

# SuppoRTT Champion



York Teaching Hospital NHS Foundation Trust

**Lucy Glanfield**

[suppoRTT@york.nhs.uk](mailto:suppoRTT@york.nhs.uk)

I have had 2 periods of maternity leave during my career so can empathise with those natural worries about returning to work after a period away from clinical practice. I believe the SuppoRTT programme is a huge step forward in helping trainees across all grades return to work in a safe and supported way. I recognise that the cause of absence varies between individuals, and that each trainee has bespoke requirements and needs, which the SuppoRTT programme can cater for.

I have been a consultant in the Trust for 10 years, and a Foundation TPD for 3 years so have experience of helping trainees return to work and providing the support required. I am very happy to be contacted about any concerns or queries you have regarding the SuppoRTT process.