



Priorities for the President

Professor Wendy Burn

Twitter @wendyburn

November 2017

President of RCPsych



- Elected post
- Voluntary
- 3-year term
- One of four Officers (others are Registrar, Dean and Treasurer)
- Chair, Board of Trustees
- I started June 2017
- Incredible opportunities and experiences

November 2017

About me



- "Jobbing Psychiatrist"
- Until now fulltime clinical post. Now part-time (2 days a week)
- Old Age Psychiatrist, particularly interested in dementia
- Involved in Education and training for many years
- Dean of College 2011-2015

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Core purpose of the College



- Set standards and promote excellence in psychiatry and mental healthcare
- Lead, represent and support psychiatrists
- Work with patients, carers and other organisations interested in delivering high quality mental health services

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My Priorities



- Profile and influence of the College
- Workforce: Recruitment and Retention
- Funding: Commission on Acute Adult Psychiatric Care in England, Five Year Forward View
- Gatsby/Wellcome Project
- Member Engagement
- Mental Health Act review

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Profile and influence



- Politicians
- Press
- Key influencers



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Recruitment



As the Red Queen in Alice in Wonderland said "It takes all the running you can do, to keep in the same place. If you want to get somewhere else, you must run at least twice as fast as that!"

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CT1 August start



- 2012 376
- 2013 455
- 2014 405
- 2015 374
- 2016 413
- 2017 **337**

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Recruitment Campaign



- Launched recently
- Directed at Foundation doctors
- Social Media – please support!
- TV and newspaper interviews



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Recruitment



- **You** are the key to recruitment
- Most of us are here because someone inspired us
- Be a good role model
- Show medical students and Foundation doctors what is so great about the job

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Workforce plan



- Plan to implement 5YFV
- Published July 2017
- Ambitious
- Delivery will be challenging

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Workforce plan



- 19,000 new staff
- 11,000 traditional roles
- 8,000 new roles
- 570 more consultant psychiatrists
- Money to be transferred from other parts of the system

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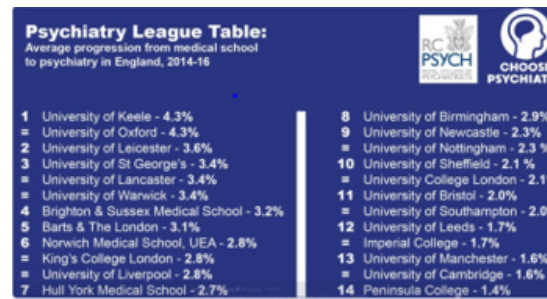
Expansion of Medical Schools



- Number of medical school places will increase by 1500 from 2018
- Extra places will be given to Medical Schools that can demonstrate they will produce Psychiatrists and GPs
- Acceptance of Psychology A level
- College will be involved in the decision making

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Proportion of students choosing Psychiatry by Medical school



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Workforce plan



- Detailed plans for implementation
- Focus on both recruitment and retention
- College will be working with HEE
- Supporting trainees
- CAMHs run-through training, might be rolled out to other specialties
- Encouraging SAS doctors to become consultants

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Retention



- Trainees: Increased flexibility and choice
- Members: Less bureaucracy and inspection
- Retired: How to continue some work if wish to

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Funding



- Workforce plan
- Commission on Acute Adult Psychiatric Care in England (CAAPC)
- Five Year forward View for Mental Health - have been promised a billion pounds by 2021
- Need to work on delivery
- We are holding the system to account

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Commission on Acute Adult Psychiatric Care in England (CAAPC)



- Established and resourced by RCPsych in 2015
- England and Northern Ireland
- Chaired by Lord Crisp, former Chief Executive of the NHS in England
- 15 Commissioners

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Objective



- To address problems in accessing acute inpatient care for adults and recommend ways of improving the service.
- Set up in response to widespread concerns about the number of acute inpatient psychiatric beds and supply of alternatives to admission available for patients.

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Findings



- The Commission found that too many people do not have swift access to high-quality acute care when they need it most - a symptom of 'whole system' failure requiring new, system-wide solutions.

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Recommendations



- Introduce 4 hour waiting time target for admission to an acute psychiatric ward or acceptance for home-based treatment
- Eliminate the practice of sending people out of area for acute inpatient care.
- Ensure Crisis Resolution and Home Treatment Teams (CRHTTs) are adequately resourced to offer intensive home treatment as an alternative to an acute inpatient admission

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Recommendations



- Undertake local service capacity assessment and improvement programmes
- Ensure there is an adequate supply of housing and strong interfaces with social care.
- Improve data collection.
- Achieve financial parity with physical health.

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Response



- A full joint response to the CAAPC report will be published by NHS England and the NHS Arms-Length Bodies (ALBs) in England with details of how they will implement the recommendations of the CAAPC report.

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5 year forward view



- A new shared vision for the future of the NHS based around new models of care.
- Developed by the partner organisations that deliver and oversee health and care services.
- Published in October 2014 with a refresh published in March 2017.

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5 year forward view for Mental Health



- **Five-year all-age national strategy for mental health in England to 2021, aligned to the FYFV.**
- **Developed by the Mental Health Taskforce with significant input from the College**

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Funding promises



- **Future in mind (Children and Young People) – Investment of £1.4 billion over 5 years announced in 2014**
- **FYFV-MH - Investment of £1billion over 5 years announced in 2016**
- **The College is holding CCGs and NHSE to account for MH spending**



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Perinatal



- **Perinatal: total additional funding for FVFV delivery is £365 million.**
- **This will allow specialist perinatal mental health provision meeting NICE guidelines in all areas.**

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Liaison services



- **Liaison: the majority of new money (£249 million) will fund extra staff to have all-age mental health liaison teams in place in all acute hospitals by 2020/21**
- **At least 50% of these to meet the 'Core 24' service standard.**

November 2017

Eating disorders



- At least 70,000 additional children and young people each year will receive evidence-based treatment – representing an increase in access by at least 35% of those with diagnosable mental health conditions.
- There is £150million going to CCGs for eating disorder services for children and young people by 2021.

November 2017

The Gatsby/Wellcome Neuroscience Project



- A RCPsych 2-year initiative to introduce a modern neuroscience perspective into psychiatrists' clinical work
- Generously supported by The Gatsby Foundation and The Wellcome Trust



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The Gatsby/Wellcome Neuroscience Project

The Gatsby/Wellcome Project



- Full review of Core Curriculum
- Incorporate latest neuroscience knowledge
- Prepare trainees for the advances to be made during their working lives

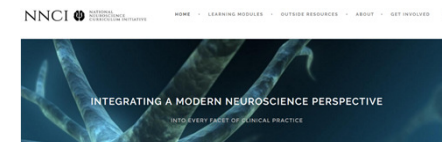
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The Gatsby/Wellcome Neuroscience Project

National Neuroscience Curriculum Initiative (USA)



- Online, open-access (NIH-funded) learning resource
- Workshops for Trainers
- Innovative teaching methods
- Making Neuroscience accessible and relevant
- 100% of USA Psychiatry training places filled in 2017



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The Gatsby/Wellcome Neuroscience Project

Stakeholder consultation and engagement June 2016-November 2017



- Faculty and Division conferences
- Psychiatric Trainees Committee of the RCPsych
- Healthcare Trusts
- Social media



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The Gatsby/Wellcome
Neuroscience Project

Outreach programme: Event participation

● Presented
● Forthcoming



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The Gatsby/Wellcome
Neuroscience Project

Events



- Increasing number of invitations to Medical Schools
- Neuroscience very well received by students
- In the USA they think the Neuroscience project has improved recruitment



October 2016

Developing resources: Trainees Online (TrOn)



- College online learning resource
- Free for College members, affiliates and trainees registered with the College
- New questions cross checked with TrOn
- Modules will be revised and added to support updated syllabus



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The Gatsby/Wellcome
Neuroscience Project

Supporting Nationally: Brain Camp for trainers



- October 2017
- Updates on Neuroscience
- Teaching workshops
- Playdough brain



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Neuroscience symposium RCPsych International Congress Edinburgh



- June 29, 2017
 - 'Targeted control of specific neural circuits: using optogenetics to illuminate and guide clinical outcomes' *Professor Karl Deisseroth, USA*



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The Gatsby/Wellcome Neuroscience Project

First Spring Conference London



- March 24, 2017



Second Spring Conference Cambridge



Save-the-date!
April 13, 2018

Integrating modern neuroscience and psychiatry
for better mental health

The Neuroscience Project
Conference



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The Gatsby/Wellcome Neuroscience Project

Current position



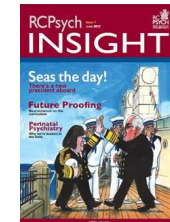
- Neuroscience content of MRCPsych syllabus reorganised, now working on updating it
- Next Paper A has had some questions removed and new ones added.
- All new questions cross-checked with TrOn
- Identified need for new and updated TrOn modules
- Whole core curriculum to be rewritten in new GMC style, Generic Professional Capabilities

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Membership engagement



- Total number of members 18,000
- Number with College roles 1,880
- Want to increase engagement
- Santosh Mudholkar, Associate Registrar for Membership Engagement
- 'Insight' magazine
- Presidents Lectures outside London
- Contact me, invite me



November 2017

Mental Health Act



- Teresa May is concerned about Mental Health Act
- Rates of detention are increasing
- MHA is used more often for people of black Caribbean, black African and black British origin

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Mental Health Act



- Simon Wessely is leading a review
- Wide consultation
- Survey of College members recently taken place
- Initial results suggest that members believe one of the reasons for rising rates of detentions are due to a lack of community support

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- Any questions?
- Wendy.burn@rcpsych.ac.uk
- Follow me on Twitter @wendyburn

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