Revised Educational Requirements for Specialty Trainees in Obstetrics & Gynaecology Yorkshire & Humber 2020-21 (COVID-19)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ST1 | Current Matrix Requirements | Additional evidence | Expectations & Revised recommendations if not able to complete | Trainee actions |
| Practical Skills courses | Basic US course  | Stratog module : Principles of ultrasound  | **Min 2 sessions on ultrasound simulator if NOT attended basic USS course** | Upload evidence from simulator sessions |
| Basic Practical Skills\* or equivalent  | Stratog module: Basic Practical skills  | O&G Bootcamp covers equivalent content. If attended RCOG remote course, must complete practical skills locally | Exempt if attended in previous 3 years, upload certificate and ensure included in ES report |
| Hysteroscopy Course  |  | Content covered by O&G Bootcamp OR at least **2 sessions on simulator** OR mini CEX from live clinic | Book to attend 1st available course in ST2 |
| Elearning and STRATOG (mandatory) | Fetal Monitoring (eLfH)\* Communicating with a) patients b) Colleagues Principles of AN care Early Pregnancy loss (management) |  | All modules should be completed |  |
| YMTP courses | Care of the Critically Ill Mother (CCIM)  | 1 course only: 15 attended; 11 others booked places | STRATOG case study for CPD (obstetrics) : Early recognition of a deteriorating woman | Upload certificate and reflection on case study |
|  | Basic Obstetric  | STRATOG modules: domestic abuse and substance misuse; postpartum sepsis; postpartum thromboembolism | Expected  | Basic obs & basic gynae courses **do not need to be undertaken as ST2**Complete 1-2 STRATOG modules for courses missedUpload certificates |
|  | Basic Gynae teaching  | STRATOG modules: Urogynae – assessment of lower urinary tract symptoms; Sexual & reproductive health – fertility control and contraception | Not expected |
| Simulation | Prompt (or other obs simulation)\* |  | Expected |  |
| RCOG Requirements |  Cervical smear (1 OSAT) |  | Expected |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs | Entrustability level 1 for Cips 9,10,11 & 12 |  |

\*Also suggested by RCOG

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year of training | Current Requirements | Additional evidence  | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST2 |  |  |  |  |
| Practical Skills courses | Robust course\*  | STRATOG :EaSi (instrumental del) Expected | Expected: All trainees should have attended |  |
| Basic Laparoscopy | STRATOG :Basic laparoscopic surgery  | Not expected but **MUST attend 5 sessions of lap sim** and upload evidence | Course will need to be done as ST3 |
| Perineal Repair\* | STRATOG: PEARLS (perineal repair)  | Can be undertaken as ST3 |  |
| STEP UP\* | STRATOG modules Step up; Resilience | Expected June/July 2021 |  |
| Elearning and STRATOG (mandatory) | Reflective practice Gynae emergencies & Pelvic pain |  | All modules should be completed |  |
| YMTP courses | Human Factors (A day at work)\*  | STRATOG module: Human factors | Expected  |  |
|  | Core Obstetric teaching | STRATOG modules: Fetal growth restriction; pre-eclampsia; perinatal mental health; induction of labour | Case study on SGA (STRATOG) | Core obs/core gynae teaching **does not need to be completed in ST3** |
|  | Core Gynae teaching  | STRATOG modules: management or lower urinary tract dysfunction; epidemiology of subfertility; unexplained subfertility |  |
| Simulation | Ultrasound simulator (min 5) Laparoscopic simulator (min 5) YMET or PROMPT |  | Expected to have minimum of 3 of each plus Prompt  |  |
| RCOG Requirements | Assisted vaginal delivery (3 each for both ventouse and forceps) |  | Accept 2 ventouse and 2 forceps |  |
| OSATs for Basic CSPerineal repairSurgical management miscInsertion of IUS/IUD |  | Expect all obstetric OSATs. Revise gynae competencies to accept 2 of each for surgical management of misc and insertion of IUS/IUD |  |
| Endometrial biopsy  |  | May be achieved in ST3  |  |
| MRCOG Part 1 |  |  |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiP progress | Complete all CiPs (evidence in all key skills | Entrustability level 2 in for CiPs 9,10,11 & 12 |  |
| Year of training | Current Requirements | Additional information/evidence | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST3 |  |  |  |  |
| Practical Skills courses | USS competency | 5 simulation sessions | At least 2 summative OSATs for transabdominal USS in early pregnancyAt least 2 summative OSATs for transabdominal USS in late pregnancy  |  |
| Elearning and STRATOG (mandatory) | Pelvic Organ Prolapse Ectopic pregnancy Abnormal uterine bleeding Improving work placed based behaviour NOTTS Sexually transmitted infections |  | All modules should be completed |  |
| YMTP courses | Intermediate Obstetric Teaching  | STRATOG modules: Obstetric analgesia & anaesthesia; preterm labour; multiple pregnancy (antenatal care) | Can complete in ST4:  |  |
|  | Early Pregnancy & Acute gynae |  | Expected |  |
|  | Menopause teaching | Management of Climacteric problems (STRATOG) | Can complete in ST4;  |
|  | Statistics & Research | ; Assessing evidence (STRATOG) | GCP certificate  | Upload evidence |
| Simulation | Laparoscopic simulator (min 5) |  | Expected |  |
| RCOG Requirements | MROPRobust/operative delivery |  | Accept 2 MROP Usually completed at ST2. Expected as ST3 if not completed as ST2 |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs | Entrustability level 3 for CiPs 9 & 10 |  |

\*Also suggested by RCOG

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year of training | Current Requirements | Additional information/evidence  | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST4 |  |  |  |  |
| Elearning and STRATOG (mandatory) | FGM Fetal Growth Restriction Assessment of lower urinary tract symptoms Management of lower urinary tract dysfunction Epidemiology, ethical & legal issues in subfertility Pre-invasive disease of the lower genital tract |  | All expected |  |
| YMTP courses | Maternal Medicine  | Stratog modules: maternal medicine | Can complete in ST5 but expect 2 courses to have been completed this year  |  |
|  | Fetal Medicine |  |  |
|  | Infertility teaching | Stratog modules |
|  | Urogynaecology  |  |
| RCOG Requirements | HysteroscopyDiagnostic laparoscopy | Simulation sessions for hysteroscopy and laparoscopy if incomplete | Accept 2 plus simulation |  |
|  | Repair of OASI |  | Expect all 3  |  |
|  | Vulval biopsy and Surgical management of RPOC post partum |  | Can be achieved in ST5 or beyond | Surgical management of RPOC expected to move to ST7 competency imminently |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year of training | Current Requirements | Course Information for 2019-20  | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST5 |  |  |  |  |
| Practical Skills courses | Advanced Laparoscopy |  | Can complete in ST6 Consider simulation sessions to enhance eportfolio |  |
| Elearning and STRATOG (mandatory) | Cervical cancer Malignant disease of the uterus Uterine cavity surgery Minimal Access Surgery Perinatal mental health Ultrasound scanning of fetal anomaly | All expected |  |  |
| YMTP courses | Gynae Oncology  | STRATOG modules on gynae onc | Can complete in ST6.  |  |
|  | Maternal medicine |  | If neither completed in ST4, expect 1 this year and complete 2nd in ST6 |  |
|  | Fetal medicine |
| HEE Courses | Management and Leadership Development (3 days) |  | Can complete leadership and management courses in ST6 & 7 |
| RCOG Requirements | MRCOG parts 2 & 3 |  | Expected |  |
| OSATS | Simple operative laparoscopy |  | Accept minimum of 2 summative or more formative  | Will need to achieve remainder in ST6 |
|  | Endometrial ablation |  | May be achieved in ST6 | Expected to move to ST7 competency imminently |
|  | Intermediate CSRotational delivery | Expect all  |  |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Complete all CiPs (evidence in all key skills)  | Entrustability level 3 for CiPs 11 & 12Entrstability level 4 for CiPs 9 & 10 |  |
| Recommended STRATOG  | Gynae-oncology modulesRape & forensic gynaecology  |  |  |  |

\*Also suggested by RCOG

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year of training | Current Requirements | Additional Information/evidence  | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST6 |  |  |  |  |
| RCOG Courses | ATSM course 1 |  | Can complete in ST7  |  |
| Elearning  | Quality Improvement Training (NHS Improvement Academy) |  | Expected |  |
| YMTP courses | Gynae Oncology  | STRATOG modules on gynae onc | If not completed in ST5  |  |
|  | Maternal medicine |  | If neither completed in ST4 or ST5, expect at least 1 this year with STRATOG modules in the one never completed |  |
|  | Fetal medicine |
|  | Clinical Governance & Patient Safety  |  | either ST6 or ST7 |
| HEE Courses | Management and Leadership Course |  | Can complete leadership and management courses in ST6 & 7 |
| Simulation | mMOET |  | Accept Prompt  |  |
| OSATS (formative) | Complex CSLaparoscopic ectopic pregnancyOvarian cystectomy (open or laparoscopic) |  | Expect formative OSATS or simulator evidence of laparoscopic procedures if not acheived |  |
|  | TO2 |  | 1 expected (provided no concerns) |  |
|  | CiPs | Progress with all CiPs  | Entrustability level 4 for CiPs 11 & 12 |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year of training | Current Requirements | Course Information for 2019-20  | Expectations & Revised recommendations if not able to complete | Trainee actions |
| ST7 |  |  |  |  |
| RCOG Courses | ATSM course 1 & 2 |  | Must complete 1 ATSM course in ST6 or 7 |  |
| Elearning and STRATOG (mandatory) | Equality & Diversity Training (eLfH - see HEE website for link) |  | Expected |  |
| YMTP courses | Gynae Oncology  | STRATOG modules on gynae onc | If not completed in St5 or ST6  |  |
|  | Maternal medicine |  | If not completed in ST5 or ST6 unless doing advanced AN practitioner ATSM |  |
|  | Fetal medicine |
|  | Clinical Governance & Patient Safety  |  | either ST6 or ST7 |
| HEE Courses | Management and Leadership  |  | Can complete leadership and management courses in ST5-7 (can be derogated) |
|  | Transitioning to be a Consultant |  |  |  |
|  | Training the Trainers |  |  |  |
| OSATS | Complex CSSurgical management of PPH |  | Expect 3 summative |  |
|  | Laparoscopic ectopic pregnancyOvarian cystectomy (open or laparoscopic) |  | Accept 2 of each summative if signed by Consultant |  |
|  | TO2 |  | 2 expected |  |
|  | CiPs | Complete all CiPs (evidence in all key skills)  | Entrustability level 5 for CiPs 9, 10, 11 & 12 |  |
|  |  |  |  |  |