

# SupportTT Champions

## School of Psychiatry

**Juliette Kennedy**

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Hello – I am the new SupportTT champion for Psychiatry in HEYH. Unlike other support champions the Psychiatry SupportTT champion is speciality rather than Trust based so I will be working across all 7 trusts in Yorkshire. I have been TPD for CAMHS higher training for 4 years and so I have worked regionally in this role. I have personally worked LTFT for long periods of my career and am the LTFT champion in my trust at present.

I have had 3 periods of maternity leave myself and have recently needed 6 months off work to care for a sick child, so I do have some personal experience of returning to work after a period of absence and how important it is that a return is planned and safe and confident. I am also a HEE trained coach and am keen to support Trainees across the region using this model. I think the HEE SupportTT framework is a great set of tools to ensure trainees' return to work needs, are appropriately considered and addressed, so that trainees can thrive at work going forward.

## Airedale

**Martin Kelsey**

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I have been a consultant in the Emergency Department at Airedale for 8 years. During this time, I have held a number of educational roles including Foundation Training Programme Director, Guardian of Safe Working and, more recently, Deputy Director of Medical Education.

I am passionate about doctor welfare and am currently the trust pastoral support lead.

## Barnsley Hospital NHS Foundation Trust

**Dr Shobha Sivaramakrishnan**

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I have been a consultant Community paediatrician since 2001. I have a lot of teaching and training experience in various capacities as tutor on PG course, Educational and clinical supervisor, CSAC advisor for Community Child health. Since I started supervising foundation trainees few years ago, I realised that there are many health and well-being issues which has long term implications on retention of junior doctors. I started offering health and well-being programmes for foundation trainees in my trust and co taught similar courses for senior paediatric trainees in HEE. I am passionate about trainee well-being as they are our future workforce who need nurturing and developing.

I am involved in SuppoRTT for paediatric trainees and would like to utilise my skills for other trainees in the trust.

## Bradford Teaching Hospitals NHS Foundation Trust

**David Wilkinson**

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I have been a consultant vascular surgeon in Bradford for 26 years and throughout that time I have done all I can to provide an excellent learning environment for trainees, undergraduate doctors and healthcare learners.

I have held local educational roles including Director of Education in Bradford and led the development of the Field House Education Centre and Sovereign lecture theatre. Within Yorkshire and the Humber I have been a Foundation School Director, Head of School, Deputy Dean and Postgraduate Dean.

I strongly believe that all learners should receive the support, advice and resources to fulfil their potential and serve patients to the best of their ability. Guiding and supporting trainees who take time out of training for any reason has not been done well in the past and I am committed to putting that right.

## Calderdale and Huddersfield NHS Foundation Trust

**Dr Pamela Ohadike**

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I am a Consultant paediatrician with an interest in neonates working in the Trust. I have previously been a College Tutor and am a Clinical Supervisor and Educational Supervisor. While supervising trainees I have seen how the right support can help trainees experiencing difficulties.

I applied for this current role as Champion SuppoRTT lead as I wanted to improve the experience of all trainees who take time off for various reasons who return to work no matter what discipline they are in.

I have an established relationship with the Postgraduate Medical Education Department and with the rota coordinators and Human Resources we aim to change the way trainees get back into training within our Trust.

## Harrogate and District NHS Foundation Trust

**Ip Scarrott**

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I am a geriatrician working at Harrogate and District NHS Foundation Trust and the SuppoRTT champion for the trust.

I have a strong interest in supporting trainees return to work, through my role as an educational supervisor and through my own experience during my training when I returned from maternity leave as a LTFT trainee.

Recognising the challenges of returning, I know how important it is to get the process of returning to work standardised for all trainees, across all specialities, to ensure a smooth transition back to work. This in turn helps the wellbeing of staff and patient safety.

Having strong links within the education department at Harrogate, I am able to promote the SuppoRTT process, helping trainees and supervisors to reach their goals. I can be contacted via email, or via the medical education department at Harrogate for queries, and would be happy to meet up if needed.

## Hull University Teaching Hospitals NHS Trust

**Hiten Thaker**

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I have worked as a Consultant in Infectious Diseases and General Internal Medicine for 18 years in the Trust.

I have been a senior clinical manager in the Trust with both the departments of Medicine, as Clinical Director of Specialist Medicine, and Pathology as Clinical Director of Pathology. Having this experience has given me a good insight into operational issues of the Trust.

I have been Training Programme Director within the Yorkshire Deanery for Infectious Diseases and am currently a senior examiner for MRCP PACES at the Federation of Royal College of Physicians and Regional Speciality Advisor for ID training in Yorkshire. I am therefore acutely cognisant of the issues associated with trainees being out of programme and the peculiar rotational details associated with the Yorkshire Deanery.

I therefore hope that with this clear understanding of the internal workings of the Hull University Hospital Trust and the Yorkshire Deanery I would be able to wholeheartedly support any returning trainees to the organisation.

## Leeds Teaching Hospitals NHS Trust

**Catherine Tandy**

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I am a Consultant in Elderly Medicine at Leeds Teaching Hospitals. I am also the SuppoRTT and LTFT Champion for LTHT. I have experience as a Clinical and Educational Supervisor, Foundation Programme Director and Training Programme Director for Elderly Medicine. Through these roles I have developed an interest in the pastoral and professional support of trainees in difficulty, supporting them to complete their programmes despite sometimes difficult and challenging circumstances.

In the SuppoRTT Champion role I will support both trainees and supervisors to access and agree an individualised return to training package to make the return to work process as smooth as possible, whatever the reason for absence

## North Lincolnshire and Goole NHS Foundation Trust

**Rajan Bhojwani**

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I have been a consultant ophthalmologist at North Lincolnshire and Goole Hospitals NHS Foundation Trust for just over 10 years, and was trust wide speciality lead from 2014-2016.

During my SHO and SPR training at Leeds and Manchester I had a couple of periods where I took several months out of programme. Getting back into the flow and dynamics of the team was a challenge; picking up the skills again where you left off, in a competitive training environment, can be stressful if support is lacking. I believe this SupportTT framework is a fundamental shift in the approach to time out of training where a focus on the long-term wellbeing of an individual is recognised as a positive contribution to the prosperity of the team.

## Rotherham NHS Foundation Trust

**Clare Smith**

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I have been a Consultant Anaesthetist in Rotherham since 2007 and have had several educational roles during this time. I have been a named educational supervisor since 2008 and have undertaken roles as Deputy College Tutor and subsequently College Tutor within the Trust. I was TPD for Anaesthesia in South Yorkshire for 6 years between 2013 and 2019 and it was during this time that I gained much of my experience in supporting a number of doctors returning to training after a period of time out.

Doctors have time out for many different reasons and often have a multitude of differing concerns when returning to clinical practice. Poorly planned and poorly supported return to training can be detrimental to trainees and having the opportunity to influence both trainee and trainer experience and support both is an exciting prospect. Happy and well supported trainees and trainers make for a safer and more pleasant and productive working environment.

## Sheffield Children's NHS Foundation Trust

**Karen Griffin**

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I am a general medical paediatric consultant working at Sheffield Children's Hospital. I have an interest in safeguarding and child and adolescent mental health.

I am a clinical and educational supervisor and have more recently become involved in staff wellbeing within our trust. I enjoy teaching, mentoring and spending time with trainees.

I have had time outside of training myself for paternal leave, research and OOP in healthcare leadership. I recognise the challenges of moving into and out of clinical practice and am keen to ensure that trainees have everything in place to thrive as they progress through their career, whatever shape or form it takes.

## Sheffield Teaching Hospitals NHS Foundation Trust

**Freya Smith-Jack**

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Whilst completing my training I took an OOP to care for my terminally ill mother, I then came back pregnant and took unpaid maternity leave. My experiences during this time shaped my outlook and let me see first hand the hurdles that those returning to work after a period of absence face and how to overcome them.

I am passionate about trying to positively improve trainees experiences of returning to work and provide support from a multitude of different areas. I worked with a trainee led committee to build a return to work / less than full time trainee conference in the Southwest Deanery and put together a SuppoRTT website and app before completing a leadership and management fellowship and qualification during my last year of training.

Although I am a newly qualified consultant in a trust which is new to me I am enthusiastic about supporting trainees to feel ready and keen to return to work after a period of absence for whatever reason that is.

## York Teaching Hospital NHS Foundation Trust

**Lucy Glanfield**

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I have had 2 periods of maternity leave during my career so can empathise with those natural worries about returning to work after a period away from clinical practice. I believe the SupportT programme is a huge step forward in helping trainees across all grades return to work in a safe and supported way. I recognise that the cause of absence varies between individuals, and that each trainee has bespoke requirements and needs, which the SupportT programme can cater for.

I have been a consultant in the Trust for 10 years, and a Foundation TPD for 3 years so have experience of helping trainees return to work and providing the support required. I am very happy to be contacted about any concerns or queries you have regarding the SupportT process.