



Social Prescribing for HEE Yorkshire & Humber trainees

Supporting international HEE Y&H trainees to ensure you get the right help, support and guidance to improve your overall health and wellbeing.

We can help you to find the right accommodation for you and your family in the UK.

Whether you are arriving in the UK from overseas or relocating, we understand that as well as being a new and exciting chapter it can also be a daunting and frustrating time.

We can guide you in the right direction and help to ease this anxiety.



Friendly
Team



Ease the
pressure



Don't be
alone



"...and the most amazing part of the story is that I genuinely feel not alone in this whole new life. I always know there is someone who is happy, ready, capable and willing to help whenever I need. All I need is just to ask."

'IMG
Testimonial'

Easy self-referral

Email: hnf-tr.heesocialprescribing@nhs.net Tel: 0800 9177752

Confidential one to one appointments are available with a social prescriber and can be arranged via MS Teams for your convenience. This support is open to all HEE Y&H trainees (and their direct family members).

