# Job Description

# NIHR Academic Clinical Fellowship

# Geriatric Medicine ST3

The University of Leeds, in partnership with Health Education England Yorkshire and the Humber and the Leeds Teaching Hospitals NHS Trust, has developed an exciting pathway of academic clinical training opportunities.

Applications are now invited for an **Academic Clinical Fellowship in Geriatric Medicine at ST3 level**. *Please note: This is a multi-specialty vacancy, an appointment may not be made in this specialty. There will be 1 ACF post in either Palliative Medicine or Geriatric Medicine.* This new post has been created as part of the Health Education England (HEE))/National Institution for Health Research Trainee Coordinating Centre (NIHRTCC) programme of Integrated Academic Training and offers candidates a comprehensive experience of clinical academic medicine working alongside internationally renowned clinicians and researchers.

We are seeking highly motivated, enthusiastic individuals with the potential to excel in both their clinical and academic training and who have the ambition to be the next generation of academic clinicians.

This Academic Clinical Fellowship (ACF) programme in Geriatric Medicinewill be run by the University of Leeds, the Leeds Teaching Hospitals NHS Trust and Health Education England Yorkshire and the Humber. Academic Clinical Fellowships (ACFs) are 3 year fixed-term national training posts. They attract an NTN(A) and trainees undertake 75 % clinical and 25% academic training over the term of the post. They are employed by the NHS Trust and have an honorary contract with the University at whose Medical School their academic research is supported.

ACF trainees will join the vibrant Leeds Clinical Academic Training scheme and undertake the Research Training Programme provided by the University for which funding is provided by NIHR. They also are eligible for a £1,000 bursary per year to support research training activity (e.g to attend academic conferences).

ACF trainees would also normally complete and submit an external funding application for a research fellowship to enable them to complete a higher degree (PhD or research MD) following the completion of their ACF fixed-term post, which would be completed as Out-of-Programme-Research (OOPR).

All Academic Clinical Fellowships are run-through posts, regardless of specialty, with the exception of ‘Medical Education’ ACFs. A trainee entering ACF at ST1 or ST2 in a specialty with a Core Training period would therefore be guaranteed continued training to CCT in the eventual specialty, as long as they progress satisfactorily through both their academic and clinical training. Run-through status is withdrawn if ACFs do not complete the academic component.

# POST DETAILS

## Job Title

NIHR Academic Clinical Fellow (ACF) –Geriatric Medicine

## Duration of the Post

Up to 3 years (25% academic, 75% clinical).

## Lead NHS Hospital/Trust in which training will take place

Bradford Teaching Hospitals NHS Foundation Trust.

## Research institution in which training will take place

**Leeds Institute of Health Sciences (LIHS)**, School of Medicine, University of Leeds. The post-holder will work within the Academic Unit of Elderly Care & Rehabilitation.

## Research Protected Time:

ACFs would have day release training to attend and complete an accredited postgraduate programme in health research methodology at the University of Leeds (24 contact days plus additional private study usually completed in one year). Arrangements for research blocks or weekly research days, constituting 25% FTE academic time (and comprising a total of 9 months over the 3 year ACF post), are managed by local agreement with the academic supervisors within the Leeds Institute of Health Sciences and clinical training programme director. This period of research will be used to obtain specific experience and knowledge in the research area of interest, obtain pilot data and apply for an external doctoral research fellowship (see below).

## Academic Clinical Fellowship Training Programme: Research Component(min 250 words)

The Academic Unit of Elderly Care & Rehabilitation has an established record of addressing key, clinically relevant questions in elderly care and stroke. A programme of multidisciplinary health services research has been developed, facilitated by a strong and supportive network of local and national colleague researchers, NHS clinical staff, patients and their families. The research uses a mixed-methods approach, incorporating qualitative, quantitative and health economic evaluations. Examples of previous work include randomised trials of day hospital care, community hospital care, specialist nurse support for stroke patients and provision of physiotherapy late after stroke

There is a large programme of ongoing work. In elderly care, work includes:a National Institute for Health Research (NIHR) funded research programme to optimise and evaluate personalized care planning for older people with frailty; a multi-site RCT evaluation of an extended rehabilitation intervention for older people with frailty; a national cohort study to investigate frailty, disability and quality of life trajectories in older age; development and evaluation of an intervention to prevent delirium in the acute care setting; screening for delirium in care homes; exploration of physical activity in care homes; systematic reviews addressing rehabilitation in care homes and medical day hospitals. In stroke care this includes: an NIHR funded stroke rehabilitation programme to improve longer-term outcomes of stroke patients living in the community, exploration of the nurses role in stroke rehabilitation and an update of a systematic review on information provision. The AUECR is also closely involved in two large national audits: the National Audit of Dementia and the National Audit of Intermediate Care.

The aim of the Geriatric Medicine ACF programme is to enable trainees to prepare for and secure a clinical research training fellowship. This will be achieved by focusing on the core skills required for applied health research and by linkage to one of the research programmes within the department. ACFs will have the opportunity to contribute to and complete research projects prior to their fellowship application, which should result both in presentations at national and international meetings and publications in peer-reviewed journals.

Each ACF will be allocated an academic supervisor in keeping with their area of research interest and an academic mentor. The supervisor will help them formulate a programme for their research time and to develop a suitable project for a fellowship application. The ACF could spend time in one or more of the following areas:

(i) Frailty

(ii) Delirium

(iii) Mild cognitive impairment/dementia

(iv) Stroke rehabilitation

(v) Care home research

(vi) Community hospital research

## Academic Clinical Fellowship Training Programme: Clinical Component (min 250 words)

This post is offered at ST3 level. The successful ACF will undergo core geriatric medicine training co-supervised by the Yorkshire School of Medicine, whose remit is to ensure the provision of an education of a consistent high quality across the Health Education Yorkshire and the Humber region, manage initial selection and subsequent allocation to appropriate placements. They will also provide induction (in collaboration with the host NHS Trust), delivery of workplace-based assessments in accordance with the Royal College of Physicians competence-based curriculum, and contribute to joint annual reviews of competence progression (see below). The clinical training programme will be tailored to suit the needs of the trainee and will rotate through geriatric medicine posts where the ACFs will complete their core training.

BTHFT offers a broad range of training opportunities including a well established acute assessment unit for older people (25 beds) operating an unselected take. BTHFT have developed an award winning ‘discharge to assess’ model for older people, utilising the established ‘virtual ward’ to facilitate early supported discharge. This offers excellent training opportunities in interface geriatrics. Planned expansion of the ‘step-up’ facility of the virtual ward will provide home based intermediate care experience to complement the bed-based intermediate care experience available through four community hospitals. BTHFT has a joint assessment protocol with orthopaedic colleagues for the care of older people with hip fracture. These patients are managed within the elderly care bed-base offering opportunities for orthogeriatric and osteoporosis training. We have excellent training opportunities in syncope through the specialist syncope service which is closely linked to the cardiology department.

Participation in the teaching of undergraduates and postgraduates through bedside and tutorial sessions are encouraged. We have a well equipped clinical skills laboratory with facilities for scenario based teaching, and for teaching of practical skills. BTHFT has an active CPD programme including regular clinical meetings and grand rounds. Trainees are encouraged to participate in this programme through presentations and audit.

Clinical training will be based at hospitals and community facilities of BTHFT and Leeds Teaching Hospitals NHS Trust. There is an active postgraduate programme in each of the participating Trusts and monthly regional training days in both geriatric medicine and general internal medicine.

There will be joint annual reviews of competence progression (ARCPs), covering both academic and clinical training, conducted in accordance with Follett principles.

# CONTACTS

## Academic Leads and Supervisors:

**Academic Lead:**

Dr Andrew Clegg, University of Leeds

Email: a.p.clegg@leeds.ac.uk

**Academic Supervisors**

Dr Andrew Clegg, University of Leeds

Dr Elizabeth Teale, University of Leeds

**Educational Supervisor (Trust):**

Drs Alex Brown, Alison McMurtry and colleagues, Bradford Teaching Hospitals NHS Foundation Trust

Drs Gill Fox, Catherine Tandy and colleagues, Leeds Teaching Hospitals NHS Trust

**Clinical Supervisor(s) (Trust):**

Drs Helen Terry, Maj Pushpangadan and colleagues, Bradford Teaching Hospitals NHS Foundation Trust

Drs Gill Fox, Catherine Tandy and colleagues, Leeds Teaching Hospitals NHS Trust

## Training Programme Director (clinical):

Dr Gill Fox, Consultant Geriatrician, St James’ University Hospital, Leeds Teaching Hospitals NHS Trust

Email: gillianfox@nhs.net

## Academic Training Programme Director:

Professor Phil Quirke

p.quirke@leeds.ac.uk

# Further Information

Because of the nature of the work for which you are applying, This post is exempted from the provisions of Section 4 (2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975.

Applicants are therefore, not entitled to withhold information about convictions, which for other purposes are “spent” under the provisions of the Act, and in the event of employment any failure to disclose such convictions could result in dismissal or disciplinary action by the University. Any information given will be strictly confidential and will be considered only in relation to an application for positions to which the Order applies.

For further information about the Academic Clinical Fellowship programme, please refer to the NIHR (National Institute for Health Research) Trainee Coordinating Centre (NIHRTCC) page on <https://www.nihr.ac.uk/funding-and-support/funding-for-training-and-career-development/training-programmes/integrated-academic-training-programme/integrated-academic-training/academic-clinical-fellowships/>

# Person Specifications

Applicants for this post will be required to meet the relevant Clinical eligibility criteria for the appropriate specialty and level listed at:-

*Please note - (applicants applying for Surgical, Medical or Psychiatry specialties at ST3 or above may be required to consult the relevant Core Training person specification):-*

<http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications>

AND the Academic eligibility criteria listed at:

<http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications>

# How to Apply

For more information about applying to ACF vacancies in Health Education England Yorkshire and the Humber please visit:-

<http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/>

Applications will only be accepted through the Oriel online application system:-

<https://www.oriel.nhs.uk>

Applications open: 10:00 on 8th October 2018

Applications close: 16:00 on 5th November 2018

After the application deadline no applications will be accepted. **There will be no exceptions to this deadline.** You are advised to complete and submit your application ahead of the deadline to allow for any unforeseen problems.

**Please note:** All applicants who do not already hold a National Training Number (NTN) or Deanery Reference Number (DRN) in the GMC specialty to which they are applying for will be required to undertake the national clinical recruitment process and attend an assessment/interview for that GMC specialty as appropriate.

Interviews will be held in Leeds, the interview date will be confirmed on the website when confirmed:

<http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/>