



## The Way Ahead for SAS Doctors

PD043w

**6** external CPD points

### Introduction

This workshop has been designed to help SAS Doctors evaluate their training and development needs. The Miro Psychometric Test will be sent beforehand and individual styles and preferences analysed on the day. This Assessment helps us to understand what motivates us, our fears, styles of communication, learning and leadership and will assist in helping us to plan our development in the future. A report will also be developed at the end of the workshop which recommends a training plan specific to the group's training needs.

### Course structure

- **1 day workshop**
- **Timings 9:30am – 16:30pm**
- **Wednesday 13th February 2019**
- **Venue: Airedale NHS Foundation Trust**

### Workshop objective

- Recap the current context of the NHS and considered the impact on future career pathways
- Understand one's own strengths and development areas, considering Good Medical Practice
- Understand the 'four stage' structured approach to career planning (C Elton)
- Review Miro psychometric test to further understand development needs
- Have strategies for effective career decision making
- Know how to apply the ROADS checklist to analyse career decisions
- Identify a long-term and short-term development plan, to assist in revalidation and to meet the organisational plan