# Yorkshire & Humber Trainee Wider Forum Minutes of Meeting

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| Date and time | 21 February 2024, Wednesday, 0900-1200 |
| Venue details | **Virtual**   1. Virtual: MS Teams |
| In attendance | **TEF members:** |
| Sium Ghebru (Chair) , Raykal Sim, Laura Naish, Ugochukwu Uzondu, Chioma Maduka |
| **Wider Forum members:**  **Antony Antypas, Karim Elaidy, Kerry Badger, Danish Momon, Reem Taha, Yaser Wahid, Nkiruka Edward Alali, Erin Whyte**  Anaesthetics**Dentistry**  Emergency Medicine Foundation  **GP  Medicine  O&G**  Ophthalmology Paediatrics **Pathology** (histopathology)PsychiatryPublic health Radiology  **Surgery** |

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| **External Speakers/Invitees** | |
| **Name** | **Role** |
| Kathryn Bacon | NHSE YH – Learner Support and Faculty Development |
|  | Rammina Yassaie | Medical Doctor and Senior Lecturer in Leadership – Sheffield Hallam University |
| Apologies | Eman Hassanin, Susie Stokes, Preyai Mall, Julie Platts, Sara Khalid, Jessie Tebbutt, Waqas Din, Theresa Ugalahi |  |
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| Item No. | Item |
|  | **Introductions, apologies & moment of joy from attendees**  We note apologies from Preyai Mall and Julie Platts who were scheduled to speak on the agenda but unable to attend.  Due to the short notice, alternate speakers were not able to be organised. |
|  | **Actions from Previous Meetings**  Last meeting 22/11/23  Ongoing discussions regarding school of medicine study budgets- this has been escalated to the deanery and conversations are ongoing.  Reflected on speakers from last sessions and highlighted upcoming [Trainee forum newsletter](https://sway.cloud.microsoft/vk3lbFyGBQzzPHMC?ref=Link).  Welcomed Theresa Ugalahi as new EDI co-lead  Confirmed no changes to previous minutes  **Actions:**   1. **SG having further conversations with deanery re school study budgets and communication, to continue to feedback to wider forum** |
|  | Trainee Representatives forum  **Closed forum for Executive and Wider forum members**  **\*blue sky thinking element\***  A Medical oncology trainee raised local concerns around LTFT trainees are doing same amount of work as non LTFT trainees but in less time.  This means that they are undergoing same number of clinics but losing admin and self development time- further discussion was had around what is occurring in other specialties and next steps for trainee in question. [LTFT policy](https://www.yorksandhumberdeanery.nhs.uk/professional-support/policies/ltftt) shared and invited to pass on outcome to colleague to contact TEF via email.  IMT trainee raised concerns around ARCP and needing clarification- spoke to ES and TPD around release from IMT stage 1. Is being asked to spend a specific amount of time in training, despite meeting competencies,  Other specialties shared time vs competency based completion of training. Brought up GMC document around supporting competency vs time based completion of training- advised to send clarifying needs through to TEF to escalate as needed to deanery.  Trainee highlighted need to highlight to wider trainee body on impact on international practice if amount of timing to training may not be met  Public health trainee raised concerns around support process for trainees entering training- active access to training, equity of access, public health has open drop in sessions, open website webinars supporting access to training, shared ‘leaky timeline’ report from Public health training (<https://www.fph.org.uk/media/3634/edi-phst.pdf> )  Histopathology shared example of open access events and opportunity to network - <https://histopathologytraining.org/>  **Actions:**   1. **SG will speak to JC re effect on CCT on time based vs competency based training and how it affects CCT and ability to use CCT to practice in other countries** 2. **Wider forum members will send documentation to SG for further clarification re deanery re ARCP and LTFT** 3. **SG to takeaway point on what data does specialty school have on equity for access to training- potential project idea from the Trainee forum to EDI leads (TU) for potential project idea** |
|  | **Wider forum focus**  SG shared a presentation on :   * Ongoing work by TEF- study leave, professional support, deanery induction videos, social media campaigns   + Invite for Wider Forum member to be involved in a “day in the life of a YH trainee” vlog in conjunction with Becky Travis * Shared upcoming [February newsletter and shared link](https://sway.cloud.microsoft/vk3lbFyGBQzzPHMC?ref=Link) * Wider forum meetings to include question of the month to deanery team in the future – to be scheduled for release by JC * Shared upcoming conferences – [FLP conference](https://event.fourwaves.com/flpconference2024), [SuppoRTT conference](https://event.fourwaves.com/rtt2024)   Other projects by Wider Forum   * Reem Taha shared her project on leadership for international medical graduates workshop with SuppoRTT   + Bookable via [Maxcourse](https://www.maxcourse.co.uk/heeyhme/guestCourseListCourseDetails.asp?cKey=38604)- call for speakers and sharing with colleagues across Yorkshire   + Call for speakers on [Google Docs](https://docs.google.com/forms/d/e/1FAIpQLSe2hfQ5SrmlYXB8h0pyDls3mTq2FSMlmneFLcqZZd6uxSAFJQ/viewform?usp=sf_link)   + Sign up via [MS Forms](o%09https:/forms.office.com/Pages/ResponsePage.aspx?id=slTDN7CF9UeyIge0jXdO46lrU0WNAnpNgGhCeYIh8u9UMkVZWkNPODlSMUk3T09QUTJFQkRITE1VVi4u)   **Actions:**   1. **SG put call out for input into deanery induction videos from wider forum members-to contact SG if interest in contributing to ‘day in life of a trainee’ component of deanery induction project** |
|  | **Peer mentoring- Guest speaker Kathryn Bacon, SuppoRTT Programme administrator**  Brief overview to [SuppoRTT](https://www.yorksandhumberdeanery.nhs.uk/professional-support/supported-return-to-training) and what it offers to medical, dental and public health trainees  Peer mentoring initiative now offered by SuppoRTT- this programme allows a safe space for returning trainees, mentee- led and adapted to their needs, accessible to any trainee currently or planning to going out of training as long as they complete a SuppoRTT absence planning form.  Organised using a website called Mentor Net website- this is the same site used as coaching scheme and reverse mentoring scheme but will need to create a new account to access the peer mentoring scheme  **Actions:**   * **All to be aware of Peer Mentoring, disseminate with their networks and sign up if interested** |
|  | **Leadership and Team formation- Guest speaker Rammina Yassaie**  **Leadership development session**  Fruitful discussion:  Discussion around:   * Why do we have teams:   + A need to belong, able to have collective goal and make an impact * The challenges of team working * The use of models (even if models are not always right)   + There is no right or wrong models   + It is about using models as tools to help you think * A discussion about Tuckman’s stages of group development   + Forming, storming, Norming, Performing, Adjourning * Importance of psychological safety in teams * Discussing Reflexive team working – how to use the questionnaire and implementing it to discover pseudo teams |
|  | **Upcoming meetings**  **22nd May- virtual SG looking at hybrid option** |
|  | **Actions steps and close** |

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| Action Log | | |
| **Item** | **Action** | **Allocated person(s)** |
| **1** | SG having further conversations with deanery re school study budgets and communication, to continue to feedback to wider forum | SG |
| 2 | SG will speak to JC re effect on CCT on time based vs competency based training and how it affects CCT and ability to use CCT to practice in other countries | SG |
| 3. | Wider forum members will send documentation to SG for further clarification re deanery re ARCP and LTFT | Wider forum members |
| 4. | SG to takeaway point on what data does specialty school have on equity for access to training- potential project idea from the Trainee forum to EDI leads for potential project idea | SG/EDI co leads |
| 5. | SG to update wider forum on format of next wider forum meeting in May | SG |

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| Date of next meeting | 22/5/24 |
| Completed by | Raykal Sim |
| Confirmed by | Sium Ghebru |