

Course lead: Dr Sanjay Suri
Consultant Paediatrician and TPD
Mindfulness practicing teacher

MINDFULNESS: AN INTRODUCTION

Date	Time	Venue	Booking link
17 Apr 2020	1000-1300	Holiday Inn Barnsley Barnsley Road, Dodworth, Barnsley S75 3JT	https://www.maxcourse.co.uk/HEEYHME/userCourseMatchListCourseDetails.asp?cKey=902
24 Jun 2020	1000-1300	Holiday Inn Rotherham West Bawtry Road Rotherham S60 4NA	https://www.maxcourse.co.uk/HEEYHME/userCourseMatchListCourseDetails.asp?cKey=903
16 Sep 2020	1300-1500	Holiday Inn Rotherham West Bawtry Road Rotherham S60 4NA	https://www.maxcourse.co.uk/HEEYHME/userCourseMatchListCourseDetails.asp?cKey=904

Book via www.maxcourse.co.uk/HEEYHME/guestCourseList.asp

Free and open to all trainees in HEEYH – 1st preference to SupportTT trainees