# Job Description

# NIHR Academic Clinical Fellowship

# General Psychiatry ST1/ST2 (1 post) NIHR Research Theme – Mental Health

The University of Leeds, in partnership with Health Education England Yorkshire and the Humber and Leeds and York Partnership NHS Foundation Trust (LYPFT) have developed an exciting pathway of academic clinical training opportunities.

Applications are now invited for **an Academic Clinical Fellowship in General Psychiatry at ST1/ST2** level. *This is a multi-specialty vacancy, an appointment may not be made in this specialty. There will be 1 ACF post in either General Psychiatry ST1/ST2 or Old Age Psychiatry ST1/ST2.* This new post is recognised as part of the Health Education England (HEE))/National Institution for Health Research (NIHR) Academy programme of Integrated Academic Training and offers candidates a comprehensive experience of clinical academic general psychiatry working alongside internationally renowned clinicians and researchers.

We are seeking highly motivated, enthusiastic individuals with the potential to excel in both their clinical and academic training and who have the ambition to be the next generation of academic clinicians.

This Academic Clinical Fellowship (ACF) programme in general Psychiatry will be run by the University of Leeds, Leeds and York Partnership Foundation Trust and Health Education England Yorkshire and the Humber. Academic Clinical Fellowships (ACFs) are 3 year fixed-term national training posts. They attract an NTN(A) and trainees undertake 75% clinical and 25% academic training over the term of the post. They are employed by the NHS Trust and have an honorary contract with the University at whose Medical School their academic research is supported.

ACF trainees will join the vibrant Leeds Clinical Academic Training scheme and undertake the Research Training Programme provided by the University for which funding is provided by NIHR. They also are eligible for a £1,000 bursary per year to support research training activity (e.g to attend academic conferences)

ACF trainees would also normally complete and submit an external funding application for a research fellowship to enable them to complete a higher degree (PhD or research MD) following the completion of their ACF fixed-term post, which would be completed as Out-of-Programme-Research (OOPR).

All Academic Clinical Fellowships are run-through posts, regardless of specialty, with the exception of ‘Medical Education’ ACFs. A trainee entering ACF at CT1 or CT2 in a specialty with a Core Training period would therefore be guaranteed continued training to CCT in the eventual specialty, as long as they progress satisfactorily through both their academic and clinical training. Run-through status is withdrawn if ACFs do not complete the academic component.

# POST DETAILS

## Job Title

NIHR Academic Clinical Fellow (ACF) – General Psychiatry NIHR Research Theme – Mental Health

## Duration of the Post

Up to 3 years (25% academic, 75% clinical).

## Lead NHS Hospital/Trust in which training will take place

Leeds and York Partnership NHS Foundation Trust (LYPFT).

## Research institution in which training will take place

**Leeds Institute of Health Sciences (LIHS)**, School of Medicine, University of Leeds. The post-holder will work in the Division of Psychological and Social Medicine in LIHS, with Professors Allan House and Elspeth Guthrie.

## Research Protected Time:

ACFs will have access to day release or block periods of time for protected research training in addition to their protected time for professional training. This will be used in two ways: first, to enable attendance on an accredited postgraduate programme in health research methodology run by the Faculty of Medicine and Health, University of Leeds throughout years 1 and 2. The remaining research time will be available through day release or as a block period of time during the whole 3 years to undertake supervised research in the Leeds Institute of Health Sciences.

## Academic Clinical Fellowship Training Programme: Research Component

The aim of the Psychological Medicine ACF programme is to enable trainees to prepare for and secure a clinical research training fellowship. This will be achieved by focusing on the core skills required for applied health research and by linkage to one of the research programmes within the department. ACFs will have the opportunity to contribute to and complete research projects prior to their fellowship application, which should result both in presentations at national and international meetings and publications in peer-reviewed journals.

The ACF will be allocated an academic supervisor in keeping with their area of research interest and an academic mentor. The supervisor will help them formulate a programme for their research time and to develop a suitable project for a fellowship application. The ACF could spend time in one or more of the following areas: Self harm: Our research includes [a] observational studies exploring motives for self-harm and especially repeated self-harm – explored using novel qualitative methods such as Q methodology and analysis of use of social media [b] exploration of outcomes, including non-fatal repetition, suicide and other outcomes related to social functioning and quality of life [c] developing and testing brief psychological interventions.

Delirium and dementia: We are especially interested in outcomes of acute hospital care for people with dementia admitted for other, physical health, problems. Recent fellowships have developed a simple distress screen and undertaken studies exploring the feasibility of family involvement in inpatient dementia care. We are planning to develop each of these into interventions.

## Academic Clinical Fellowship Training Programme: Clinical Component

This post is offered at CT1 or CT2 level. The successful ACF will undergo core psychiatry training co-supervised by the Yorkshire School of Psychiatry, whose remit is to ensure the provision of an education of a consistent high quality across the Health Education Yorkshire and the Humber region, manage initial selection and subsequent allocation to appropriate placements. They will also provide induction (in collaboration with the host NHS Trust), delivery of workplace-based assessments in accordance with the Royal College of Psychiatrists’ competence-based curriculum, and contribute to joint annual reviews of competence progression (see below). The clinical training programme will be tailored to suit the needs of the trainee and will rotate through psychiatry posts where the ACFs will complete their core training.

Clinical training will be based at hospitals and community facilities of LYPFT.

LYPFT offers a broad range of training opportunities covering a wide range of psychiatric specialities. The Trust is committed to providing its trainees an excellent training experience. This has been recognised in the 2017 GMC trainee/trainer survey in which the Trust was ranked 4th nationally.

In 2013, LYPFT was nationally recognised for an outstanding contribution to improving junior doctors training as part of the Health Education England, Better Training Better Care Programme.

All trainees will be allocated a named educational supervisor who will guide and support the ACF through their core training years. The educational supervisor will meet regularly with the trainee to ensure that their training needs are met and provide pastoral support. They will liaise with the clinical supervisor and feed into the ARCP process. Together, they work closely with the Training Programme Director for core training and the Director of Medical Education allowing the trainee to glean all training opportunities from their core placements.

There will be joint annual reviews of competence progression (ARCPs), covering both academic and clinical training, conducted in accordance with the Gold Guide for Postgraduate Specialty Training.

# CONTACTS

## Academic Leads and Supervisors:

**Academic Lead:**

Prof Allan House**,** Leeds Institute of Health Sciences, University of Leeds

Email: a.o.house@leeds.ac.uk

**Academic Supervisor:**

Prof Elspeth Guthrie, Leeds Institute of Health Sciences, University of Leeds

Email: e.a. guthrie@leeds.ac.uk

**Clinical Supervisor (Trust):**

Dr Sharon Nightingale, Leeds and York Partnership NHS Foundation Trust. Email Sharon.nightingale@nhs.net

**Educational Supervisor (Trust):**

Dr David Leung, Leeds and York Partnership NHS Foundation Trust.

Email: david.leung@nhs.net

## Training Programme Director (clinical):

Dr David Leung, Leeds and York Partnership NHS Foundation Trust.

Email: david.leung@nhs.net

## Academic Training Programme Director:

Professor Phil Quirke, Leeds Institute of Medical Research at St James’s, University of Leeds.

Email: p.quirke@leeds.ac.uk

# Further Information

Because of the nature of the work for which you are applying, this post is exempted from the provisions of Section 4 (2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975.

Applicants are, therefore, not entitled to withhold information about convictions, which for other purposes are “spent” under the provisions of the Act, and in the event of employment any failure to disclose such convictions could result in dismissal or disciplinary action by the University. Any information given will be strictly confidential and will be considered only in relation to an application for positions to which the Order applies.

For further information about the Academic Clinical Fellowship programme, please refer to the NIHR Academy webpage on <https://www.nihr.ac.uk/our-research-community/NIHR-academy/nihr-training-programmes/integrated-academic-training-programme/academic-clinical-fellowship-acf.htm>

# Person Specifications

Applicants for this post will be required to meet the relevant clinical eligibility criteria for the appropriate specialty and level listed at:-

<http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications>

AND the Academic eligibility criteria listed at:

<http://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications>

# How to Apply

For more information about applying to ACF vacancies in Health Education England Yorkshire and the Humber please visit:-

<http://www.yorksandhumberdeanery.nhs.uk/recruitment/our_vacancies/academic_recruitment/>

Applications will only be accepted through the Oriel online application system:-

<https://www.oriel.nhs.uk>

Applications open: 10 am 7th October 2019

Applications close: 4 pm 4th November 2019

After the application deadline no applications will be accepted. **There will be no exceptions to this deadline.** You are advised to complete and submit your application ahead of the deadline to allow for any unforeseen problems.

Interviews will be held in Leeds during week commencing 2 December to 13 December 2019