Revised Educational Requirements for Specialty Trainees in Obstetrics & Gynaecology Yorkshire & Humber 2020-21 (COVID-19)

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| ST1 | Current Matrix Requirements | Additional evidence | Expectations & Revised recommendations if not able to complete | Trainee actions |
| Practical Skills courses | Basic US course | Stratog module : Principles of ultrasound | **Min 2 sessions on ultrasound simulator if NOT attended basic USS course** | Upload evidence from simulator sessions |
| Basic Practical Skills\* or equivalent | Stratog module: Basic Practical skills | O&G Bootcamp covers equivalent content. If attended RCOG remote course, must complete practical skills locally | Exempt if attended in previous 3 years, upload certificate and ensure included in ES report |
| Hysteroscopy Course |  | Content covered by O&G Bootcamp  OR at least **2 sessions on simulator** OR mini CEX from live clinic | Book to attend 1st available course in ST2 |
| Elearning and STRATOG (mandatory) | Fetal Monitoring (eLfH)\* Communicating with a) patients b) Colleagues  Principles of AN care  Early Pregnancy loss (management) |  | All modules should be completed |  |
| YMTP courses | Care of the Critically Ill Mother (CCIM) | 1 course only: 15 attended; 11 others booked places | STRATOG case study for CPD (obstetrics) : Early recognition of a deteriorating woman | Upload certificate and reflection on case study |
|  | Basic Obstetric | STRATOG modules: domestic abuse and substance misuse; postpartum sepsis; postpartum thromboembolism | Expected | Basic obs & basic gynae courses **do not need to be undertaken as ST2**  Complete 1-2 STRATOG modules for courses missed  Upload certificates |
|  | Basic Gynae teaching | STRATOG modules: Urogynae – assessment of lower urinary tract symptoms; Sexual & reproductive health – fertility control and contraception | Not expected |
| Simulation | Prompt (or other obs simulation)\* |  | Expected |  |
| RCOG Requirements | Cervical smear (1 OSAT) |  | Expected |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs | Entrustability level 1 for Cips 9,10,11 & 12 |  |

\*Also suggested by RCOG

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| Year of training | | Current Requirements | | Additional evidence | | Expectations & Revised recommendations if not able to complete | | Trainee actions |
| ST2 | |  | |  | |  | |  |
| Practical Skills courses | | Robust course\* | | STRATOG :EaSi (instrumental del)  Expected | | Expected: All trainees should have attended | |  |
| Basic Laparoscopy | | STRATOG :Basic laparoscopic surgery | | Not expected but **MUST attend 5 sessions of lap sim** and upload evidence | | Course will need to be done as ST3 |
| Perineal Repair\* | | STRATOG: PEARLS (perineal repair) | | Can be undertaken as ST3 | |  |
| STEP UP\* | | STRATOG modules Step up; Resilience | | Expected June/July 2021 | |  |
| Elearning and STRATOG (mandatory) | | Reflective practice  Gynae emergencies & Pelvic pain | |  | | All modules should be completed | |  |
| YMTP courses | | Human Factors (A day at work)\* | | STRATOG module: Human factors | | Expected | |  |
|  | | Core Obstetric teaching | | STRATOG modules: Fetal growth restriction; pre-eclampsia; perinatal mental health; induction of labour | | Case study on SGA (STRATOG) | | Core obs/core gynae teaching **does not need to be completed in ST3** |
|  | | Core Gynae teaching | | STRATOG modules: management or lower urinary tract dysfunction; epidemiology of subfertility; unexplained subfertility | |  | |
| Simulation | | Ultrasound simulator (min 5)  Laparoscopic simulator (min 5)  YMET or PROMPT | |  | | Expected to have minimum of 3 of each plus Prompt | |  |
| RCOG Requirements | | Assisted vaginal delivery (3 each for both ventouse and forceps) | |  | | Accept 2 ventouse and 2 forceps | |  |
| OSATs for Basic CS  Perineal repair  Surgical management misc  Insertion of IUS/IUD | |  | | Expect all obstetric OSATs.  Revise gynae competencies to accept 2 of each for surgical management of misc and insertion of IUS/IUD | |  |
| Endometrial biopsy | |  | | May be achieved in ST3 | |  |
| MRCOG Part 1 | |  | |  | |  |
|  | | TO2 | |  | | 1 expected (provided no concerns) | |  |
|  | | CiP progress | | Complete all CiPs (evidence in all key skills | | Entrustability level 2 in for CiPs 9,10,11 & 12 | |  |
| Year of training | Current Requirements | | Additional information/evidence | | Expectations & Revised recommendations if not able to complete | | Trainee actions | |
| ST3 |  | |  | |  | |  | |
| Practical Skills courses | USS competency | | 5 simulation sessions | | At least 2 summative OSATs for transabdominal USS in early pregnancy  At least 2 summative OSATs for transabdominal USS in late pregnancy | |  | |
| Elearning and STRATOG (mandatory) | Pelvic Organ Prolapse  Ectopic pregnancy  Abnormal uterine bleeding Improving work placed based behaviour  NOTTS  Sexually transmitted infections | |  | | All modules should be completed | |  | |
| YMTP courses | Intermediate Obstetric Teaching | | STRATOG modules: Obstetric analgesia & anaesthesia; preterm labour; multiple pregnancy (antenatal care) | | Can complete in ST4: | |  | |
|  | Early Pregnancy & Acute gynae | |  | | Expected | |  | |
|  | Menopause teaching | | Management of Climacteric problems (STRATOG) | | Can complete in ST4; | |
|  | Statistics & Research | | ; Assessing evidence (STRATOG) | | GCP certificate | | Upload evidence | |
| Simulation | Laparoscopic simulator (min 5) | |  | | Expected | |  | |
| RCOG Requirements | MROP  Robust/operative delivery | |  | | Accept 2 MROP  Usually completed at ST2. Expected as ST3 if not completed as ST2 | |  | |
|  | TO2 | |  | | 1 expected (provided no concerns) | |  | |
|  | CiPs | | Progress with all CiPs | | Entrustability level 3 for CiPs 9 & 10 | |  | |

\*Also suggested by RCOG

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| Year of training | Current Requirements | Additional information/evidence | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST4 |  |  |  |  |
| Elearning and STRATOG (mandatory) | FGM Fetal Growth Restriction Assessment of lower urinary tract symptoms  Management of lower urinary tract dysfunction  Epidemiology, ethical & legal issues in subfertility  Pre-invasive disease of the lower genital tract |  | All expected |  |
| YMTP courses | Maternal Medicine | Stratog modules: maternal medicine | Can complete in ST5 but expect 2 courses to have been completed this year |  |
|  | Fetal Medicine |  |  |
|  | Infertility teaching | Stratog modules |
|  | Urogynaecology |  |
| RCOG Requirements | Hysteroscopy  Diagnostic laparoscopy | Simulation sessions for hysteroscopy and laparoscopy if incomplete | Accept 2 plus simulation |  |
|  | Repair of OASI |  | Expect all 3 |  |
|  | Vulval biopsy and Surgical management of RPOC post partum |  | Can be achieved in ST5 or beyond | Surgical management of RPOC expected to move to ST7 competency imminently |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs |  |  |

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| Year of training | Current Requirements | Course Information for 2019-20 | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST5 |  |  |  |  |
| Practical Skills courses | Advanced Laparoscopy |  | Can complete in ST6  Consider simulation sessions to enhance eportfolio |  |
| Elearning and STRATOG (mandatory) | Cervical cancer  Malignant disease of the uterus Uterine cavity surgery  Minimal Access Surgery  Perinatal mental health  Ultrasound scanning of fetal anomaly | All expected |  |  |
| YMTP courses | Gynae Oncology | STRATOG modules on gynae onc | Can complete in ST6. |  |
|  | Maternal medicine |  | If neither completed in ST4, expect 1 this year and complete 2nd in ST6 |  |
|  | Fetal medicine |
| HEE Courses | Management and Leadership Development (3 days) |  | Can complete leadership and management courses in ST6 & 7 |
| RCOG Requirements | MRCOG parts 2 & 3 |  | Expected |  |
| OSATS | Simple operative laparoscopy |  | Accept minimum of 2 summative or more formative | Will need to achieve remainder in ST6 |
|  | Endometrial ablation |  | May be achieved in ST6 | Expected to move to ST7 competency imminently |
|  | Intermediate CS  Rotational delivery | Expect all |  |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Complete all CiPs (evidence in all key skills) | Entrustability level 3 for CiPs 11 & 12  Entrstability level 4 for CiPs 9 & 10 |  |
| Recommended STRATOG | Gynae-oncology modules  Rape & forensic gynaecology |  |  |  |

\*Also suggested by RCOG

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| Year of training | Current Requirements | Additional Information/evidence | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST6 |  |  |  |  |
| RCOG Courses | ATSM course 1 |  | Can complete in ST7 |  |
| Elearning | Quality Improvement Training (NHS Improvement Academy) |  | Expected |  |
| YMTP courses | Gynae Oncology | STRATOG modules on gynae onc | If not completed in ST5 |  |
|  | Maternal medicine |  | If neither completed in ST4 or ST5, expect at least 1 this year with STRATOG modules in the one never completed |  |
|  | Fetal medicine |
|  | Clinical Governance & Patient Safety |  | either ST6 or ST7 |
| HEE Courses | Management and Leadership Course |  | Can complete leadership and management courses in ST6 & 7 |
| Simulation | mMOET |  | Accept Prompt |  |
| OSATS (formative) | Complex CS  Laparoscopic ectopic pregnancy  Ovarian cystectomy (open or laparoscopic) |  | Expect formative OSATS or simulator evidence of laparoscopic procedures if not acheived |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs | Entrustability level 4 for CiPs 11 & 12 |  |

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| Year of training | Current Requirements | Course Information for 2019-20 | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST7 |  |  |  |  |
| RCOG Courses | ATSM course 1 & 2 |  | Must complete 1 ATSM course in ST6 or 7 |  |
| Elearning and STRATOG (mandatory) | Equality & Diversity Training (eLfH - see HEE website for link) |  | Expected |  |
| YMTP courses | Gynae Oncology | STRATOG modules on gynae onc | If not completed in St5 or ST6 |  |
|  | Maternal medicine |  | If not completed in ST5 or ST6 unless doing advanced AN practitioner ATSM |  |
|  | Fetal medicine |
|  | Clinical Governance & Patient Safety |  | either ST6 or ST7 |
| HEE Courses | Management and Leadership |  | Can complete leadership and management courses in ST5-7 (can be derogated) |
|  | Transitioning to be a Consultant |  |  |  |
|  | Training the Trainers |  |  |  |
| OSATS | Complex CS  Surgical management of PPH |  | Expect 3 summative |  |
|  | Laparoscopic ectopic pregnancy  Ovarian cystectomy (open or laparoscopic) |  | Accept 2 of each summative if signed by Consultant |  |
|  | TO2 |  | 2 expected |  |
|  | CiPs | Complete all CiPs (evidence in all key skills) | Entrustability level 5 for CiPs  9, 10, 11 & 12 |  |
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