

The 5th Annual Future Leaders Conference

Creating a Collaborative Future

The Future of the NHS:

Working and Leading Across Organisational Boundaries



Photo: www.visityork.org

18 January 2018

Park Inn by Radisson, York

Developing people
for health and
healthcare

www.hee.nhs.uk

Creating a Collaborative Future



This theme highlights the evolution of the HEE Future Leaders Programme in Yorkshire and the Humber to include Fellows from a wide range of professional backgrounds, emphasising the potential for increased multidisciplinary collaborative leadership into the future.

In addition, this theme reflects the movement within health and social care for increased integration and working across boundaries to transform and sustain services.

Join the conversation on Twitter... [#FLP2018](#)

Welcome

Dr Susy Stirling

Associate Postgraduate Dean

It is my great pleasure to welcome you to the 5th Annual Future Leaders Conference. This conference is an important part of the Leadership Fellowship calendar, and is devised, organised and delivered entirely by the Fellows. This year they have chosen to focus on “creating a collaborative future”. I am sure you will agree this is a hugely relevant subject area: fertile ground for discussion and thinking today, and an essential pillar of an efficient, effective and sustainable future health and social care system.



Our Future Leaders Programme has benefitted from the inclusion of Fellows from backgrounds other than medicine or public health, since 2016. This diversity enriches the learning and networking for all Fellows. Today will showcase that diversity, as well as explore how we can all play a part in creating a collaborative future. Thank-you for participating in this conference. I hope you have a thought provoking and stimulating day, and leave with some new ideas to share with colleagues. Please join with me in celebrating the success of our future leaders, and wish them well as they continue their leadership journey.

The Conference Committee

We're delighted to welcome you to the 5th Annual Future Leaders Conference on behalf of the Future Leaders Programme.

Our theme this year focuses on working and leading across organisational boundaries, and will help us to consider the importance of collaboration in the future of the NHS. We're pleased to be able to collaborate with the Yorkshire and the Humber Leadership Academy in the event today, who will be joining us for some of the sessions.

We hope today provides you with opportunity to develop and strengthen networks, showcase your work, and think creatively about how we can collaborate to develop quality and sustainable services for our patients and communities.

#FLP2018

Mohammed Bilal

Alice Deasy

Kathryn Grayling

Karen Johnson

Sarah Merrifield

Sam Roberts

Carlene Rowson

Emma Shereston

Sarah Soar

Helen Stewart

Madeleine Vass

Jo Whiston

James Houston

John Whitaker

Programme

09.00-09.30 **Registration**

09.30-09.45 **Introduction and Welcome**

Susy Stirling, Associate Postgraduate Dean

Sarah Merrifield, Leadership Fellow

09.45-10.30 **Keynote Speech**

Rob Webster,

Chief Executive, South West Yorkshire Partnership NHS Foundation Trust

10.30-11.00 **Refreshment Break and Poster Viewing**

11.00-12.00 **Workshops**

12.00-12.30 **Oral Presentations**

12.30-13.30 **Lunch, Poster Viewing and Networking**

13.30-15.00 **Table Top Discussion followed by Panel Q&A**

15.00-15.20 **Refreshment Break and Poster Viewing**

15.20-16.20 **Talk like 'TED'**

16.20-16.30 **Presentation of Poster Prize and Close of Day**

Jon Hossain, Deputy Postgraduate Dean

Sarah Merrifield, Leadership Fellow

16.30 **Post Conference Networking Event**

Keynote Speaker

Rob Webster

Chief Executive

South West Yorkshire Partnership NHS
Foundation Trust



Rob joined South West Yorkshire Partnership NHS Foundation Trust as Chief Executive in May 2016 and is responsible for leading the organisation and its 4600 staff. Rob is also leading the West Yorkshire and Harrogate sustainability and transformation plan (STP): this sees him bringing together West Yorkshire health and care leaders, organisations and communities to develop local plans for improved health, care and finances over the next five years.

Rob has worked in healthcare since 1990, taking on national leadership roles in the NHS Confederation and the Department of Health on policy, transformation and delivery. He has been a Director for both the Prime Minister's Delivery Unit in the Cabinet Office and a national public/private partnership. He has also been a successful Chief Executive in the NHS, running commissioning organisations and providers of NHS services. He has chaired formal Cancer, Primary Care, Community Trust and Learning Disability Networks. He has a history of effective partnership working and a strong commitment to system leadership.

Rob is defined by a values based approach to leadership. He was been recognised by NHS Employers for his work as a "Personal, Fair and Diverse Champion". Rob is a visiting Professor at Leeds Beckett University and was proud to be made a Fellow of the Queen's Nursing Institute in 2014. In May 2016, Rob became an Honorary Fellow of the Royal College of General Practitioners.

Workshops

Workshop allocations can be found on the back of your name badge

The Power of Collaborating with People and Communities

Roz Davies and Lisa Thompson-Cox

This workshop will explore the power and potential of working in partnership with people, communities and the third sector to improve health and wellbeing and reduce health inequalities

Roz Davies

Principle Director Communities and Localities at the New Economics Foundation a people-powered think tank working to transform the economy so it works for people and the planet. After 20 years of working in local government, the NHS and the third sector at a local and national level on a wide range of award winning social and digital innovations, Roz now leads on health, care, wellbeing, social action and people driven digital programmes at NEF. On a personal level she was named as one of the 50 foremost patient leaders by the Health Service Journal and one of the top 5 to follow on chronic illness on social media by the Guardian.



Lisa Thompson-Cox

Volunteer Co-ordinator at Sheffield Flourish, (Digital UK charity leader of the year 2017) a community led mental health charity in Sheffield which works in close partnership with the NHS, University of Sheffield and Sheffield City Council. Drawing on her own personal journey and work experience, Lisa supports volunteers living with mental health conditions from a diverse range of backgrounds to get involved in many different aspects of Sheffield Flourish, from becoming digital ambassadors to gardening. She has previously volunteered as a community health champion, given inspirational speeches at a local and national level and co-ordinated volunteering programmes across Sheffield.



Devices for Dignity: The Power of Collaboration to Enable Technological Solutions to Improve Quality of Life

Avril McCarthy, Liz Pryde and Lise Sproson

This workshop will focus on how collaboration and co-production brings about technological solutions to meet people's needs, using a technology case study from unmet need through to market. Devices for Dignity, hosted at Sheffield Teaching Hospitals, works collaboratively with patients, carers, clinicians, industry, charity, designers and engineers to develop and introduce technologies that improve treatment and quality of life for patients.

Liz Pryde: NIHR Devices for Dignity MTC Programme Manager, Sheffield Teaching Hospitals NHS FT

Before joining the Devices for Dignity (D4D) team in December 2014, Liz worked for five years as Industry Manager for the NIHR Clinical Research Network: Yorkshire and Humber. Liz has managed many health-related projects over the last 15 years across the NHS, Academia and Industry. She is experienced in managing pharmaceutical clinical trials and working within the medical devices sector. Collaborative working across sectors is a key skill to be effective in her world.



Avril McCarthy: NIHR Devices for Dignity MTC MedTech Lead, D4D and Lead Clinical Scientist, Sheffield Teaching Hospitals NHS FT

Avril has been with Devices for Dignity since its inception in 2008 and has responsibility for all MedTech aspects of the portfolio of D4D projects, including regulatory compliance. With a background in clinical engineering, she is passionate about developing new medical devices that bring benefits to patients and has experienced a wide and varied range of projects incorporating collaborative working with industry, academic colleagues, and product users, within multi- and interdisciplinary teams. Avril is also an Honorary Senior Research Fellow at the School of Health and Related Research (SchARR) at the University of Sheffield and a member of the NICE Medical Technologies Advisory Committee.



Lise Sproson: Senior Research Associate, NIHR Devices for Dignity MTC, Sheffield Teaching Hospitals NHS FT.

Prior to joining Devices for Dignity, Lise worked clinically for 23 years as a Specialist Speech and Language Therapist, treating patients with swallowing and communication difficulties following neurological injury. Having completed an MSc in Clinical Research in 2011, she now has a broader role as a Clinical Researcher. She is a committee member of the UK Swallow Research Group and the Council for Allied Health Professions Research group.



Collaborating Across Boundaries; Leading From Behind Locked Doors

Emergency Response in Custody (ERiC) Project

**Maggie Wood, Rachel Smith, Kathryn
Grayling**



The ERiC project was commissioned in 2016, by NHS England Health and Justice, to identify common issues at the interface between providers for emergency incidents in prisons in the north of England. The project was led by Spectrum CIC and Yorkshire Ambulance Service. The project team united providers that spanned the whole 'out of hospital' emergency response system in order to seek opportunities for sharing knowledge and improving services. The main output of the project was a mutually agreed actionable tool which supported communications between services, increasing safety and ensuring the right response first time for those in need.

This workshop will take you on a journey where you will experience the difficulties encountered by those delivering emergency healthcare across traditional boundaries. We will invite you to take on the perspectives of various professional groups as we respond to a serious drug related incident in a Yorkshire prison. This lived experience will take you through a 'real' scenario resulting in a challenge to identify areas for improved working and collaboration. You will then lead the decision on which idea to take forward and unite a multi-agency team in agreeing a plan for mobilising this knowledge in to actionable outcomes.

Co-Production: We Don't Bite!

**Who best to collaborate with about service
improvements than those who use the services?**

Richard Fletcher

Improvement Coach

Richard Fletcher is an Improvement Coach within the Quality Improvement Team at Sheffield Health and Social Care NHS Foundation Trust. Prior to taking on this role, he had previously 'worked' with the Trust – both as a user of its acute and community mental health services for over eight years, and thereafter as a volunteer. His professional background is in logistics and warehouse management.



His interest in Coproduction is twofold. Firstly, in terms of its potential in enabling healthcare providers to better inform their decision making processes – resulting in better experiences for both staff and patients/service users and their families. Secondly, he recognises the role it can play in enhancing people's recoveries – by 'doing with' instead of 'doing to'. By practising coproducing within everyday one-to-one interactions, services overall will better suit the needs of those who use them, and those who work within them. Outcomes will become more meaningful and sustainable – both in personal and organisational terms.

Developing Collaboration and Leadership Through Research

Professor Suzanne Mason

Professor of Emergency Medicine

This workshop is delivered by members of the Yorkshire and Humber, Collaborations for Leadership in Applied Health Research and Care (CLAHRC) Team. The session will provide an interactive experience which will focus on the following themes:



- Becoming a researcher - 'spanning' your career
- Links with Higher Educational Institutions
- Collaborating with the NHS through research
- Leading meaningful research - bridging the ivory tower gap
- Finding a good mentor and role model
- Developing bids for grants and fellowships
- Getting your name out there! - papers, abstracts and presentations

Professor Suzanne Mason

"I qualified in medicine from London University in 1990. I pursued my training initially in surgery and then specialised in Emergency Medicine. I spent a year as a Royal College of Surgeons of England Research Fellow and was awarded an MD whilst undertaking higher training in Emergency Medicine. I joined Sheffield University as a Senior Clinical Lecturer in 2001, was promoted to Reader in 2007 and professor in 2010. I divide my time between the university and as a consultant at the Sheffield Teaching Hospitals Trust emergency department.

My main research interests include evaluating complex interventions in emergency and urgent care. I am particularly interested in the evaluation of new roles and alternative pathways of patient care.

Current studies include CLAHRC 2: avoiding admissions and attendance in patients with long term conditions; Understanding Exit Block in Emergency Departments, Evaluating the impact of ED Closures on demand for services"

We Aren't Delivering a Pizza: Collaboration in Education

Dr Jane Kirby

Clinical Lecturer

This workshop is designed to be collaborative with you as participants to develop thinking around the future of education delivery. We are facing a future in medical education that is mainly exciting, yet at times is daunting.

Would you have envisaged a medical school without text books? One where students access only online content. What about a future with personalised curricula (you pick what you study) or teaching that responds to how well you do in your exams. What about one where you practice your surgical skills on an avatar or the debate is being had as to whether there is a future for the stethoscope.

This isn't the future. These are the current questions facing medical educationalists. So how do we know what to plan for in the next 10 years?

Education has collaboration at its heart. Collaboration with other educationalists; collaboration with clinicians, managers, political systems and most importantly students.

Come and join us for an hour to talk about the roles you as future leaders will play in this unknown future.

Jane Kirby is a Clinical Lecturer and the Programme Leader for Postgraduate Programmes in Primary Care Education at the University of Leeds. Her research interest is Technology-Enhanced Learning



Oral Presentations

Stream One - Derwent Suite (Room 5)

Laura Fileccia

Multi Professional Advanced Clinical Practice to Support Patient Centred Care

Michelle Horridge

Is Less Than Full Time Training right for me? An Evaluation of Our Workshops

Stream Two - Riverside Suite (Room 6)

Jo Corrado

Improving Junior Doctor Morale, What's the Moral of the Story?

Joanna Gibson

Reflections as a Clinical Leadership Fellow working on the Maternity and Neonatal Health Safety Collaborative

Stream Three - Henley Regatta Suite

Emma Shereston

The development of an "Individualised Plan of Care for Last Days of Life" following a Trustwide consultation

Eleanor Houlston

Working Together: Leading the development of a Yorkshire and Humber prevention and early intervention collaboration between Emergency services and health partners

Talk like 'TED'

Leadership Fellows share the ideas that have inspired them over the course of their Fellowship Year in the format of a series of short, yet powerful, 6 minute long talks.



Carlene Rowson

Carlene is a Leadership Fellow working with the Service Improvement team at Sheffield Teaching Hospitals. During her time with Service Improvement she has coached clinical teams towards delivering measurable quality improvements and supported wider Service Improvement work by delivering teaching on QI. Carlene is an avid fan of all things TED; she believes this is the ideal format to share the stories and learning gained along the Leadership Fellowship journey.



Nick Long

"The Leader in the Middle"

I am an Old Age Psychiatry registrar based in Sheffield, with an interest in integrated care. I've been welcomed to Yorkshire from 'down south' after marrying a Barnsley lass, and love spending my free time with my family and getting out into the countryside. This year, I'm engaged in a pilot project developing a physical activity programme for people with severe mental illness in conjunction with the National Centre for Sports and Exercise Medicine, as well as developing my local Trust's Mortality Review Group on the back of the national Learning from Deaths report. These projects have given me experience of collaborative leadership, helping take forward a vision in conjunction with a range of partners and colleagues, as well as experience of senior medical leadership having to respond to top-down directives. I came across the notions of leadership being from the middle and in the middle, which has made a lot of sense of my current and past experience, and I hope they will be useful and interesting to you too!



Ben Alderson

"Power and Responsibility"

Reflections on a year as a Leadership Fellow

Ben Alderson is a ST6 in Old Age Psychiatry with a special interest in Mental Health Law. He currently works as a Leadership Fellow with HEE for Quality Improvement Integrating Physical and Mental Health Care. Ben has an MSc in Psychiatry and a PGDip in Mental Health Law.



Caroline Hinds

“Challenging the Monster Within”

I am currently employed by Yorkshire Ambulance Service (YAS) as a Leadership Fellow with a paramedic clinical background.

I am passionate about education and leadership and strongly believe that through compassion, collaboration and engagement you can encourage and empower others to achieve great things. The NHS is filled with an abundance of talented, caring and dedicated people who have a sole purpose of helping others therefore, they deserve a leadership network that will endeavour to make sure that they can continue with their work. It is my aim to be a part of this network creating equal opportunities for all with a desire to influence and develop others in a positive way. I believe that leadership is about relationships that are based on openness and honesty where you can encourage others to not only focus on their own objectives but also create a synergy of shared objectives and responsibilities which can lead to a shared sense of ownership and achievement.

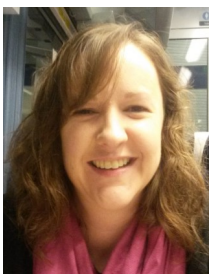
I am proud to work for YAS and the NHS and I feel excited about our future prospects as I strongly believe that regardless of the restraints that are placed upon us there is an unstoppable force that will ensure our survival.



Matthew Roycroft

“Equality and Diversity Data: When is Enough, Enough?”

In the last few years there's been a rapid increase in the amount of data generated in postgraduate medical education and this has allowed a subsequent explosion in the number of reports and comparisons between regions published. Here I'll look at a small part of this data, the equality and diversity figures for Core Medical Training, and review the adequacy of the information presently published and discuss how I think this should be used to adjust the national reports.



Helen Stewart

“I Shouldn't Really Be Here!”

I have worked for the NHS since I graduated, doing house officer posts in Scotland then starting my paediatric training in the North West. In 2013 I moved to Sheffield to do subspecialty training in paediatric emergency medicine and am now ST8 with an end in sight. I am currently doing a Leadership Fellowship working on seven-day service implementation at Sheffield Teaching Hospitals and have also been developing an interest in health inequalities and adverse childhood experiences.

I suffer from chronic imposter syndrome in my clinical role and I brought some of these insecurities into my Leadership Fellowship with me but have also found that it is a great space to help me overcome it. In my talk I will discuss what imposter syndrome is, how I recognised it in myself and explored the origins of my particular case, and also why and how I am trying to overcome it.



Juliet Reid

“The Power of Encouragement”

Juliet currently works as a Leadership Fellow with the Yorkshire and Humber Improvement Academy in Bradford, having previously worked as a registrar in rehabilitation medicine. She is passionate about improving patient safety, but knows that this can only be achieved where staff feel valued and well supported. This understanding informs her work on projects to improve support for staff who have been involved in patient safety incidents, as well as to recognise and learn from what is done well in healthcare. Today, she wants to inspire you to appreciate and acknowledge the small acts of excellence you see in your day to day life and to become a part of a sea change for positivity in the NHS.



Jaimee Wylam

“The Importance of Personal Experience”

As a Leadership Fellow working with a focus on resilience and well-being in foundation doctors I would like to focus on the importance of personal experiences in healthcare and leadership.

Everyday our personal experiences impact on the way in which we view the world, but how does this affect our work?



Laura Fileccia

“Could You Please Identify Yourself?”

Laura Fileccia is an advanced practice therapy radiographer working at Leeds Cancer Centre. She is currently undertaking a Leadership Fellowship in corporate nursing at Leeds teaching hospital designing and implementing the multi professional advanced clinical practitioner framework.

Patient care and experience takes teamwork from many professions. However, when the professions are undertaking a non-clinical, sharing experiences and learning in the same course, do we need to define ourselves? If we do, then will it make a difference to the experience?

Additional Information

Collaboration with...

Yorkshire and the Humber Leadership Academy



Yorkshire and the Humber Leadership Academy
Excellent leadership, excellent organisations,
transforming systems together.

We're pleased to be able to collaborate with the Yorkshire and the Humber Leadership Academy today and bring our leadership events together. Please do visit the stand and embrace the opportunity to widen your network.

Photography

Please be aware that there will be photographs taken during the day, and these may be used in future promotional materials for the Future Leaders Programme and feature on the Health Education England website. If you do not wish to be photographed please make a member of the committee aware of this.

Poster and Oral Presentations

This year we are pleased to be able to feature poster and oral presentations on completed projects, ongoing work, reflections and ideas around collaboration. Thank you to all Fellows and delegates for your fantastic posters and submissions for oral presentations. We hope you all enjoy reading and hearing about the exciting work happening in our region.

Conference Evaluation

We would be grateful for your feedback about this conference in order for us to improve future leadership events run by the Future Leaders Programme. Please complete our short feedback form available after the conference:

<https://healtheducationyh.onlinesurveys.ac.uk/flp-conference-survey>

Post Conference Networking Event

We welcome you to continue your conversations at our networking event after the conference. We are grateful to Doctors.net.uk for their kind sponsorship of this networking event; please do take the opportunity to visit their stand.

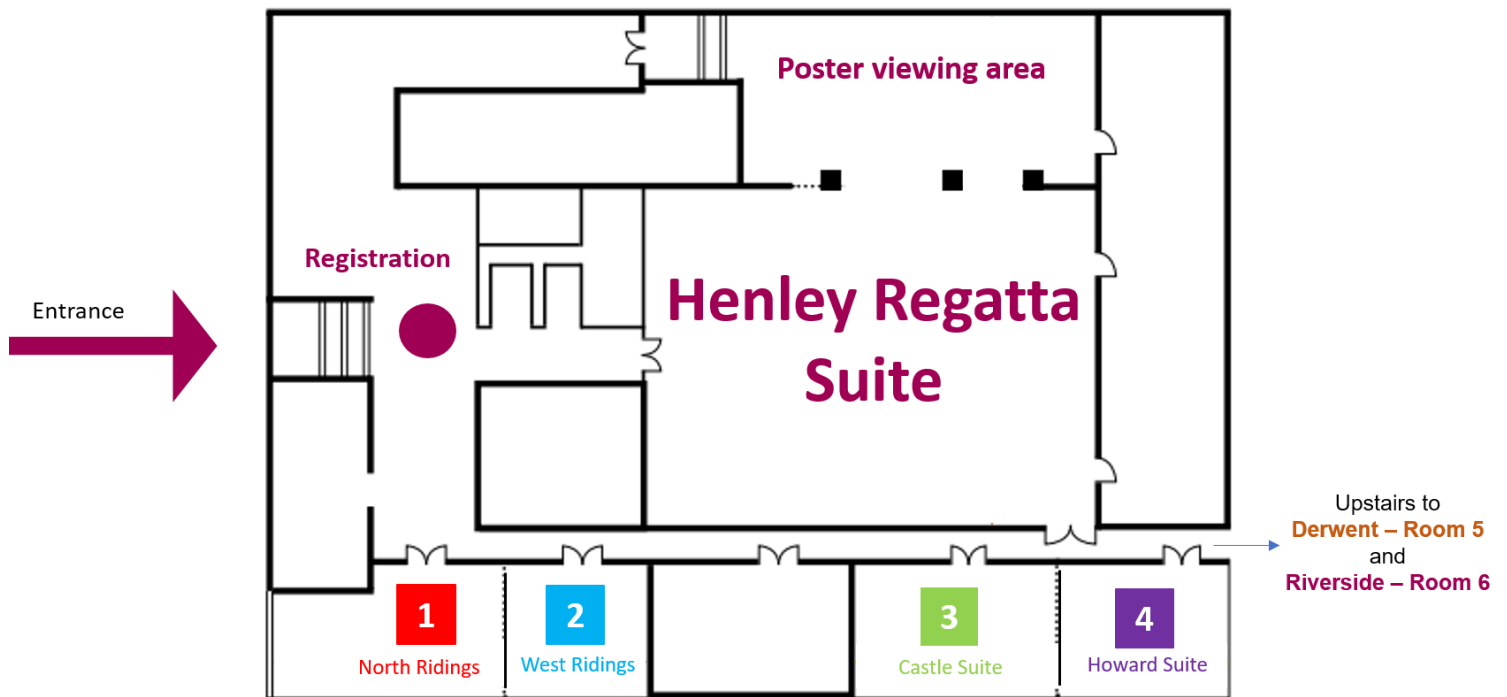
"Doctors.net.uk is part of M3, the global health technology company, and is the UK's largest online professional community for doctors with over 200,000 registered members. 58,000 GMC authenticated doctors log into the network every month. We provide services to support doctors' daily professional lives including News, Education, Job Search, Medical Research and a Forum for peer to peer discussion. Doctors.net.uk recently launched Future Health, a video platform for innovators and thought leaders in healthcare to connect with and inspire doctors."

Doctors.net.uk also offers a range of digital marketing solutions to the healthcare industry with key client sectors including pharmaceuticals (POM and OTC), medical devices, private healthcare providers, charities and the public sector."

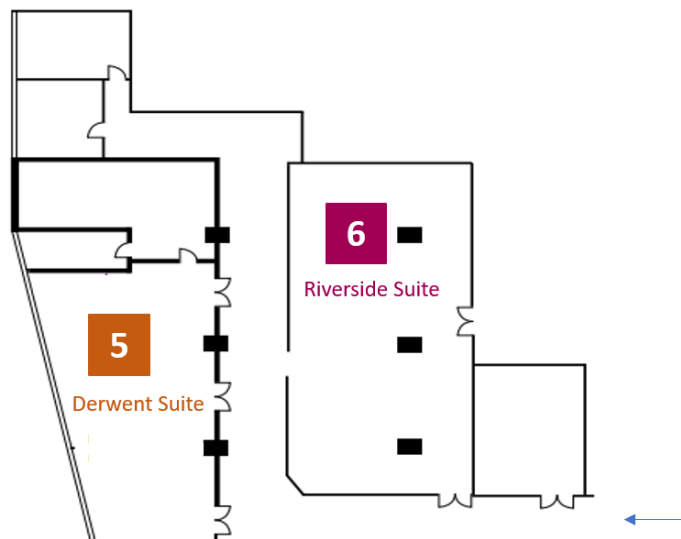


Venue Information

FIRST FLOOR



SECOND FLOOR



Dietary Requirements

If you alerted us to a dietary requirement on your booking form, please make yourself known to the catering staff during the morning.

Travel Information

Location

Please follow the links below for location and venue information:

Map: <https://www.google.co.uk/maps/place/Park+Inn+by+Radisson+York+City+Centre>

Hotel website: <https://www.parkinn.co.uk/hotel-york>

Tourist information: <https://www.visityork.org/>

Hotel Details:

Address: Park Inn by Radisson, North Street, York, YO1 6JF

Tel: 01904 459 933

Travel Information

By Rail

The hotel is a 10 minute walk from York Train Station

When exiting the station, with the city walls ahead of you, turn left and walk along Station Road, passing the Royal York Hotel on your left. At the crossroads, continue straight to stay on Station Road, keeping the city walls on your right, then continue as the road takes you under a bridge to pass within the city walls.

Once you are within the city walls continue towards the river on Station Road. Before the bridge, follow a path to a staircase on the left. Descend the staircase and turn right to pass underneath the bridge with the River Ouse on your left. Follow the paved road of Wellington Row as it runs alongside the river on your left for approximately 200m. Continue with the river to your left as the road becomes North Street. You should soon see the Park Inn tower beside the river.

By Car

Parking

The hotel car park has 60 first-come first-served parking spaces, with prices as follows:

0-4 hours £5.00

4-9 hours £8.00

9-24 hours £12.00

Please note that this car park is for all guests of the hotel and therefore parking on-site is limited.

Alternative parking is available at NCP Tanner Row (3 min walk to hotel)

<https://www.ncp.co.uk/parking-solutions/cities/york/>

Join the conversation #FLP2018