
Neurodiversity Training

Provided by the Yorkshire and Humber Deanery, delivered by Neurobox



About these courses

The Yorkshire and Humber deanery has continued to invest in a suite of neurodiversity educational opportunities for our trainers and medical education teams. These courses will support our colleagues with enhancing awareness and understanding of neurodiversity, neurodivergence and neuro-affirmative approaches, to increase your confidence in supporting neurodiverse postgraduate doctors, dentists and public health practitioners in training.

Examples of the content that will be covered in each of the courses includes language associated with neurodiversity and neurodifference, the challenges and strengths of different neurodivergence, the Equality Act and reasonable adjustments.

How to book

Unless otherwise specified, these courses are available to all trainers and medical education staff within Yorkshire and Humber.

To book a place, you will require a Maxcourse account. If you do not have one, you can [create an account online](#).

Please ensure that the main occupation on your Maxcourse account is set to any trainer type (i.e., medical trainer/faculty) or to medical education manager/admin, otherwise your account will not be eligible to book onto these courses.

To book onto a course, simply click on the relevant date beneath the course you wish to attend to be taken to the Maxcourse booking page.

Help and support

If you experience any difficulties with booking, or with Maxcourse more broadly, please contact: England.LSFDcourses.YH@nhs.net

Neurodiversity Awareness

The learning objectives of this session are:

- To understand what a neurodifference is and how this might affect someone working in a clinical environment.
- To provide an overview of common neurodifferences such as ADHD, autism, dyslexia, and dyspraxia.
- To recognise what adjustments are available.
- To obtain the knowledge to support a postgraduate doctor or dentists in training throughout their education and clinical work.

Click your preferred date below to book your place:

- [Thursday 11 April 2024 at 9.00am - 12.00pm](#)
- [Friday 28 June 2024 at 1.00pm - 4.00pm](#)
- [Tuesday 3 September 2024 at 9.00am - 12.00pm](#)
- [Wednesday 13 November 2024 at 1.00pm - 4.00pm](#)
- [Monday 10 February 2025 at 2.00pm - 5.00pm](#)

ADHD Awareness

The learning objectives of this session are:

- To understand what ADHD is and how this might affect someone working in a clinical environment.
- To explore the challenges and strengths of ADHD.
- To recognise what adjustments are available.
- To apply this knowledge to support a postgraduate doctor, dentist or public health practitioner through their training and in the clinical environment.

Click your preferred date below to book your place:

- [Friday 7 June 2024 at 1.00pm - 4.00pm](#)
 - [Monday 22 July 2024 at 10.00am - 1.00pm](#)
 - [Thursday 10 October 2024 at 1.00pm - 4.00pm](#)
 - [Friday 6 December 2024 at 1.00pm - 4.00pm](#)
 - [Tuesday 11 March 2025 at 10.30am - 1.30pm](#)
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Autism Awareness

The learning objectives of this session are:

- To understand what Autism is and how this might affect someone working in a clinical environment.
- To explore the challenges and strengths of Autism.
- To recognise what adjustments are available.
- To apply this knowledge to support a postgraduate doctor, dentist or public health practitioner through their training and in the clinical environment.

Click your preferred date below to book your place:

- [Tuesday 11 June 2024 at 1.00pm - 4.00pm](#)
- [Thursday 22 August 2024 at 1.00pm - 4.00pm](#)
- [Wednesday 6 November 2024 at 9.30am - 12.30pm](#)
- [Monday 16 December 2024 at 9.30am to 12.30pm](#)
- [Friday 21 March 2025 at 10.00am - 1.00pm](#)

Dyslexia and Dyspraxia Awareness

The learning objectives of this session are:

- To understand what dyslexia and dyspraxia are and how this might affect someone working in a clinical environment.
- To explore the challenges and strengths of dyslexia and dyspraxia.
- To recognise what adjustments are available.
- To apply this knowledge to support a postgraduate doctor, dentist or public health practitioner through their training and in the clinical environment.

Click your preferred date below to book your place:

- [Tuesday 14 May 2024 at 1.00pm - 4.00pm](#)
 - [Thursday 11 July 2024 at 1.00pm - 4.00pm](#)
 - [Wednesday 18 September 2024 at 10.00am to 1.00pm](#)
 - [Tuesday 26 November 2024 at 1.00pm - 4.00pm](#)
 - [Thursday 27 February 2025 at 10.00am - 1.00pm](#)
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Line Manager Awareness

This course is aimed at Heads of Schools, Training Programme Directors and Medical Education Teams.

This is a two part course. Where the course is being run across two dates, **you must be able to attend both sessions.**

The first session will:

- Provide an introduction to Neurobox
- Explain what neurodiversity is and the language surrounding it
- Consider each neurodiversity and their challenges and strengths
- Reflect how this may impact somebody in the workplace
- Identify what adjustments are
- Consider how you may support a colleague

The second session will:

- Reflect on inclusivity and discuss how to create an inclusive environment
- Explain the law surrounding disabilities
- Consider what reasonable adjustments are and how they can be provided
- Explore management challenges that can arise and how they may be managed

Click your preferred date(s) below to book your place:

- [Monday 22 April and Monday 29 April 2024 both at 9.30am - 12.30pm](#)
- [Wednesday 28 August 2024 at 9.00am - 4.00pm](#)
- [Thursday 9 January and Thursday 16 January 2025 both at 9.30am - 12.30pm](#)

