



## HAVE YOU BEEN AFFECTED BY RACISM DURING YOUR TRAINING?

**WOULD YOU LIKE TO JOIN A GROUP OF PEOPLE WHO HAVE EXPERIENCED RACISM THEMSELVES, EXPLORING THE IMPACT ON THEMSELVES OF RACISM, INTENDED AND UNINTENDED ABUSE AND MICRO-AGGRESSIONS?**

We are creating a safe, healing environment online where you can meet with experienced facilitators and colleagues monthly. The group offers a space to promote emotional wellbeing.

The facilitators are colleagues with live experience of racism and employed by Sheffield Health and Social Care NHS Foundation Trust (SHSC). They are clinical psychologists working for the Workplace Wellbeing Service (WWB) and contracted by HEE for the medical deanery.

**The facilitators are not affiliated with the training program nor does your attendance influence your training in any way. This is a confidential group and aims to complement other formal and informal routes of complaint, action, and change.**

The group is for the Yorkshire & Humberside trainees from Black, Asian, and other racialised communities and is provided by our partner organisation SHSC WWB.

THE GROUP WILL BE  
ON MICROSOFT  
TEAMS AT  
19.30 – 21.00  
TUESDAY EVENINGS

THE NEXT MEETINGS

15<sup>TH</sup> NOVEMBER 2022  
17<sup>TH</sup> JANUARY 2023  
14<sup>TH</sup> MARCH 2023

TO REGISTER FOR A  
PLACE, PLEASE  
CONTACT US USING  
THE EMAIL BELOW

[WWBGROUP@SHSC.NHS.UK](mailto:WWBGROUP@SHSC.NHS.UK)

### PLEASE NOTE

This a closed group, only for trainee doctors who identify as Black, Asian, or other ethnicities from the Global South.