### **SCENARIO**

### Transfusion Reaction

#### LEARNING OBJECTIVES

Recognise Transfusion Associated Fluid Overload (TACO)

Initiate immediate management

Differentiate from (transfusion related Lung Injury TRALI)

Request Appropriate investigations

**EQUIPMENT LIST** 

Vital Signs Monitor Drugs(antihistamine/frusemide) Phone

Giving set/blood Mannequin/Actor Obs Chart

Blood bottles/BC bottles O2/facemask

PERSONNEL FACULTY

MINIMUM: 3

ROLES: Facilitator
Trainee Observer
Midwife Debrief Lead

Anaesthetist

# TIME REQUIRMENTS TOTAL 45 minutes

Set up: 10 mins Simulation: 15mins Pre Brief: 5 mins Debrief: 15mins



### INFORMATION TO CANDIDATE

### PATIENT DETAILS

Name: Mrs Ford Age: 41

Weight/BMI: 19

Phx: Pre Eclampsia

Allergies: Nil

### SCENARIO BACKGROUND

Location: Recovery

Situation:

Mrs Ford is 41 years old and has had an emergency caesarean section for severe PET at 37 weeks. Cell salvage was in use and she had an intra operative blood loss of 2.5 L and a further 2L post op. She received the following components:

2L Crystalloid, 2units O neg blood, 500mls of salvaged blood, 10units group specific blood, 2 units grouped plasma, 1 unit platelets. In recovery during her platelet transfusion she becomes very short of breath.

Task:

Can you please review Mrs Ford?

### RCOG CURRICULUM MAPPING

Module 12 Management of Post Partum Problems *Acute Maternal Collapse* 



### INFORMATION FOR ROLEPLAYERS

#### **BACKGROUND**

Your name is Mrs Ford. You have just had an emergency caesarean section after being diagnosed with Pre Eclampsia at 37 weeks. You had a large amount of bleeding and have required a blood transfusion. Whilst in recovery you begin to feel unwell and find it difficult to breath. You are unable to talk in sentences and are very frightened and anxious.

## RESPONSES TO QUESTIONS

You can only answer in single words as very short of breath.

You are not itchy and your throat doesn't feel swollen.

You have never had a blood transfusion before

You don't have any allergies or Asthma

You have no medical problems other than the Pre Eclampsia

#### INFORMATION TO FACILITATOR

### SCENARIO DIRECTION

Mrs Ford is only able to talk in short sentences and is visibly tachypnoeic. She has no angiooedema or urticarial rash. She is not cyanosed. She is not actively bleeding and her abdomen is not distended.

ABCD assessment including high flow O2 through facemask

Examine chest, JVP

Request Bloods FBC, U&E, LFTS, and Urine for haemoglobinuria

Request CXR

Initiate management for fluid overload, IV Frusemide 20-40mg IV

15 mins obs HDU

Hourly urine output fluid

### SCENARIO OBSERVATIONS/ RESULTS

|             | BASELINE  | STAGE 1  |
|-------------|-----------|----------|
|             |           | After Rx |
| RR          | 29        | 22       |
| chest sound | Creps ↓AE | Creps    |
| SpO2        | 89%       | 96%      |
| HR          | 112 103   |          |
| Heart sound | tachy     | normal   |
| BP          | 155/103   | 140/90   |
| Temp        | 37.5C     | 37.3C    |
| Central CRT | 2 secs    | 2secs    |
| GCS/AVPU    | Alert     | Alert    |

JVP elevated CXR- Pulmonary Oedema Urine – heamoglobinuria negative LFTs normal

| Na          | 132  | 133-146 mmol/L              |
|-------------|------|-----------------------------|
| K           | 4.2  | 3.5-5.3 mmol/L              |
| Urea        | 2.5  | 2.5-7.8 mmol/L              |
| Creat       | 90   | 62-106 umol/L               |
| Hb          | 76   | 131-166 g/L                 |
| White cells | 7.6  | $3.5-9.5 \times 10^9/L$     |
| Platelets   | 55   | $150-400 \times 10^9 / L$   |
| Haematocrit | 0.35 | 0.38-0.48L/L                |
| RBC         | 4.1  | $4.4-5.65 \times 10^{12}/L$ |



#### SCENARIO DEBRIEF

#### TOPICS TO DISCUSS

Discuss types of transfusion reactions:

ABO Incompatibility, Haemolytic, Bacterial, Mild/Severe Allergic, TRALI (transfusion associated lung injury), TACO (transfusion associated circulatory overload)

TRALI>TACO if hypotension and associated with PLTs /plasma

Follow trust policy

Inform blood bank and return units, complete required paperwork

Datix/Incident report

Involve haematology/HDU if severe

Discuss what alternative investigations trainee would request if clinical signs included:

## Fever (>2C from baseline) rigors chills vomiting and pain

Check patient identification and details on transfusion label

FBC, U&E, LFTS, Urine haemoglobinuria, Blood cultures, Coagulation,

**Direct Coombs** 

Haptoglobin, Haemopexin

LDH

Retain blood for culture at blood bank

Compatibility test repeat Group and Antibodies

### Angioedema/signs of allergy

Above plus Mast cell tryptase

Serial IgA- Immediately, 4 hours and 24 hours

#### REFERENCES

Handbook of Transfusion Medicine, DBL McClelland 2007