

## Programme Review Findings Form

To be completed by the Visit Chair, please return your fully completed form to the Quality Manager. Incomplete forms will be returned.

SECTION 1: DETAILS OF THE VISIT	
Programme Name:	Sports and Exercise Medicine
LEP (Trust/Site) reviewed:	Held at Don Valley House, Sheffield Leeds Teaching Hospitals and Sheffield Teaching Hospitals
Date of Visit:	23/02/2016

SECTION 2: FINDINGS FROM THE VISIT
<p><b>SUMMARY</b></p> <p>One ST4 and two ST6 trainees were present. Trainees are split across Leeds and Sheffield, there are currently a total of five trainees.</p> <p>The trainees feel well supported by their Educational Supervisors and consider the programme to be both well-structured and flexible. The trainees would recommend the programme to others and feel that they are receiving a good breadth of experience.</p> <p>It was highlighted that one of the challenges of being a Sports and Exercise Medicine trainee is the lack of full time NHS jobs after completing the placement. Part time NHS and private sector roles often have to be combined to produce a substantial career.</p> <p>Although not mandatory, undertaking the MSc in Sports and Exercise Medicine is considered advantageous to trainees. Trainees self-fund their place on the course and the trainees are released to attend the course and to complete the demands of the course. The curriculum is well covered although there is slight disparity between the content of the curriculum and the experience and knowledge required in terms of a sports consultant role. Despite this, the trainees feel nationally competitive. The trainees feel that the guidance they have received regarding how to meet the requirements of the curriculum is clear.</p> <p>Most contact with patients is via the musculoskeletal clinics; the trainees do not have their own clinics but work on a supernumerary basis. The trainees do not have on-call duties. The trainees did not report any time pressures.</p> <p>There are no issues with getting assessments completed. Generally there is a good consultant presence.</p> <p>Experience and responsibility are pitched at an appropriate level with the trainees feeling adequately prepared for the cases allocated to them. At no point have the trainees felt out of their depth or pressured into working beyond their competency. As senior trainees there is the opportunity to support sport events such as match days. A named clinical supervisor is always present at these events to provide support. Some trainees opt to do additional pitch side work as a CV enhancer, the trainees are both trained and insured to do this.</p> <p>National teaching days are held four times a year with a requirement for trainees to attend at least two. Trainees find it straightforward to attend the training. Essential training such as ALS and pitch-side courses are funded. If additional training is required and the ES agrees that the trainee would benefit from the training then this can be funded and time provided for attendance. MSK ultrasound competence is a necessary skill for the Sports and Exercise medicine trainee although this is generally self-funded as it does not feature in the curriculum. Consultant jobs tend to be more widely available in MSK or the military. There is some competition for resources between the Sports and exercise medicine trainees and the Radiology trainees and it can be difficult to maintain MSK ultrasound skills. This is a national issue. MSK ultrasound will become part of the curriculum and this should alleviate the issue, also more clinics are</p>

obtaining ultrasound facilities so the opportunity to maintain the skills will be better.

The Educational Supervisors have time in their job plans for training. Educational Supervisor training has been completed.

#### AREAS OF STRENGTH

No	Site	Area	
1			Trainees are well supported by their ESs
2			Trainees are given a good variety of experience.

#### AREAS FOR IMPROVEMENT

No	Site	Area	ITEM	Recommendation	Timeline
1				No recommendations were made.	
2					
3					
4					

#### SECTION 3: OUTCOME (PLEASE DETAIL WHAT ACTION IS REQUESTED FOLLOWING THE REVIEW)

No further action required – no issues identified	YES
Monitoring by School	
Speciality to be included in next round of annual reviews	
Level 2: Triggered Visit by LETB with externality	
Level 3: Triggered Visit by LETB including regulator involvements	

#### Section 4: Decision (To be completed by the Quality Team)

NEXT PROGRAMME REVIEW TO TAKE PLACE IN THREE YEARS (2019).

#### Section 5: Approval

<b>Name</b>	Mr Peter Taylor
<b>Title</b>	Deputy Dean, Health Education Yorkshire & Humber
<b>Date</b>	23 <sup>rd</sup> February 2016

#### DISCLAIMER:

In any instance that an area for improvement is felt to be a serious concern and could be classed as detrimental to trainee progression or environment this item will be escalated to a condition and included on the Quality Database for regular management.