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| --- | --- |
| Simulator | Training Year |
| ST1 | ST2 | ST3 | ST4 | ST5 | ST6 & ST7 (obstetric ATSMs) | ST & ST7 (gynae ATSMs) |
| EoSim lap boxes (all units)4 videos per skill | Precision cutting | Precision cutting | Precision cutting | Dice stacking | Dice stacking | Thread pull | Horizontal suture |
| Threading | Paper fold | Peg capping | Cyst dissection | Cyst dissection | Tubal ligation  | Suture and tie |
| Paper clip untangle | Paper clip untangle | Dice stacking | Threading | Thread pull | Dice stacking | Tubal ligation |
| Innovus AVR (Sheffield, Hull, York, Bradford) |  | LapAR cutting task -within last 3 months (pre ARCP) | LapAR cutting task -within first 3 months  | LapAR cutting task -within first 3 months  | LapAR cutting task -within first 3 months  | LapAR cutting task -within first 3 months  | LapAR cutting task -within first 3 months  |
|  |  | LapAR cutting task -within last 3 months (pre ARCP) | LapAR cutting task -within last 3 months (pre ARCP) | LapAR cutting task -within last 3 months (pre ARCP) | LapAR cutting task -within last 3 months (pre ARCP) | LapAR cutting task -within last 3 months (pre ARCP) |
|  |  |  |  | 1 ectopic model | 2x ectopic models | 2x ectopic models |

Targets for Laparoscopic Simulation Training

O&G Yorkshire and Humber

These are minimum requirements for each year group but should not prevent trainees for doing more exercises or starting exercises for future years in order to build skills as much as possible in the virtual world. Once basic skills have been obtained on the EoSim boxes, trainees may start to gain experience on the more advanced Innovus simulators around the region

EoSim: Trainees should aim to upload 4 videos per task and receive feedback from their ES (or local laparoscopy training lead)