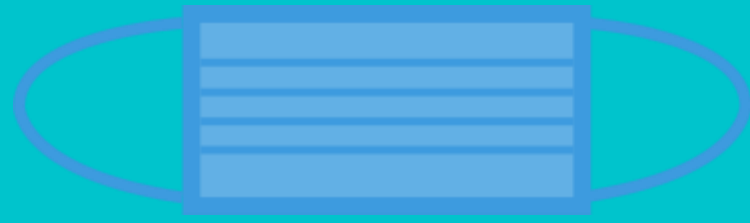




LTFT



Applying



Eligibility

Category 1



- Ill-health
- Caring responsibilities

Category 2



- Unique opportunities
- Religious commitments
- Non-medical professional development

Category 3



- Personal choice

Money



Childcare



Teaching and training opportunities



Work life balance



Colleagues' attitudes



Less involved in workplace



Considerations

Options

Slot Share

2 trainees share a full time slot
Often 60% with 50% on-calls



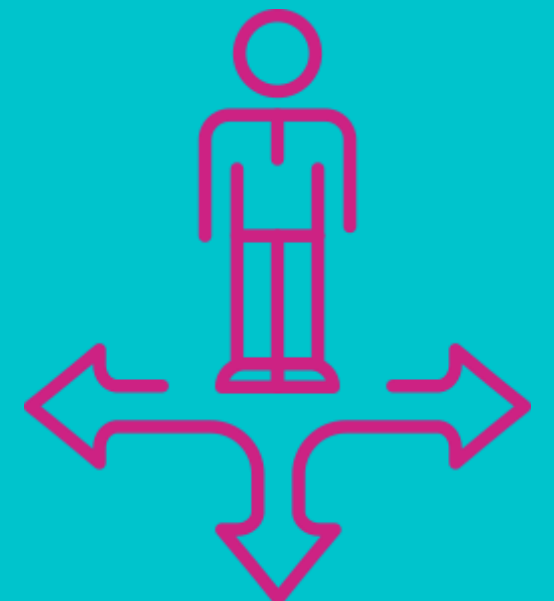
Reduced Hours Post

1 trainee works fewer hours in
a full time slot, often 80%

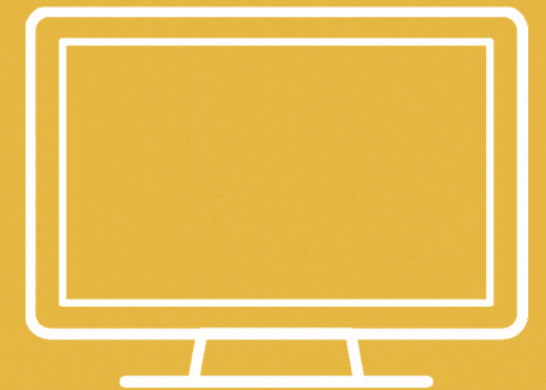
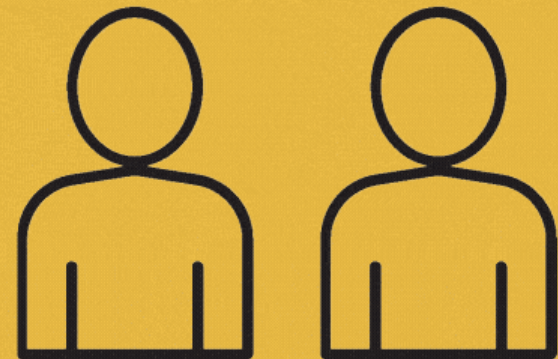


Supernumerary

Very flexible but limited number
of these posts due to funding



Application



Training



Time based

1year@

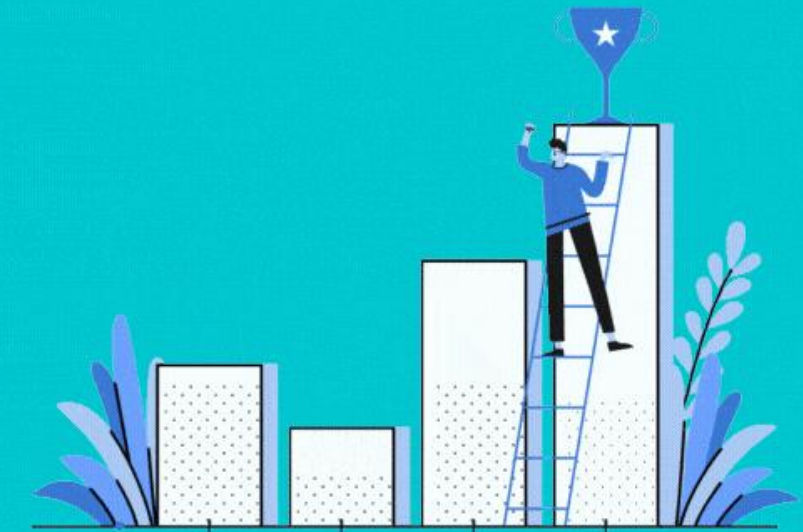
90% = 13 months

80% = 15 months

70% = 17 months

60% = 20 months

50% = 24 months



Competency based

Training extended by length
of time required to achieve
competencies

However...

An LTFT rota should have a proportional share
of the shifts worked by full time trainees

Some final points...



ARCPS...
Every 12 months

Locums...
Must be declared on
Form R