## **SuppoRTT Champion**

## **Barnsley Hospital NHS Foundation Trust**

Dr Shobha Sivaramakrishnan

Shobha.sivaramakrishnan@nhs.net

I have been a consultant Community paediatrician since 2001. I have a lot of teaching and raining experience in various capacities as tutor on PG course, Educational and clinical supervisor, CSAC advisor for Community Child health. Since I started supervising foundation trainees few years ago, I realised that there are many health and well-being issues which has long term implications on retention of junior doctors. I started offering health and well-being programmes for foundation trainees in my trust and co taught similar courses for senior paediatric trainees in HEE. I am passionate about trainee well -being as they are our future workforce who need nurturing and developing.

I am involved in SuppoRTT for paediatric trainees and would like to utilise my skills for other trainees in the trust.