

Key professional relationships

The post holder will:

- Be accountable to the Consultant Psychiatrist for Older people in Scarborough area.
- Work closely with all members of the multidisciplinary team including performing joint assessments with nursing staff, occupational therapists and psychologists.
- Have the opportunity to perform routine and crisis assessments.
- Be involved in the assessment/management of patients with mental health related presentations in the acute hospital.
- Be involved in liaising with other parts of the MHSOP, other directorates and other agencies.

Induction

At the beginning of your placement you will take part in an induction programme including e- learning mandatory and statutory training. The induction will introduce you to the Trust if you have not previously worked with us before. As part of the induction you will be introduced to the workplace and informed of the requirements of the post. You will also have an educational induction which will assist you in writing your learning plans and agreed outcomes.

Main duties of the post holder – professional, clinical, administrative

Educational supervision will take place weekly for one hour with the consultant (Dr Inasu). Allocated time will be given for work based assessments. Clinical supervision will be available from the consultant throughout the week.

Duties of the Post

1. Clinical:

- To ensure robust assessments of new patients including the completion of full psychiatric histories, review of previous notes, mental state examinations, risk assessment and physical examinations where appropriate.
- Assist with the assessment, review and management of inpatients in Rowanlea Unit.
- Undertake new assessments referred to the community mental health team under supervision including appropriate follow up.
- To work within framework of CPA.
- To gain experience in managing mental illness and psychiatric emergencies in the acute hospital.

The post holder will also have the experience of:

- Gaining experience in managing psychiatric emergencies.
- The use of the Mental Health Act.
- Working using Lean Methodology and New Ways of Working.

2. Teaching Medical students and Allied Staff:

- To participate in opportunistic teaching of team members and medical students.

3. Administration:

- To maintain accurate and clear records using the PARIS System.
- To communicate with staff, patients and their carers in a timely and effective manner.
- To liaise with other professional staff and agencies including the completion of discharge summaries.
- The medical secretary is based at Cross Lane Hospital, Scarborough

4. Education and Training:

- Clinical supervision after each assessment by the consultant and as required throughout the week
- Educational supervision – One hour per week from Consultant .
- To attend weekly postgraduate teaching programme and also present cases.
- To become involved in medical student teaching.

5. Research and Audit:

- To participate in audit programme and complete an audit project during the post. (develop audit skills).
- Opportunities to become involved in research activities as appropriate.

Settings of where the work will be carried out:

Cross Lane Hospital Scarborough
(Joint visits to) Scarborough General Hospital, care homes and patient's homes.

Educational opportunities and objectives:

There will be an expectation that you attend local postgraduate teaching programmes, as well as specific programmes that Foundation Year 1 Programme facilitates. Monitoring processes are put in place and 70% overall attendance to the above programmes are expected.

Foundation Year 1 Doctor timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Am	9.00 – Ward work 09.15 – Ward Report out meeting 1200 – Named Patient specific meetings & ward work	09.00 Ward work 9.15 – Frailty Meeting 1200 – Named Patient specific meetings & ward work	9am teaching programme Online/ York District Hospital	9.00 – Ward work 09.15 – Ward Report out meeting 1200 – Named Patient specific meetings & ward work	09.00 Ward work 10.00 – Medicine management meeting 12.00 - Named patient specific meetings & ward work
Pm	13.00 – 16.30 Named Patient specific meetings & ward work 16.30 – 17.00 Discussion re: Outstanding tasks/ Hand overs	13.00 – 17.00 CMHT work: OP clinic/ Home visits Supervisor: Dr Inasu	Name Patient specific meetings & ward work 1 Hour to complete on going online trainings etc.	13.00 – 14.00 F2 Teaching at Scarborough Hospital 14.00 – 15.00 Educational supervision 15.00 – 17.00 Named Patient specific meetings & ward work	13.00 – 16.30 Named patient specific meetings & ward work

Clinical supervisor timetable (Dr P Inasu)

	Monday	Tuesday	Wednesday	Thursday	Friday
am	09.00 – 09.15 General/ Clinical Admin 09.15 – 12.00 Rowanlea ward report out 12 to 13.00 Rowanlea ward Named patient specific meetings/ review patients	09.00 – 09.45 CMHT meeting 09.45 – 11.30 Clinical discussion with CPN. 11.30- 13.00 Rowanlea ward Named patient specific meetings/ review patients	09.00 -13.00 Training sessions/ Educational meetings/ Business meetings	09.00 – 09.15 General/ Clinical Admin 09.15 – 12.00 Rowanlea ward report out 12 to 13.00 Rowanlea ward Named patient specific meetings/ review patients	09.00 – 09.45 CMHT meeting 09.45 – 11.30 Clinical discussion with CPN. 11.30 – 13.00 Rowanlea ward Named patient specific meetings/ review patients
pm	13.00 -17.00 Rowanlea ward Named patient specific meetings/ review patients	13.00 – 17.00 CMHT work or Rowanlea ward work	13.00 – 17.00 Rowanlea ward Named patient specific meetings/ review patients	13.00 -17.00 Educational Supervision to trainee doctor/s, speciality doctor.	13.00 – 17.00 Clinical & General admin/ Urgent clinical work

Curriculum outcomes expected to be achieved

Curriculum domain	Roles and responsibilities that will allow trainee to achieve this competency
Section 1 The foundation doctor as a professional and a scholar	
1 Professionalism	Trainee will be assessing and managing patients both in-patients and in the community. Trainee will be expected to behave in a professional manner.

2 Relationship and communication with patients	Trainee will have to develop working relationships with patients. Trainee will be taught to improve her communication skills especially with people with mental health illness.
3 Safety and clinical governance	Trainee will follow the governance procedures of the Trust. Trainee will have opportunity to participate in audit.
4 Ethical and legal issues	Trainee will be involved in issues of consent, Mental capacity Act, Mental Health Act and be expected to respect Patient Confidentiality
5 Teaching and training	Trainee will participate in local teaching programme
6 Maintaining good medical practice	Trainee will be expected to follow Trust protocols. Trainee will be expected to keep up with his education.
Section 2 The foundation doctor as a safe and effective practitioner	
7 Good clinical care 7.1 Makes patient safety a priority in clinical practice 7.2 History and examination 7.3 Diagnosis and clinical decision-making 7.4 Undertakes regular patient review 7.5 Safe prescribing 7.7 Infection control and hygiene 7.8 Medical record-keeping and correspondence 7.9 Interface with different specialties and with other professionals	Trainee will be assessing, reviewing and managing patients in both in-patient and out-patient settings. She will have to maintain accurate and timely care records. She will have to work as a member of a team.
8 Recognition and management of the acutely ill patient 8.6 Manages acute mental disorder and self-harm	Trainee will be assessing, reviewing and managing patients in both in-patient and out-patient settings.
9 Resuscitation and end of life care	This will not be achieved in this placement
10 Patients with long-term conditions	Trainee will be assessing, reviewing and managing patients in both in-patient and out-patient settings. Many patients with mental illness have a long term condition.

11 Investigations	Trainee will be assessing, reviewing and managing patients in both in-patient and out-patient settings and will be arranging investigations as per necessary.
12 Procedures	Opportunity to carry out Venepuncture, ECG, and IM injections

Local teaching programme

There will be an expectation that you attend local postgraduate teaching programmes, as well as specific programmes that Foundation Year 1 Programme facilitates. Monitoring processes are put in place and 70% overall attendance to the above programmes are expected.

Additional opportunities (e.g. teaching, specialist experience)

1. To maintain confidentiality of information at all times.
2. To be conversant and comply with Trust Health and Safety Policy.
3. To act at all times in the best interest of patients/clients.
4. To be aware of and adhere to all Trust Policies and Procedures.
5. Attend all relevant mandatory and statutory training as required.

Study leave and annual leave

There will be no study leave entitlement throughout this rotation. You will be entitled to 9 days annual leave throughout this 4 month rotation.