

# Health Education Yorkshire and Humber School of Paediatrics



## Paed SuppoRTT (Paediatric Supported Return to work) training day programme

**Target audience:** Yorkshire & Humber Paediatric trainees who have taken a period of absence for 3 months or more. The course is also open to A&E and Anaesthetic trainees wanting to refresh their paediatric clinical management and skills.

**Course objectives:** To help build trainee confidence, skills and knowledge in a supportive environment so that they can safely and confidently return to practice within their training programme.

### Course programme:

The training day is divided into two half days, one half a day covering face to face simulations and skills stations and another half a day is virtual covering other elements

### **Face to face workshop:**

Delegates will get exposure to

- 1) Basic, advanced both neonatal and paediatric resuscitation, acute management of deteriorating sick patient, child safeguarding (depending on trainee needs)
- 2) Non-technical skills like communication, decision making, confidence to seek help, team-working and leadership skills
- 3) Refreshing clinical skills practice including IV cannulation, UVC, UAC, IO access, intubation, central access and chest drain (depending on trainee needs)

**Dates: Face to face** -28/01/2021, 11/03/2021, 04/05/2021, 06/07/21, 13/09/21, 10/11/21  
**Virtual** -29/01/21, 12/03/21, 07/05/21, 07/07/21, 17/09/21, 12/11/21

**Venue details:** Bardhan Suite in the Post Graduate Medical Education Centre, Rotherham Hospital S60 2UD. Parking in the main hospital car park is opposite the main hospital entrance and parking is currently free.

TIME	WORKSHOP
8:30 – 8:45	COFFEE, INTRODUCTIONS & FACULTY BRIEF
8:45 – 9:00	EQUIPMENT FAMILIARISATION
9:00 – 9:45	SIMULATION SCENARIO-1 & DEBRIEFING
9:45– 11:30	SIMULATION SCENARIO-2 & DEBRIEFING
11:30 – 12:15	SIMULATION SCENARIO-3 & DEBRIEFING
12:15-13:00	SIMULATION SCENARIO-4 & DEBRIEFING (OPTIONAL)
13:00-13:30	SKILLS PRACTICE STATION (OPTIONAL)
13:30-13:45	FEEDBACK & CLOSURE LUNCH WITH NETWORKING & MENTOR SUPPORT (LUNCH NOT PROVIDED)

## Virtual workshop:

At the end of this session:

Delegate would feel supported and motivated and feel confident to work their best as a parent and an employee.

Aware of recent updates within school of paediatrics, eportfolios and ARCPS, recent clinical guideline changes and covid related changes to practice.

TIME	WORKSHOP
8:45-9:00	LOG IN TO ZOOM/VIRTUAL PLATFORM
9:00-9:15	INTRODUCTIONS
9:15-11:00	MANAGING STRESS: MOVING FROM COPING TO THRIVING
11-11:45	RECENT UPDATES WITHIN SCHOOL OF PAEDIATRICS, EPORTFOLIOS, ARCPS & CLINICAL GUIDELINES (WHERE APPLICABLE)
11:45-12:00	COFFEE BREAK
12:00-12:45	GETTING BACK TO WORK - PEER SUPPORT, MENTORING AND PERSONAL EXPERIENCE
12:45-13:15	PRACTICAL ADVICE & SIGNPOSTING (INTERACTIVE SESSION WITH HR AND FACULTIES) INCLUDING COVID RELATED STUFF (KEEP YOUR QUESTIONS READY)
13:15-13:30	FEEDBACK & CLOSURE

### Some tips and rules for the virtual day:

- 1) The course will be run virtually on zoom platform. You will need access to a system with both audio and video (webcam) facilities. It's really valuable for the group working to be able to see each other and also for the facilitator to interact with you. Everyone participating in the training day will need to turn their video on.
- 2) Please ensure you have internet connection. When joining the training day, you will be automatically muted. Please unmute only when you are speaking to keep the surrounding disturbances to minimal.
- 4) During the session, you may be sent off to smaller groups of people for a mini exercise or group task. At the end of the exercise you will be called back to join the main session. It's often good to elect a spokesperson from each group and agree who will feedback. We may also use other facilities zoom offers like polling, white board, chat function etc throughout the session as needed.
- 5) During the coffee break, you can switch off the camera and get meal or a nice drink. Please join back at scheduled times to ensure sessions runs to time and finishes on time.

### **Refreshments, parking & travel expenses provided.**

**To book:** Please email – [sunitha.sampath@nhs.net](mailto:sunitha.sampath@nhs.net)

Please don't forget to give your feedback. We will issue a certificate of attendance once the feedback is received.