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School of Paediatrics Newsletter January 2021

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Happy New Year and Welcome to the HEYH School of Paediatrics newsletter. Please contact the team if you have news to share or want to contribute.

The Newsletter will be updated on a monthly basis and aims to highlight news and events from across the region and country.

Educational and Clinical Supervisor Update

Over the next few months there will be regular update sessions for supervisors delivered by TPD via Microsoft Teams.

[Please see here for copy of the power point presentation](#)

SuppoRRT Wellbeing

Are you taking time out of training or have you recently returned? Would you like to think more about your wellbeing? Never quite sure which wellbeing session to go to? Click on heading for more information

Join Dr Jaimee Wylam (Public Health Registrar) and Dr Martin Billington (GP and Honorary Senior Clinical Lecturer) via Zoom to think more about your wellbeing alongside colleagues. Both Jaimee and Martin have experience of taking time away from the workplace and understand first-hand some of the challenges associate with changing roles and circumstances.



Session 1 Thursday 18 February 2021 0930-1230

Session 1 Monday 22nd February 0930-1230

Session 2 Thursday 25 February 2021 0930-1230

MARCH

Session 2 Monday 1 March 0930-1230

Session 1 Monday 22 March 2021 1300-1600

Session 2 Monday 29 March 2021 1300-1600

This course is delivered over two sessions. Please book to attend Session 1

Call for Trainee representatives for School of Paediatrics

Currently we are advertising for a:

Level 2 trainee rep for the South

Level 3 trainee rep for the East

IMG representative for the whole school

If you are interested in the above roles, then please email a short (maximum 1 page) statement describing why you are interested in the role and what you are hoping to achieve to paediatricsupport.yh@hee.nhs.uk.

Closing date for applications is the 31st of January 2021

[For more information click here](#)

Trainee Rep Meeting Outcomes



Key outcomes from the joint Trainees Committee & Heads of School Meeting
December 2020

LIFE SUPPORT COURSES

ALSG: Courses due to expire in 2020 have been granted a 9 month extension

RCUK: Courses due to expire in 2020 granted 6 month extension

Heads of School united in assurance that inability to gain a place on a life support course will not impact progression

Competence in life support can be demonstrated through practice with local life support providers who can provide feedback to document your level of competence

It's important for trainees to highlight to TPDs early if they are struggling to demonstrate life support capabilities.

SHAPE OF TRAINING UPDATE

Covid-19 has delayed the GMC approval process for the proposed new plan for Paediatric training. This will be submitted to the GMC for approval in 2021 and it is hoped that subject to approval the new Shape of Training Pathway will be implemented in 2023.

The new training pathway will transform paediatric training into a 7 year two level programme, with increased flexibility around achieving exams and undertaking other opportunities such as out of programme time or academic pathways.

You can find out more about Shape of Training [here](#).

RCPCH CHRISTMAS CRACKER 2020

18TH DECEMBER AT 19:30

Join for a special, online celebration of the festive season! Bring your mince pies and mulled wine, and tune in for music and readings that lift your spirit.

There will be an extra special appearance from the members of the Trainees Committee too! Register for a reminder and find further updates [here](#)

NEW HEE GUIDANCE RELEASED REGARDING TRAINEE PROGRESSION AND COVID-19

Updated guidance has been released by HEE entitled 'Updated Guidance for managing postgraduate medical trainees whose clinical activity has significantly been altered by Covid-19'

This supercedes previous guidance for shielding trainees and includes guidance for those not shielding, but who have been displaced from normal clinical activity due to Covid-19

You can find this guidance [here](#) under 'Other COVID-19 guidance'

EXAM DATES 2021

MRCPCCH Theory Exams:

- Find out about exam dates and application windows [here](#)
- Both socially-distanced test centre and remote invigilation options continue to be used

MRCPCCH Clinical Exam:

- The Covid Adapted model continues to be used for this exam
- You can find exam dates and application windows [here](#)

East Trainee Message

I would like to inform you about an exciting upcoming regional audit opportunity, which is based on the RCPCH trainee charter (a charter which outlines what trainees expect from every training unit in the UK, across key domains). The project involves a questionnaire which is to be filled in by a College Tutor in cooperation with a trainee in each hospital in East Yorkshire. If you are interested in getting involved, I would like to ask you to please contact your College Tutor, as we would like to have the teams ready in each hospital before the questionnaires are sent out in January.



next placements. We would particularly like to hear how things are going for STs and anyone who is working in the NHS for the first time.

Best wishes,

Diamantina Spilioti, ST3 Paediatrics LST representative for Paed East Yorkshire

spilioti.diamantina-xanthi@nhs.net

Online Courses

Safeguarding level 3- can be accessed at ALSG- <https://www.alsg.org/rcpchsc/login/index.php#>

You need to create an account to log in. Then click on CPRR for Bradford Teaching hospital. You will need a code which can be obtained from Vicky Williamson Vicky.Williamson@bthft.nhs.uk

RCPCHSC

ALSG free online resources including APLS E-book and PLS E-module- <https://www.alsg.org/home/course/view.php?id=358>

Human Factors- <https://www.alsg.org/home/course/view.php?id=101>

Upcoming Events

Paed SuppoRTT programme

Yorkshire Respiratory Day 2021	22nd January
Paediatric Regional Endocrinology Teaching and Training	26th January. Email elspethferguson@nhs.net



Paed SuppoRTT Face to face	11th March
Paed SuppoRTT Virtual	12th March
Paed SuppoRTT Face to face	4th May
Paed SuppoRTT Virtual	7th May
Paed SuppoRTT Face to face	6th July
Paed SuppoRTT Virtual	7th July
Paed SuppoRTT Face to face	13th September
Paed SuppoRTT Virtual	17th September
Paed SuppoRTT Face to face	10th November
Paed SuppoRTT Virtual	12th November

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