



Maudsley  
Learning

## Return to work: personal skills and wellbeing webinar

**30<sup>th</sup> October, 13<sup>th</sup> November or 18<sup>th</sup> November**

### About the course

This webinar is for doctors currently out of practice that are planning to return to work. In collaboration with Health Education England (HEE), Maudsley Learning have developed a one-hour webinar to support HEE's existing resources for returners. The specific focus will be on personal skills and wellbeing in this context.

Maudsley Learning have experience of working closely with returners through the delivery of several courses and workshops. As such, our faculty have a good appreciation and awareness of the range of experiences and diverse needs that returners can have when preparing to return to clinical practice. We know there are many reasons why doctors take time away from practice and understand returning can be a daunting prospect. Hopefully by gaining a better appreciation of the importance of personal skills and wellbeing in this context, returners can feel more confident about returning to work. This webinar will also introduce our planned series of personal skills and wellbeing interactive workshops

### Learning objectives:

The participants attending the course will:

- ✓ Understand key concepts in relation to personal skills and wellbeing for doctors returning to work
- ✓ Understand main needs of returners in terms of personal skills and wellbeing
- ✓ Signpost to a range of resources incl. our HEE-funded series of workshops for returners

### Dates & times:

You can book onto any of our hour long webinars, the options are:

1. 30<sup>th</sup> October 2020 from 9:30-10:30
2. 13<sup>th</sup> November 2020 from 16:00 – 17:00
3. 18<sup>th</sup> November 2020 from 12:00-13:00



#### Target Audience

Doctors returned to work after a period of leave.



#### Location

This course will be taking place digitally via Zoom.

#### For more information contact

E: [maudsleylearning@slam.nhs.uk](mailto:maudsleylearning@slam.nhs.uk)

W: [maudsleylearning.com](http://maudsleylearning.com)

T: 0203 228 6149

[Book 30.10.20 9:30-10:30](#)

[Book 13.11.20 16:00-17:00](#)

[Book 18.11.20 12:00-13:00](#)

**FREE using password: RTW20**