

Remote Resources for Return to Training

Dear Trainees,

The below information is to signpost learning material/guidance during your return. They are materials online which you can access remotely. This can help you refresh your clinical knowledge. SuppoRTT teams in HEE Local Offices are also working on remote learning versions of our usual face-to-face courses.

Best wishes,

Dr Sarah Siddiqui & Dr Lizy Townshend
National Supported Return to Training Fellows

Information for returners

NHS England guidance for staff (17/3/19):

https://www.england.nhs.uk/coronavirus/publication/next-steps-on-nhs-response-to-covid-19-letter-from-simon-stevens-and-amanda-pritchard/?fbclid=IwAR3H4GJDAyJtPRtWiUwpXJt6QKpYydiy4TZL9uCd_ijyFNUyJ4mO0OwsRKs

HEE Statement: Deputy Medical Director (17/3/19):

<https://www.hee.nhs.uk/sites/default/files/documents/COVID-19%20letter%20to%20Trusts%20and%20GP%20Practices%2010.03.2020.pdf>

Online Resources for Clinical Updates & e-Learning: Generic

Basic Skills & Knowledge

e-LfH Tutorials

<https://www.e-lfh.org.uk/programmes/>

BMJ Learning (free for BMA members and with institutional subscription from many trusts)

<https://new-learning.bmj.com/>

HEE Ques – revision question bank for returners

<https://hee.quesmed.com/>

Resuscitation Council – guidelines and algorithms

<https://www.resus.org.uk/resuscitation-guidelines/>

Life in the Fast Lane - ECG basics & library

<https://litfl.com/ecg-library/>

Oxygen Therapy Guidelines

<https://www.brit-thoracic.org.uk/quality-improvement/clinical-resources/oxygen/>

NICE Clinical Guidelines

<https://www.nice.org.uk/guidance/published?type=cg>

Oxford Handbook of Clinical Medicine – free online chapters on cardiovascular and infectious disease

<https://oxfordmedicine.com/view/10.1093/med/9780199689903.001.0001/med-9780199689903>

Supported Return to Training (SuppoRTT)

Sarah Siddiqui & Lizzy Townshend (20/03/2020)

Basic Practical Procedure Videos & Guidance

CETL Tutorials – including catheter, cannulation, transfusion, suture

<http://www.cetl.org.uk/learning/tutorials.html>

Oxford Medical Education videos – including resus, IV infusion, oxygen delivery, nebs

<https://www.youtube.com/user/OxfordMedicalVideos/videos>

Geeky Medics clinical skills videos – including NG tube, ECG taking, ABG, venepuncture, suture

<https://www.youtube.com/playlist?list=PLwYICl63HBzk9-kb-i3uDQthQAz3JuRTW>

Breaking Bad News – SPIKES model

http://www.cetl.org.uk/learning/feedback_opportunities/data/downloads/breaking_bad_news.pdf

Remember to check your own specialty's college/faculty website too!

COVID-19 Literature

The following literature has compiled to date, but more up-to-date literature may be available:

- Lancet: <https://www.thelancet.com/coronavirus>
- BMJ: <https://bestpractice.bmj.com/topics/en-gb/3000168>
- NEJM: <https://www.nejm.org/doi/pdf/10.1056/NEJMoa2002032?articleTools=true>
- Patient Info: <https://bestpractice.bmj.com/patient-leaflets/en-gb/pdf/3000166/Coronavirus.pdf>
- Other Sources of local responses to COVID 19: [MESSLY](#), [INDUCTION APP](#)

Please be mindful of the source of the material, as there is currently a lot of misinformation spread

Other Information

Facebook peer support group: Covid Returning Doctors Support

<https://www.facebook.com/groups/301162934193287/>

Wellbeing support resources

BMA (free) page with links to lots of wellbeing support services

<https://beta.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

RCPCH list of support services (for any specialty)

<https://www.rcpch.ac.uk/resources/where-go-help-support-doctors-wellbeing>