

Foundation Training Job Description

Grade	FY1
Placement	Old Age Psychiatry
Department	South West Older Adult Community Mental Health Team (SW OA CMHT) 7 Edmund Rd Sheffield S2 4EA Tel 0114 2263131
The type of work to expect and learning opportunities	<p>1) Community assessments – shadowing initially (for approximately 2 weeks) followed by solo assessments as well as joint assessments with other members of CMHT. Assessments are mainly carried out in patients’ homes but clinic appts can be arranged. Experience will be gained in psychiatric assessment and treatment, common psychiatric presentations in older adults, risk assessment, legal framework (MCA and MHA), communication skills (verbal and written) and team working.</p> <p>2) MDT working – we have a friendly, effective and cohesive MDT comprising of: Medics – Claire Littlewood (consultant), Jennie Fairbrother (speciality doctor), Core psych trainee and Higher trainee (though nb don’t have a higher trainee all the time) Senior practitioner – Sue Williams Also input from psychology, community psychiatric nurses, occupational therapy and support workers.</p> <p>3) Opportunity for audit work. 4) Opportunity for teaching experience with medical students as well as foundation trainee led teaching within the Trust. 5) Experience of clinical governance procedures.</p> <p>NB Trainees to date have found this an enjoyable and fulfilling placement with learning that will be useful in any medical / surgical career. Workload is manageable and trainees are well supported by CS and MDT.</p>

Where the placement is based	SW OA CMHT
Educational and Clinical Supervisor(s) for the placement	Claire Littlewood CS (and also ES for the year for August starter)
Main duties of the placement	<p>Weekly attendance at multidisciplinary meeting where new referrals are allocated and problem cases discussed. For the first couple of weeks in placement the FY1 will shadow Dr Littlewood or other medics in the team to learn how the service works and revise essentials of psychiatric assessment. Then trainee will be given patients to assess, largely on their own though some will be observed for SLE purposes, and some will be joint assessments with other members of the CMHT. Cases allocated to trainee will be discussed before assessment in supervision as needed, and always discussed after trainee has seen them regarding management plans.</p> <p>As well as seeing new assessments, trainees will follow up the same if required during their placement, and will also see some follow up patients from previous trainee.</p>
Typical working pattern in this placement	<p>Set items in timetable are weekly Trust teaching (Wed am) and weekly MDT (Tues am) as well as weekly one hour face to face supervision with Dr Littlewood, who will ensure that workload is manageable and conducive to training. NB Outside one hour formal weekly supervision Dr Littlewood is available Mon-Fri 9-5 for informal advice and trainees are encouraged to seek advice about any uncertainties. Much of rest of time will be spent seeing new assessments and follow ups in the community but there will also be opportunities for audit work and teaching of medical students on placement. Attendance at statutory training days, taster days etc will be supported. Annual leave is authorised by Dr Littlewood.</p>
Employer	Sheffield Health and Social Care NHS FT

It is important to note that this description is a typical example of your placement and may be subject to change.