



## Human Factors: Walking the Tightrope

**Friday 30th November 2018:  
9.30am to 4.30pm**

**Venue:**

**Room 1, 'R' Floor, Royal Hallamshire Hospital  
Sheffield Teaching Hospitals NHS Trust,  
Glossop Road, Sheffield S10 2JF**

**Self-Confidence is vital but Self-Awareness is the Key to Learning Success:**  
a human factors training workshop offering insight into the everyday pressures  
that challenge the fine balance between self confidence and humility

We will explore how we are all fallible and can make simple mistakes regardless of our commitment, knowledge and skills. Drawing on our experience in aviation, health and social care, **Atrainability** offer practical tools and strategies to help maintain and sustain high levels of performance under daily challenging conditions.

**This MasterClass will consider:**

- ▶ how & why errors are made - the balance between fallibility & maintaining confidence under pressure
- ▶ the essentials of learning from successful outcomes as well from events that haven't gone quite so well, or indeed as planned
- ▶ the significance of approachability & the need to enhance this in our teams
- ▶ building resilience & accepting that humility is an essential part of professionalism
- ▶ the benefits and keystones of a healthy reporting culture that promotes transparency and learning

**For more information and to book your place:  
tel: (0114) 2711793 OR email [Kate.Guest@sth.nhs.uk](mailto:Kate.Guest@sth.nhs.uk)**

**This course has been organised by Dr Avneesh Kumar  
SAS Lead at Sheffield Teaching Hospitals NHS Foundation Trust**

**6 external CPD for full attendance (to be applied for)**

**Innovative High Quality Human Factors Training for High Reliability Teams**