

Y&H In Contact Training



Longitudinal Integrated GP Training

A new way to experience your GP Training



The Sheffield Training Scheme is offering a great opportunity to pilot a new training experience to embed your learning in General Practice throughout your 3-year training programme.

Longitudinal Integrated Foundation Training (LIFT) training has been piloted in NW Foundation School for August 2016 cohort of new medical trainees and has been in place in Y&H Foundation School since 2019

Yorkshire and Humber GP School will be running a pilot in August 2022 for 6 trainees longitudinally attached to primary care with integrated clinical placements within Sheffield Teaching Hospitals Trust.

If you take up this rotation you will have 3 days per week in a Trust post for 18 months of your training post and 2 days per week in a designated GP Post which will include Training Scheme based teaching equivalent to half a day per week. You will be given the equivalent educational time as your peers in the standard training rotations.

You will be allocated a GP Educational supervisor for your full 3-year rotation.

In Contact trainees are no different to other GP trainees, you are just following a slightly different pathway.

Instead of having 2 x 6-month training placements in secondary care and 2 x6m GP placement/ITP in ST1/2, you will have 1x 6m placement in your designated General Practice followed by 3 x 6-month In Contact Training placements spending 2 days per week at the same GP practice.