

YORKSHIRE AND HUMBER SCHOOL OF PAEDIATRICS 12TH ANNUAL MEETING

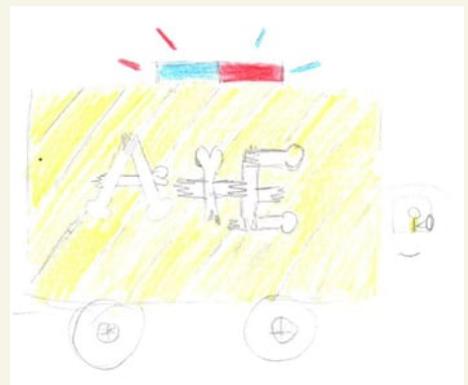
Collaboration in child health:
Celebrating the success of teamwork
locally, regionally, nationally



Wednesday 17th November 2021
Virtual Conference

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WELCOME



Dear Colleagues,

It is with great pleasure that we welcome you to the 12th Yorkshire and the Humber School of Paediatrics Annual Meeting.

The Annual Meeting is always a fantastic opportunity to come together and showcase the amazing work that has been ongoing in the region over the last year.

The last couple of years has been extremely challenging for many reasons. We have seen how a global pandemic has affected every aspect of our daily lives. However, being forced to adapt to new ways of working has also brought out the best of people and we have had to find new and innovative ways to work. Through these difficult times we have really come together and supported each other to deliver high quality patient care, which brings us to the theme of this year's meeting – **Collaboration in Child Health**.

This year we will focus on how collaboration is key to working in Paediatrics and how that is achieved across the region. This year's meeting is on an exciting online platform that will help deliver a fantastic programme with engaging workshops and excellent keynote speakers. We have had a wealth of high-quality abstracts submitted for consideration, from across the region. The team has been very impressed with the variety of work submitted and we are excited to see the different presentations from our colleagues.

We will be celebrating trainees who have gone above and beyond during their training and have shown excellence and have been nominated for the PAFTA awards. We will be announcing the winner of this year's nominations at the end of the day. You can find out more about the PAFTA awards and about some of this year's nominees over at the PAFTA stand.

We would like to say a huge thankyou to all our speakers who will be taking time out of their busy schedules to deliver education and inspiration through their talks and workshops. Also a big thank you to the team of Consultants who have taken the time to mark the abstracts and posters.

We would also like to take this opportunity to extend our heartfelt gratitude to all our volunteers who have helped to organise this year's event. We are grateful to Health Education England who have continued to extend their support to the school of paediatrics in delivering this annual meeting.

Finally, we would like to thank all of you, for your continued hard work and dedication through what has been some very uncertain times. We hope you enjoy this year's meeting!

Dr. Amy Henderson and Dr. Nikki Pelech

Co-Chairs of the SOPAM 2021 Organising Committee

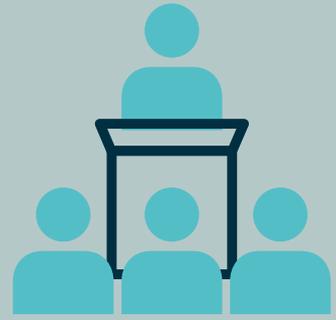


PROGRAMME

- 09:30-09:45 **Welcome and Introduction**
Dr Karin Schwarz, Dr Amy Henderson, Dr Nikki Pelech
- 09:45-10:00 **Shape of Training**
Dr Karin Schwarz
- 10:00-10:45 **Working in complex systems for children - what is the value?**
Dr Nicola Jay
- 10:45-11:15 **Advanced Care Planning: Improving delivery through leadership and collaborative team working**
Dr Hannah Hardisty
- 11:15-11:30 **Break**
Stands & Poster viewing
- 11:30-12:30 **Trainee Oral Presentations**
- 12:30-13:15 **Lunch**
Stands & Poster viewing
- 13:15-14:15 **Workshops**
See below for more information
- 14:15-14:30 **Break**
Stands & Poster viewing
- 14:30 -15:15 **Panel discussion:**
How do I reconcile competing sub-specialist interests for my complex patients: lessons from clinical cases?
Dr Rum Thomas, Dr Rachel Riddell, Dr Rachel Calvert, Ms Emily Hopkinson
- 15:15-16:00 **Summary:**
Remarks, PAFTAs, Poster/Presentation awards
Dr Sanjay Suri



WORKSHOPS



Shape of Training

DR KARIN SCHWARZ

An update on recent changes to the training programme.

'It takes a village to do a research study'

DR BOB PHILIPS

A workshop exploring how collaboration is essential for effective research, and some tips on how to make it happen.

Subspecialty training and the GRID application process

DR ELIZABETH BAKER

Discover if subspecialty training is for you, learn how to make the best preparations for a strong application and hear from those who have successfully navigated the process.

Harnessing technology to enhance patient care

DR MATTARA

Join us for this engaging workshop to learn how innovative technology can be incorporated into our daily practice to improve collaboration and enhance patient care.

Time Out

**DR SIAN COOPER AND
DR MARK WINTON**

Find out more about how beneficial a 'Time Out' can be after a difficult or stressful situation. Learn more about how to encourage your department to focus on this important and essential team exercise.

Simulation

DR SABRINA VITELLO

Are you interested in running Simulation in your hospital? Hear from those who have already done so and gain some insight into the dos and don'ts of simulation!

Embrace

**DR JESS OLDFIELD
IAN BRAITHWAITE**

Embrace are the specialist transport service within Yorkshire and Humber.

Their work requires clear, concise communication and excellent teamwork to transfer critically ill children between the hospitals in our region and beyond.

CAMHS

DR CHHAYA PANDIT

Collaboration with our colleagues in CAMHS has never been more important with the increase in childhood mental health problems hitting the headlines. In this workshop, hear from the team themselves about how we can help them and ensure better experiences for our patients.

SPEAKERS



DR KARIN SCHWARZ

Head of School of Paediatrics for Yorkshire and the Humber

Originally born and raised in Germany, I have been working in the UK since I graduated from medical school. Love and the opportunity to do Paediatrics kept me in Yorkshire and I have in the past worked in many of the hospitals in the East and West (but sadly not the South) of the area.

Since 2001 I have been working as a Consultant Paediatrician at Huddersfield and Halifax and locally I am the lead clinician for neonates.

I have always had close involvement with trainees and training as rota organiser, college tutor and supervisor. During my time as TPD between 2009 and 2015 I have developed the ARCP process and have established exams related courses in the region. I have been lucky enough to be appointed Head of School of Paediatrics in June 2015 and I greatly enjoy this role. It is a pleasure to work with all the trainees, TPDs, HEE team and trainers in Yorkshire and nationally. One of our current main areas of work within the school is preparing for the forthcoming shape of training changes to ensure our trainees can access the best training possible.

Outside work I spend time with my husband and 4 children, act as the children's taxi driver, stand at the side of football pitches and drag everybody out of the house for long walks, which the dog and I enjoy the most. I also try to keep fit by running (not very far) and playing tennis (unfortunately not very well).

DR NICOLA JAY

Consultant Paediatric Allergist; Clinical Lead CYP transformation Program SYB

ICS; RCPCH Officer workforce and Health Delivery

Nic has been Officer for Workforce Planning and Health Services since June 2019. She is a consultant paediatrician at Sheffield Children's Hospital specialising in allergy. She also leads a clinical network in South Yorkshire and Bassetlaw and is a council member for the clinical senate of Yorkshire & Humber which gives impartial advice to clinicians.

Nic is particularly interested in helping to create an NHS that unites across currently recognised boundaries to provide seamless care for all children that need health care. Part of this is supporting the role that Advanced Clinical Practitioners play in paediatric care. In 2018, she was part of a group that visited the United States of America to review best practise use of Physician Associates in paediatrics.

DR HANNAH HARDISTY

Paediatric Registrar, Sheffield

I am a paediatric registrar working in Sheffield and have spent the last 12 months in a leadership post looking at advance care planning for children with life-limiting conditions in West Yorkshire. Alongside clinical work, I work closely with key stakeholders within the Yorkshire and Humber Childrens Palliative Care Network, developing education, training and support opportunities for staff around the region, with the ultimate aim of improving our delivery of this service for children and their families.

DR RUM THOMAS

Consultant in Paediatric Intensive Care

Dr Rum Thomas, Consultant in Paediatric Intensive Care. Their professional interests are Transition of critical care from Paediatrics to Adult Services, Patient Safety, Provision of Equitable Health Care in children and young people, and Developing paediatric consultants. Dr Thomas will host the panel discussion and share experiences.... "I wish I had done that...."



SPEAKERS



DR RACHEL RIDDELL

Consultant in Paediatrics and High Dependency Care

Dr Riddell will reflect on what works and what does not work from the perspective of a new consultant coordinating the care of a complex patient when there is disagreement between teams.



DR RACHEL CALVERT

Principal Clinical Psychologist - Paediatric Critical Care, Complex Asthma and People Wellbeing

Dr Calvert will draw on her experience of working with children, young people and their families, and clinicians to help us understand how we can overcome challenges to ensure that we can facilitate the best decisions for children.



MS EMILY HOPKINSON

Associate Director Learning and Organisational Development

I've worked in people development for the last 25 years in the third sector, Higher Education and laterly the NHS. My current role is focussed on ensuring that colleagues at Sheffield Children's NHS Foundation Trust have access to the education and development they need, are supported and developed as managers and leaders and that collectively we're all working towards creating a working environment/culture which enables people to be their best selves.



DR BOB PHILIPS

Senior Clinical Academic at CRD, and an Honorary Consultant in Paediatric / Teenage-Young Adult Oncology at Leeds Children's Hospital

His main areas of work are in the development of individual participant data (IPD) meta-analysis, supportive care management, and the development of skills in appraisal and translation of clinical research in practice. He is the lead of the PICNICC collaboration, "Predicting Infectious Complications In Children with Cancer" which was formed by engaging international clinical and methodological experts, parent representatives and healthcare researchers to investigate primarily the patterns of risk in febrile neutropenia. Bob was the Clinical Lead for the NICE Guideline (CG151) on the management of neutropenic sepsis.

Bob has worked extensively to promote and teach evidence-based practice with the Centre for Evidence-based Medicine in Oxford, UK, and also the Centre for Evidence-based Child Health (Institute of Child Health, London, UK). He edits the evidence-based practice sections of the Archives of Diseases in Childhood, and is an associate editor of the journal. He has lectured in the UK, Europe, North America, Australia and the Nordic Countries on the subject of evidence-based practice, and has written widely on this.



DR ABDUL SHAMEEL MATTARA

Consultant General Paediatrician at Calderdale and Huddersfield NHS Foundation Trust.

He graduated in medicine from South India and underwent run through Paediatric training at West Yorkshire. He became a Consultant in 2015. He has been a fellow of RCPCH since 2019. He has also got experience at working in Newcastle, Hull, Wirral, Ormskirk, and Rotherham at different levels of responsibilities. He worked as designated clinical lead for neonates at Rotherham General hospital for 3 years. He has particular interest in Neonatal and Respiratory medicine. He is currently the designated doctor for child death at Calderdale and Huddersfield NHS Foundation Trust. He is passionate about digital innovations in Paediatric specialities to enhance patient care.

SPEAKERS

DR SIAN COOPER



Consultant Paediatric Intensivist at Leeds Children's Hospital and Clinical Lead (North) for the Yorkshire & Humber Paediatric Critical Care Operational Delivery Network

Sian has an interest in education and simulation. She has previously been on the faculty for the MSc in Child Health Critically Ill Child module at the University of Leeds, delivers education and training around the region in her network role, and is an APLS and GIC instructor. She also likes to get involved in research and has been local Principal Investigator for several multi-centre research trials in critical care.

Sian is the medical lead for the Time Out model of staff support after traumatic events which was developed at Leeds Children's Hospital. She is also one of the Clinical Leads for the Leeds Children's Hospital Schwartz Rounds.

DR MARK WINTON



ST8 PICM grid trainee currently 'acting up' on the consultant rota at Leeds PICU

.After completing a post CCT fellowship in British Columbia Children's Hospital in Vancouver he hopes to return to Yorkshire working at LGI PICU and for the Embrace regional transport service. He is interested in peer support and how teams respond to critical incidents. He has been involved in the 'time out' peer support project since its inception 5 years ago

DR SABRINA VITELLO



Palliative Care Specialty Registrar - MSc Medical Education, FHEA, MRCP

Sabrina is a Palliative Care Registrar in London with a MSc in Medical Education from Cardiff University. She has developed a clinical career which encompasses her passion for human-factors based interprofessional simulation-based education, and has designed and delivered a broad range of multi-professional simulation courses at both undergraduate and post-graduate levels. Courses have focussed on the acutely unwell patients as well as palliative care across various specialties including adult medicine, paediatrics, emergency medicine, obstetrics and anaesthetics.

DR JESS OLDFIELD



Transport Consultant and Neonatologist.

Trained initially in Mersey and then came to Yorkshire. Had a brief idea of doing Emergency Medicine, then came to paediatrics and struggled to decide between NIC & PIC...so it's no surprise I have found myself at Embrace where I get to do both and can even visit EDs regularly!

When not at Embrace, I am TPD for the South of the region with responsibility for the Diploma in Child Health and teach on various Diploma modules and courses around the region.

Outside of work I am a taxi-driver for my children, dog walker for our golden retriever, a keen baker and a novice knitter.

DR CHHAYA PANDIT



Consultant Psychiatrist, CAMHS

DR ELIZABETH BAKER



Consultant Paediatrician, York Hospital. TPD for East of region

ORAL PRESENTATIONS

**Talk to me:
Perspectives from a
young Person with
Cerebral Palsy**

Gemma Dolden

**Out of Programme
Experience: General
Paediatrics and Tertiary
NICU at Waikato DHB, New
Zealand**

Emma Hubbard



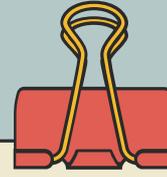
**Perinatal care and
management of babies born
with exomphalos: 5-year
experience in a tertiary
centre in the UK and creation
of new standardised clinical
guidelines**

Bouran Khalifa

**Do hospital admissions
improve outcomes for
children and young
people with poor diabetes
control?**

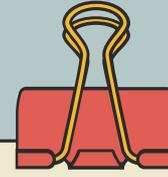
John Jacques

POSTERS



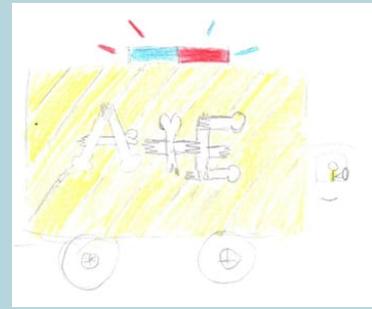
- Pilot study of the implementation of care maps for families with a child who has complex health needs
- Taking the Sting Out of Neonatal Jaundice. A review of transcutaneous bilirubinometer use for neonatal jaundice screening
- Developing a paediatric clinical examination handbook for medical students: A response to COVID19
- An audit to assess the use of IV aminophylline in patients presenting with wheeze
- Shwachman-Diamond Syndrome - Presenting as Recurrent Sepsis with Congenital Ptosis
- Do hospital admissions improve outcomes for children and young people with poor diabetes control
- Talk to me: Perspectives from a Young Person with Cerebral Palsy
- Out of Programme Experience: General Paediatrics and Tertiary NICU at Waikato DHB, New Zealand
- Perinatal care and management of babies born with exomphalos: 5-year experience in a tertiary centre in the UK and creation of new standardised clinical guidelines
- Emergency evacuation of a paediatric ward in the context of COVID-19 pandemic
- An unexpected cause of hydrops fetalis (1)
- Baby Loss and Infertility Staff Support Group- A New Team at Sheffield Children's NHS Foundation Trust
- Early developmental vulnerabilities in preterm infants born at less than 32 weeks gestation
- Biotinidase Deficiency- a paediatric case of seizure and developmental regression with a treatable solution
- Neonatal myasthenia gravis
- International Medical Graduate Induction and Support
- A case-based collaborative approach to community paediatrics
- Acute disseminated encephalomyelitis in a 2 year old patient following COVID-19
- (re)searching for Opportunities – My time as a clinical research fellow
- Time to please, the Levels threes!
- Living with Autism, personal experience
- Lymphangioma of the tongue: A rare presentation on the Jos plateau, North-Western Nigeria

POSTERS



- Developing a Common Patient Passport for children with Complex Neurodisabilities- Initial Survey
- Antiretroviral management and follow-up of infants at low or very low risk of mother-to-child transmission of HIV at Doncaster and Bassetlaw Hospitals - a clinical audit
- Don't delay! An audit on the tardiness of first dose antibiotic administration on the postnatal ward
- Developing a novel virtual postgraduate medical education programme in a tertiary Children's Hospital in response to the COVID-19 pandemic
- Two-year experience of adrenal suppression in neonates receiving steroids for respiratory management
- Participation and barriers to undertaking research during paediatric training
- How should we follow up pineal cysts in Children?
- Exploring Potential for Neonatal Organ Donation in a Tertiary Centre, A Service Evaluation
- Pervasive Refusal Syndrome
- The impact of COVID-19 on paediatric teaching at Hull University Teaching Hospital NHS Trust
- Secondary adrenal insufficiency in paediatric patients with asthma on high-dose inhaled corticosteroids
- Obtaining and maintaining neonatal intubation skills - the development of a structures skills package for the ODN
- Use of the Kaiser Permanente Neonatal Early-Onset Sepsis Calculator in the Leeds neonatal unit
- Improvement project on school referrals for ASD and ADHD assessments
- Re-audit of de-prescribing on Paediatric intensive care unit (PICU) using 'CEASE' tool
- Diagnostic accuracy of a single HRP2/pLDH (Pan) Rapid detection test and paired blood film to exclude imported malaria disease at Sheffield Children's Hospital
- Advance care planning for children and young people: improving delivery through education for professionals across Yorkshire and Humber
- A Mentor Scheme for Medical Students: counteracting the negative impact of Covid-19 on paediatric placements
- Transport simulation for paediatric registrars: A quality improvement initiative in a New Zealand hospital
- Autism, Plurism and Public health

STANDS



**HEALTH
EDUCATION
ENGLAND**

**TRAINING
PROGRAMME
DIRECTOR**

LEADERSHIP

**INTERNATIONAL
MEDICAL
GRADUATES**

**DON'T FORGET
THE BUBBLES**

PAFTAS

PAFTA AWARDS

Paediatric Awards for Training Achievements
for Yorkshire and Humber 2021

SOPAM 2021

P12

ST4-8

DR SHRAVANTHI
CHIGULLAPALLI
SALIL PRADHAN
ALA FADILAH
JESS WAN
ELSPETH FERGUSON
VICTORIA DACHTLER
MIKE TAYLOR
MONICA NEGOITA
MEGAN DALE

ST1-3

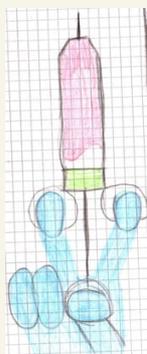
KATIE DEATON
ANNA BIENKOWSKA
LUCY BRIMFIELD
RICHARD WEBB
NEIL LAWRENCE

ANPs

KIRSTY BARLOW
ERICA MICCOLI
ALISON WOLFENDEN
KERRY MELBOURNE
SALLY COURTNEY
ANGIE PENNYCOOK

Educational Supervisors

DR KAREN GRIFFIN
DR REMY TOKO
DR CHRISTOPHER VAS
DR RUPA TALEKAR
DR KATHRYN JOHNSON
DR PARAMITA GHOSH
DR LIZ MCKECHNIE
DR ANNE-MARIE MCMAHON
PROFESSOR NICK BISHOP
DR LIZZIE WADDINGTON
DR D KERRIN



CHIEF REGISTRAR OPPORTUNITY



Leeds Children's Hospital are excited to announce that they will soon be recruiting for next year's Chief Registrar post

This is a fantastic opportunity for paediatric trainees to be involved in leadership and management at the trust. You would also be supported through a national Royal College of Physicians programme with bespoke training in QI, management and leadership

The role involves 40% non-clinical time to focus on projects within the hospital and previous chief registrar work has included:

SIMULATION

JDF chair

GR8X setup

This is a 12month post based at Leeds Children's Hospital, carried out in programme and is open for trainees from the Yorkshire deanery above ST4 level.
Commencing September 2022

Please contact amy.talbot@nhs.net for further details

So far this role has been a fantastic opportunity for me to learn how the trust works and to take a lead on some exciting projects such as development of the new hospital intranet, sustainability projects and developing a new guidelines search facility. I would recommend this role to fellow senior paediatric trainees.

OPPORTUNITIES



Senior Paediatric Regional Advanced Training

To follow on from the enviable regional teaching programs of STEPP & PGDip, HEE Yorkshire & Humber Paediatrics offer **SPRAT**. Level 3 teaching requires a focused approach to support the development of skills required for consultant life. The current SPRAT program has been mapped onto RCPCH Progress curriculum for Level 3s, aiming to address learning objectives in preparation for START. We recognise there is an on-going desire for clinical content however, and each SPRAT day now also includes a 'clinical update' from relevant specialties. We have also embedded bi-annual Safeguarding days (February & September) into the program making attainment of Level 3 safeguarding competencies more achievable.

We are focused on making SPRAT accessible, to complement the life & training of senior registrars, so have streamlined teaching to either the last Tuesday or Thursday of the month.^{*} Booking onto study days is no longer required, and all teaching & resources can be accessed via **Blackboard**, making attendance more flexible & opportunistic for changing clinical demands.

Upcoming teaching dates for the diary:

- Tuesday January 25th **Skills to Pay the Bills**
- Thursday February 17th **Safeguarding**

Please sign-in to **Collaborate** via **Blackboard** <https://heeyhpaediatrics.blackboard.com/> for all SPRAT study days.

Trainees to help organise and chair teaching days are always in demand, in addition to consultants willing to provide teaching. Please get in touch if you could provide assistance with either of these.

SPRAT Committee

Lauren Hill lauren.hill21@nhs.net
Holly Hester holly.hester@nhs.net

^{*}except during school holidays

COMMITTEE

A massive thank you from all our committee members

PAFTA



Ben Hughes



Iain Marshall

Chairs



Amy Henderson



Nikki Pelech

Med Students



Laura Taylor



Alex Fane de Salis

Conference Pack



Kerry Blackett



Az Hafeez

Workshops



Camilla James



Sarah Langford



Andrei Pobischan



Emma Hubbard

Abstracts



Kate Parmenter



Raj Prakash



Lucy Summers

Stands & Advertising



Jenny Orr



Alex Large



Laura Riddick

Poster & Presentations



Abi Soul



Dyanne Imo-Ivoke



Vidhya Kasillingam