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# Oral Health Improvement



Impact of poor oral health on children's wellbeing & the NHS Flexible commissioning programme in Y&H Generic dental pathway for LAC/CiC planned for Y&H

A quarter of 5-year-olds have tooth decay with on average 3 or 4 teeth affected



The majority of tooth decay in children under 6 was untreated

There were **7,926** episodes of children aged under 5 years having 1 or more teeth extracted in hospital because of tooth decay



Research about extractions in children in North West hospitals found that **26%** had missed days from school because of dental pain and infection



An average of **3 days** of school were missed due to dental problems



67% of parents reported their child had been in pain

**38%** of children had sleepless nights because of the pain Many days of work were potentially lost as **41%** of parents/ carers were employed The average cost of a **tooth extraction** in hospital for a child aged 5 and under is

# £836



was spent on tooth extractions among those under the age of 19 in 2015 to 2016 £7.8m

was spent on tooth extractions among the under 5s



Figure 14: Prevalence of experience of dental decay in 5-year-olds in Yorkshire and The



Figure 27: Mean number of teeth with experience of dental decay in 5-year-olds in England, 2019 by national Index of Multiple Deprivation (IMD) 2019 quintiles.



Figure 3.3 Hospital extraction rate due to caries (0 to 19 year olds) by deprivation quintile between 2014 to 2015 and 2018 to 2019



Source: PHE 2020



#### Prevalence of obese Year 6 children by IMD decile (based on postcode of child)

For more information: Table 8 National Child Measurement Programme, England, 2020/21 school year

## Fluoridation schemes in England cover some 6 million people

5-year-olds in fluoridated areas are

28% less likely to have had tooth decay than those in non-fluoridated ones

In fluoridated areas there are

55% fewer hospital admissions of very young children for tooth extractions than in non-fluoridated areas

On average, fluoridation schemes in England cost less than 50 pence per person per year (operating costs)

Water fluoridation has operated effectively for 50 years in England and 70 years worldwide









Targeting supervised tooth brushing to childhood settings in areas with high levels of tooth decay will help reduce oral health inequalities

This helps to encourage children to brush their teeth from a young age and supports home brushing

Fluoride toothpaste has been shown to prevent tooth decay



### Top 3 interventions for preventing tooth decay



Reduce the consumption of foods and drinks that contain sugars

Under 3s should use a smear of toothpaste





Brush teeth twice daily with fluoride toothpaste (1350-1500ppm), last thing at night and at least on one other occasion. After brushing, spit don't rinse



Take your child to the dentist when the first tooth erupts, at about 6 months and then on a regular basis

3 to 6 year olds should use a pea sized amount



Parents/carers should brush or supervise tooth brushing until their child is at least 7

## **Flexible commissioning**



Flexible commissioning involves varying a dental contract contract to utilise the additional services sections of the contract within the existing financial envelope

## Mandatory Services (UDAs)

## Additional Services

Advanced Mandatory Services, Dental Public Health, Domiciliary, Sedation, Orthodontic, Partnership Working FACILITATING ACCESS TO DENTAL CARE

## FLEXIBLE COMMISSIONING

TARGETED ENHANCED PREVENTION

**SKILL MIX DELIVERY** 

ENHANCED TRAINING OF DENTAL NURSES

## FLEXIBLE COMMISSIONING

work collaboratively with local networks

WHOLE SYSTEM RELATIONSHIPS AND

**INTERDEPENDENCIES** 

establish key links with Health and Social care providers to enable referrals into the practice from key population groups.

build and evidence strong working relationships with stakeholders which should include the local dental community, social care teams, health visitors etc. ACCESS PATHWAYS FOR CHILDREN THROUGH LINKS WITH ;

Health Visitor Teams

### Social Care Teams

CYP practitioners

# FACILITATING ACCESS TO DENTAL CARE

Looked After Children teams









CHILD TARGETED PREVENTION SESSIONS	Caries 26,754 GA 2110 TOTAL CHILD SESSIONS =28,864
ADULT TARGETED PREVENTION SESSIONS	Dry mouth 665 Dementia 227 Osteonecrosis risk 316 Diabetes 1159 High needs 4565 TOTAL ADULT SESSIONS = 10,025

The 146 Flexible Commissioning practices in Y&H have delivered 39,607 new adult patient appointments and **18,570** new child patient appointments

HEALTH VISITOR REFERRALS	1299
SOCIAL CARE REFERRALS	858

"I would like to thank you and the local Hull dental practices involved for the prioritisation which is now offered to one of our most vulnerable groups of children. The quarterly report which went to the Hull Corporate Parenting Board in September describes an incredibly positive picture regarding dental access and provision and was obviously well received.

What a pleasant relief to not have to explain in great detail to the practice, what a vulnerable child is and why we have a duty to ensure a collaborative approach was used by health practitioners to meet their health needs. It felt really good to have made it happen with such ease." A dental pathway for looked after children

## Challenges

- Difficulty accessing dental care
- Placements change
- Poorer oral health
- Communication between organisations



### **Dental care pathway for Children in Care (CiC)**



### **Dental care pathway for Children in Care (CiC)**



#### Dental Assessment Form for Children in Care REGION

#### Purpose of this form:

- To ensure Children in Care receive an initial dental assessment and ongoing dental care
- To allow an oral health plan to be incorporated into the child's overall health plan
- To ensure appropriate ongoing dental care for the child, even if they move out of area.

#### Who should complete the form?

Section 1 should be completed by the carer prior to the dental assessment. Sections 2, 3 and 4 should be completed by the dentist at the child's dental appointment.

#### For the carer:

- · Please arrange a dental assessment for the child as soon as possible
- Complete section 1 of this form prior to the dental visit and take it with you to the appointment
- Please ensure that you bring any paperwork related to consent/delegated authority to the child's dental appointment
- If the dental appointment is prior to the child's initial health assessment (IHA) then please take the completed form with you to the IHA appointment. If the dental appointment is following the IHA, then please return the form by post to the Children in Care Health Team, ADDRESS
- A copy of this form should also be completed prior to a child's review health assessment (RHA). If the dental appointment is before the RHA, the form should be taken to the RHA appointment. If the dental appointment is after the RHA please return to: Children in Care Health Team, ADDRESS

#### For the dentist:

A child becomes a Child in Care if they are in the care of the local authority for more than 24 hours. Children can be in care by agreement with parents or by court order. Children in Care have regular health assessments to ensure their health needs are being met. The dental assessment you undertake will help inform their overall health assessment.

Informed consent for dental treatment is needed from an adult with parental responsibility for the child (unless the child can consent for themselves). Section 1 of this form provides the child's details and social worker details which we advise you record. Should you have any questions surrounding consent please contact the named social worker for further support.

For Children in Care who require orthodontic assessment or who present mid-orthodontic treatment and are unable to return to their original orthodontist, please refer to the local secondary care orthodontic unit via ERMS.

Please complete page 2 and 3 of the form and return to the carer at the same visit

This information is confidential and is not to be divulged without authorisation. A copy of this form will be shared with health and local authority teams as appropriate.

# 1. Child/young person's details – to be completed by carer before appointment First Name(s): Family Name: Date of Birth: NHS Number (if known): Current Carer: Current Carer Contact Details: Named Social Worker: Social Worker Contact Details:

2. Dental practice details- to be completed by dentist		
Dentist name:		
E-mail address (nhs.net):		
Practice telephone number:		
Practice address (please use p	ractice stamp if available):	

3.	Dental Assessment	Date:		
Den	tal/oral findings (please tick all whi	ch apply)	:	
	No dental/oral disease noted			
	Gingivitis (gum inflammation)			
	Decay affecting primary (baby)	teeth		Number of teeth affected
	Decay affecting permanent (adu	ult) teeth		Number of teeth affected
	er <u>including dental pain and infe</u> dental professionals):	<u>ction</u> (ple	ease	avoid use of abbreviations to aid review by

Are x-rays available? Yes No Date and type of images: (please circle)

Please tick all that apply:				
Oral health advice				
Fillings of primary (baby) teeth		Number of bab	y teeth planne	d to fill
Fillings of permanent (adult) teeth		Number of adu	lt teeth planne	d to fill
Extractions of primary (baby) teeth		Number of bab	y teeth planne	d to extract
Extractions of permanent (adult) tee	eth	Number of adu	It teeth planne	d to extract
Other (please avoid use of abbreviation	ns to aid r	eview by non-de	ental profession	nals):
Has the above treatment been comp appointment? (Please circle)	leted at t	oday's	Yes	No
			Yes	No
appointment? (Please circle) Has a further appointment been ma	de with y			
appointment? (Please circle) Has a further appointment been ma (Please circle)	de with y	rour practice? providers e.g.		
appointment? (Please circle) Has a further appointment been ma (Please circle) If yes please provide date(s) and detail Has/will a referral be made to any oth	de with y s er dental ntics? (P	rour practice? providers e.g.	Yes	No
appointment? (Please circle) Has a further appointment been ma (Please circle) If yes please provide date(s) and detail Has/will a referral be made to any oth Community Dental Service, Orthodo If yes please provide details of provider	de with y is ier dental ntics? (P	rour practice? providers e.g. lease circle)	Yes	No

orginatare of actuact completing accessment					
Signature:		Print Name:		Date:	

#### We thank you for your support

2

3

3. Dental Assessment	Date:	
Dental/oral findings (please tick all which	ch apply):	
No dental/oral disease noted	Ľ	
Gingivitis (gum inflammation)	C	
Decay affecting primary (baby) to	eeth	Number of teeth affected
Decay affecting permanent (adu	lt) teeth	Number of teeth affected
Other <i>including dental pain and infec</i> non-dental professionals):	ction (pleas	se avoid use of abbreviations to aid review by

4. Treatment Plan		
Please tick all that apply:		
Oral health advice		
Fillings of primary (baby) teeth		Number of baby teeth planned to fill
Fillings of permanent (adult) teeth		Number of adult teeth planned to fill
Extractions of primary (baby) teeth		Number of baby teeth planned to extract
Extractions of permanent (adult) teeth		Number of adult teeth planned to extract
Other (please avoid use of abbreviations	to aid i	review by non-dental professionals):

### **Dental care pathway for Children in Care (CiC)**



# What's Next?

- Expand implementation
- Digitisation?
- Data



The Mid Yorkshire

Caring for your teeth: a practical guide *Children aged 12*+

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# Opportunities

T T HARE

## Scan me!

#### **Dental Assessment Form**

Pathway





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