

SuppoRTT Champion

School of Psychiatry

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Hello – I am the new SuppoRTT champion for Psychiatry in HEYH. Unlike other support champions the Psychiatry SuppoRTT champion is speciality rather than Trust based so I will be working across all 7 trusts in Yorkshire. I have been TPD for CAMHS higher training for 4 years and so I have worked regionally in this role. I have personally worked LTFT for long periods of my career and am the LTFT champion in my trust at present.

I have had 3 periods of maternity leave myself and have recently needed 6 months off work to care for a sick child, so I do have some personal experience of returning to work after a period of absence and how important it is that a return is planned and safe and confident. I am also a HEE trained coach and am keen to support Trainees across the region using this model. I think the HEE SuppoRTT framework is a great set of tools to ensure trainees' return to work needs, are appropriately considered and addressed, so that trainees can thrive at work going forward.