



# TRAINING IN THE WEST

Dr Oliver Ross-Smith  
ST6 Anaesthesia



# HOSPITALS IN THE WEST

Leeds- LGI and  
SJUH

Mid Yorks-  
Pinderfields,  
Pontefract,  
Dewsbury

Bradford- BRI  
and St Luke's

Airedale

Calderdale and  
Huddersfield

Harrogate

# REPRESENTATION



STC Reps



ATRG rep (goes to the college)



WYCAT Hospital reps



College tutors



Training programme directors (TPDs)- Alison Colhoun and Krishnan Melarkode



Heads of School- Jill and Phil



Regional Advisor- Sue Walwyn

# STC REPS

## Stage 1

- Charlotte Dowson [charlotte.dowson4@nhs.net](mailto:charlotte.dowson4@nhs.net)

## Stage 2

- Camilla Ledgard [camilla.ledgard@doctors.org.uk](mailto:camilla.ledgard@doctors.org.uk)
- Adam Windle (ATRG Rep) [adamlee.windle@nhs.net](mailto:adamlee.windle@nhs.net)

## Stage 3

- Oli Ross-Smith [oliver.ross-smith@nhs.net](mailto:oliver.ross-smith@nhs.net)
- Adam Neep [adam.neep@nhs.net](mailto:adam.neep@nhs.net)

## LTFT

- Emily Langford [emilylangford@nhs.net](mailto:emilylangford@nhs.net)
- Lucy Powley [lucy.powley@nhs.net](mailto:lucy.powley@nhs.net)

## IMG rep

- Jyothi Pippalapalli [jyothima.pippalapalli@nhs.net](mailto:jyothima.pippalapalli@nhs.net)





School of Anaesthesia and Intensive Care

Yorkshire and The Humber



School Information



Intensive Care Medicine

# TRAINING NUGGETS OF WISDOM

- Curriculum is confusing- expand it on the LLP today
- Link, link, link- the LLP is fiddly
- Triple C's- do them, it'll make your life easier
- Ask others what they've done
- MSFs and MTRs
- Travel claims- do them as soon as you can
- Courses- loads of stuff on blackboard ([hee.blackboard.com](http://hee.blackboard.com) and [heeyhanaesthetics.blackboard.com](http://heeyhanaesthetics.blackboard.com))  
Deanery website for links
- Be patient with your trainers

# GROUPS

- Yorkshire Green Anaesthesia Society (YGAS)
  - Ygas.co.uk
- West Yorkshire Wellbeing in Anaesthesia and Critical Care (WYWACC)
  - [Westyorkshirewellbeingday@gmail.com](mailto:Westyorkshirewellbeingday@gmail.com)
  - @wywacc
  - New events coming all the time
- Leeds Peri-op Society
  - @leedsperiopsoc