# **Individualised Action Planner**

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| **Trainee:** |  | **Returning location:**  |  | **Returning department:** |  |

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| **Clinical** |
| **Desired outcome:** |  |
| **Action:**  |  |
| **Outcome:**  |  |
| **Trainee comments:**  |  |
| **Supervisor comments:** |  |

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| **Personal & Professional Wellbeing** **(Resilience)** |
| **Desired outcome:** |  |
| **Action:**  |  |
| **Outcome:**  |  |
| **Trainee comments:**  |  |
| **Supervisor comments:** |  |

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| **Mentorship & Coaching** |
| **Desired outcome:** |  |
| **Action:**  |  |
| **Outcome:**  |  |
| **Trainee comments:**  |  |
| **Supervisor comments:** |  |