

# SuppoRTT Champion

Hull University Teaching Hospitals NHS Trust

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I am a consultant paediatrician in Hull University Teaching hospitals NHS Trust. I am pleased to take up the role as SuppoRTT champion for the trust. Having had to start higher specialist training in paediatrics after a year of maternity leave, I have had first-hand experience of some of the challenges that trainees have to face on their return after a period of time out. Hence this role as SuppoRTT champion is very close to my heart.

I have been an educational and clinical supervisor for many years and have enjoyed working with and supporting trainees returning to work and thus have seen, how a smooth transition back into training with a bespoke return to training package can promote trainee wellbeing, help trainees thrive and perform well in their work environment.

I look forward to supporting both trainees and supervisors to access the SuppoRTT resources to make the return-to-training process as smooth as possible.