

Course Aims and Objectives

DTFT Hands On Composites 18FEB25

7 CPD Hours

Development Outcomes: C

Aims:

- Provide an opportunity to update knowledge and skills on the use of direct restorative materials suitable for posterior teeth including bulk fill composites and amalgam alternatives.

Objectives:

- Be able to use modern bulk fill composite materials to produce restorations with a high-quality seal and minimal shrinkage stress.
- Understand the light curing process and the factors that could influence the polymerisation efficiency of resin composites.
- Have had a chance to use sectional matrices to help provide the perfect contact point.

Learning Outcomes:

By the end of the session, foundation therapists will be able to:

- Have an update on the direct restorative materials available for posterior restorations and the factors that influence their clinical success
- Have further understanding of how to effectively use and maintain LED light curing units.
- Use clinical tips and techniques to help them improve their posterior composite restorations.