

PaRenTT

Baby preparation course for Health Care Professionals

Are you expecting a baby?

**Free course for expectant or adopting health care professionals to
prepare for birth, baby and returning to work**

(Recommended for due dates March to May 2021. Partner/support person welcome.)

Starting 18th January 2021

Live online sessions via Zoom

Sessions 7-9pm

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| 1. Monday 18 th January | Planning for birth |
| 2. Monday 25 th January | Labour and birth |
| 3. Monday 1 st February | Caring for baby |
| 4. Monday 8 th February | Parental wellbeing |
| 5. Monday 15 th February | Returning to work |

For full details and to book a place

<https://parentt-jan2021.eventbrite.co.uk>

(Partner/support person also welcome if you wish - please also register them on the Eventbrite form)



For queries or more information contact: parentt321@gmail.com