

Health Education Yorkshire and the Humber

West Yorkshire Foundation School (WYFS)

Individual Placement Description – Acute & Metabolic Medicine

Grade	Foundation Year 2
Placement / Post Number	Acute and Metabolic Medicine 14/YHD/RCD00/01/F2/004
Department	 Directorate information: This directorate offers excellent training in acute, elderly and general medicine with emergency cases admitted each day via the medical assessment unit. The acute medical team also operate a Same Day Emergency care service, which provides a number of ambulatory pathways aiming to reduce admissions and unnecessary ED attendances. The Long Term and Unscheduled Care directorate also operates a frailty service, on two base wards plus a twelve bedded Acute Frailty Unit which will soon include an SDEC area of its own. In addition we provide a stroke unit, Coronary Care Unit, HDU and ITU beds, a cardiology intervention service, endocrine and diabetes service and a gender service. All services are consultant led and supported by a wide variety of professionals including Advanced Clinical Practitioners (ACPs), Specialist Nurses (cardiology, diabetes, respiratory medicine and palliative care) and therapists. The Medical day Unit provides planned day care for rheumatology and dermatology conditions as well as chemotherapy. The Robert Ogden center is also based on the hospital site and provides cancer care to the population of Harrogate with the support of vising consultant oncologists from Leeds.
	Staffing in Medicine Directorate: There are 10 FY1 and 7 FY2 posts, 7 fellow posts, 8 GPST posts and 15 ACP posts plus a cohort of SpRs and Speciality doctors who support consultants in various medical specialties. Visiting consultants from York and Leeds provide cover for renal medicine, vascular surgery, out-patient dialysis and oncology.



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The Trust is keen to expand our workforce and recently agreed to fund the 7 fellow posts plus 2 additional ACPs in order to support the service and doctors in training.

Department Information:

The Department provides excellent training opportunities in general medicine as well as diabetes and endocrinology. The department looks after patients with acute diabetes related problems; major electrolyte imbalances including hypercalcemia and hyponatremia and a myriad of acute medical problems.

Staffing in the Diabetes &Endocrine Directorate: The medical team consists of: 5 Consultants 2 Specialist Trainees 1 CMT, 1 FY2 and 1 FY1 4 Diabetes Specialist Nurses,

Inpatient diabetes specialist nurses will support you on the wards.

The Department of Chemical Pathology

The department is led by a Consultant Clinical Scientist and has several Biomedical Scientists. A wide repertoire of tests is provided by the laboratory which is CPA accredited. Specialised tests are sent away to other CPA-Accredited laboratories. Consultant support is available for interpretation of test results and clinical advice. The laboratory has a special interest in testing outside the laboratory and in the methodology of decision support. The consultant clinical scientist is also an active member of the Diabetes and Endocrinology team and the department is involved in the clinical meetings of this unit. The department is housed in new and spacious laboratory accommodation in the Fewston Wing of Harrogate District Hospital.

The Department of Diabetes and Endocrinology

The department is led by 5 Consultant Physicians supported by diabetes nurse specialists. Each week there is a general diabetes clinic, endocrine clinic, insulin pump clinic, diabetic foot clinic, diabetic/endocrine pregnancy clinic and twice monthly young adult clinics. There are 2 MDTs a week, at which patients with metabolic problems and results of complex endocrine patients and results of dynamic endocrine investigations are discussed.



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Type of work to expect and	This post is an opportunity to become involved in both
learning opportunities	metabolic and acute medicine. Learn about patho-
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	pathological data. You will also have direct clinical exposure
	to patients with metabolic and endocrinological conditions. It
	provides an opportunity to work with multi-disciplinary
	teams within chemical pathology, diabetes and
	endocrinology. The post holder will also be expected to
	complete a clinical audit project within the four month
	attachment.
	Educational Opportunities:
	• Equivalent of 2 weeks attachment to the pathology
	laboratory to gain biochemistry experience.
	• Experience in the assessment and treatment of the
	acutely ill patient
	 To understand the importance of comprehensive
	acute medical assessment
	 To understand the working of the multidisciplinary
	team caring for the elderly and each individual's role
	and input
	 Directorate educational meeting every Wednesday
	lunch time.
	 Departmental MDT twice a week,
	 X-ray meeting every Thursday lunchtime
	 Clinical governance sessions covering audit,
	guidelines, incident reporting etc
	 Hospital continuing professional development
	meetings, Education Centre
	 Regular meetings with educational supervisor
	Supporting professional activities
	• Participate in and contribute towards the training
	programme of colleagues, students and other health
	care professionals e.g. ad hoc training and
	supervision, tutorials and lectures.
	• Have a teaching responsibility for supervision and
	training of F1 doctors and medical students.
	• Keep up-to-date records to satisfy continuous
	professional development requirements.
	• It is expected that the post holder will complete and
	write up an audit project
	• Work within the clinical governance framework as
	agreed within the Trust.
	 Keep up-to-date with trust MEST
	• Ensure regular meetings with educational supervisor
	& timely completion of HORUS e-portfolio.
	Attend generic skills training programme.

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	 Attend half day release programme within WYFS Opportunity to attend departmental teaching in other specialties
Where the placement is based	Harrogate District Hospital
Educational Supervisor(s) for the placement	To Be Confirmed
Clinical Supervisor(s) for the placement	To Be Confirmed
Training Programme Director for the placement	Dr Natalia Gunaratna
Main duties of the placement	 Clinical care: Care of inpatients admitted under the diabetes team. You will have IMT3/Middle grade support. Clerking and assessment of new and follow up out patients with diabetes/metabolic problems. You will be supernumerary in clinic and attendance will be to suit your training needs. Supervise / perform dynamic metabolic function tests. Assist with interpretation and reporting of biochemical tests under the supervision of the consultant chemical pathology and begin the principles of clinical leadership.
	FY2s are expected to be flexible in their working arrangements.
	Out of hours commitments - Out of hours commitments and responsibilities: A 3 level on-call system is in operation out of hours for new admissions and ward responsibilities. Tier 1 (FY1 level doctors) provide cover during the day and weekends. Tier 2 (FY2 level doctors) is on call 1:14 and covers admissions (during day) and ward duties (night time only). Tier 3 (Registrar level doctors) are on-call 1:11
	During normal hours Mon-Fri all requests for medical admissions, and initial triage and management are dealt with by an acute medicine on call team, which includes a cohort of 6 ACPs and the acute medicine consultant.
Typical working pattern in this placement	Typical working pattern in this post, as above.
Employer information	Additional information The Doctor will be entitled to Annual and Study leave in accordance with the Terms & Conditions of Service. Dates of leave must be approved by a consultant and the rota co-ordinator at least 6 weeks in advance. The Doctor may be required to deputise from time to time for absent colleagues, and exceptionally



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to perform additional duties in occasional emergencies and unforeseen circumstances to ensure the safe running of the Department.
This appointment shall be governed by the Terms and Conditions of Service for Hospital Medical and Dental Staff, as amended from time to time.
The post holder is expected to adhere to Trust policies and procedures and relevant legislation including the requirements of any professional bodies attend mandatory training as identified by the Trust.
The post holder must maintain the confidentiality of information about patients' staff and Trust business in accordance with the Data Protection Act 1998 and Caldicott principles.
In order to comply with the Health Act 2006 (Code of Practice for the Prevention and Control of Health Care Associated Infections) it is the responsibility of every member of staff to prevent and control the spread of infection following the Trust's infection control policies. These are available on the intranet in the document library under clinical policies and guidelines, infection control.
The Trust has adopted an equal opportunities policy and all employees must be aware of their obligations to abide by the spirit and nature of the policy to avoid direct and indirect discrimination.
You will have a duty to familiarise yourself with the relevant Policies and Procedures, i.e. • Health & Safety Policies • Risk Management Policies • Infection Control Policies • Data Protection and Confidentiality Policies

It is important to note that this description is a typical example of your placement and may be subject to change.