NHS
Health Education England

PaRenTT

Baby preparation course for Health Care Professionals

Are you expecting a spring baby?

Free course for expectant or adopting health care professionals to prepare for birth, baby and returning to work

For due/adoption dates March 22 - May 22. Partner/support person welcome. Ideal for 1st-time parents.

Starting Monday 17th January 2022

Live online sessions via Zoom

Sessions 7-9pm

1. Mon 17th January	Planning for birth
2. Mon 24th January	Labour & birth
3. Mon 31st January	Caring for baby
4. Mon 7th February	Parental wellbeing
5. Mon 14th February	Returning to work

For full details and to book a place

https://parentt-jan2022.eventbrite.co.uk

(Partner/support person also welcome if you wish - please also register them on the Eventbrite form)

For queries or more information contact: parentt321@gmail.com