

RCPCH Trainees Network 'Big 5'

Firstly we want to say a massive thank you to Hannah Jacob who has been an amazing TC Chair over the past few years.

SHAPE OF TRAINING / PROGRESS +

Planned for implementation in summer 2023. At that point:

- Level 1 trainees - all will move into Core Training & CCT date will be brought forward.
 - Level 2 trainees - ST4s will move to Core training; ST5s will have the option to either move to Specialty Training or do a further training year in Core Training.
 - Level 3 trainees will move into Specialty Training with no change to CCT date.
- Check out the [SOT landing page](#) on the RCPCH website for updated information.



COVID - 19 IMPACT ON TRAINING

If you are shielding or have been displaced due to COVID, as well as ensuring that your TPD is aware please inform the postgrad medical education centre at your trust. The Statutory Education Bodies link in with the trusts so this will help data to be collected regarding impact on training.

If you haven't seen the [webinar on the impact on paediatric training during COVID](#), do have a watch.



LONG TERM ILLNESS



As we see colleagues and friends develop long COVID we wanted to remind you that if you have a long term illness (including long COVID) you can apply for concessions to your membership fees.

We would also recommend that you read the [BMAs 'Making reasonable adjustment' document](#) to find further support and details on how to optimise training opportunities, check out [SuppoRTT](#), and liaise with your Occupational Health department.

KAIZEN

You will have all noticed the recent updates on Kaizen. There were a few teething issues but these should have all been resolved, if you are still having issues please contact Training Services or your regional trainee rep. A series of short webinars have been created to help you get the most out of Kaizen, they will be accessible via Kaizen for trainees and supervisors. Here is a [link](#) to the first one!



TEAM SOFT LANDING



International medical graduates (IMGs) make up a large proportion of our workforce although do not often get the support they need.

Team Soft Landing has been set up by a team of IMG paediatricians to create a better day to day working life for IMGs in paediatrics offering workshops, webinars and mentoring. Follow them on [Twitter](#) to find out more about this fantastic and inspiring project.