

HEE YH COVID 19 Trainee Update Webinar



HEEYH COVID 19
Trainee Update Webinar

Any questions?
Heeyh.faq@hee.nhs.uk

Agenda

1. ARCP



2. Rotations



3. Redeployment



4. Clinical Academics



5. Dental Update



6. GP Update



7. Visa Issues



8. Wellbeing



9. Personal Issues



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Ground rules

1. All questions sent into the webinar will be anonymised
2. Please avoid using acronyms or abbreviations
3. Please use Q&A board
4. Webinar continues to be available after the event

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ARCP



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<p>Royal college of Anaesthetists https://www.rcoa.ac.uk/training-careers</p>	<p>Royal College of Pathologists https://www.rcpath.org/trainees/covid-19-information-for-trainees.html</p>
<p>Royal College of Emergency Medicine https://www.rcem.ac.uk/docs/Training/TSC_ARCP_2020_Guidance_May_2020.pdf</p>	<p>Joint Royal College of Physicians Training Board https://www.jrcptb.org.uk/covid-19</p>
<p>Royal College of General Practitioners https://www.rcgp.org.uk/training-exams/mrcgp-exam-overview/updates-for-gp-trainees-during-covid-19.aspx</p>	<p>Royal College of Psychiatrists https://www.rcpsych.ac.uk/about-us/responding-to-covid-19/covid-19-and-psychiatric-training</p>
<p>Faculty of Intensive Care Medicine https://www.ficm.ac.uk/training-examinations/training-curricula-and-assessment</p>	<p>Faculty of Public Health https://www.fph.org.uk/training-careers/specialty-training/</p>
<p>Royal College of Obstetricians and Gynaecologists https://www.rcog.org.uk/en/careers-training/resources--support-for-trainees/education-and-training-in-the-context-of-covid-19/guidance-for-obstetrics-and-gynaecology-training-programme-arcps-in-2020/</p>	<p>Royal College of Radiologists https://www.rcr.ac.uk/college/coronavirus-covid-19-what-rcr-doing/training/trainee-progression-and-coronavirus-covid-19</p>
<p>Faculty of Occupational Medicine Not yet published</p>	<p>Faculty of Sexual and Reproductive Health https://www.fsrh.org/fsrh-and-covid-19-resources-and-information-for-srh/</p>
<p>Royal College of Ophthalmologists https://www.rcophth.ac.uk/training/covid-19-support-for-trainees/</p>	<p>Joint Committee on Surgical Training https://www.jcst.org/key-documents/</p>
<p>Royal College of Paediatrics and Child Health https://www.rcpch.ac.uk/resources/supporting-covid-19-response-managing-annual-review-competency-progression-arcpc</p>	

Rotations



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Redeployment



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Clinical Academics



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Dental Update



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GP Update



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Visa Issues



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Wellbeing



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#OurNHSPeople Wellbeing support

for all our NHS people, we are here for you
whenever you need us



Call 0300 131 7000

7am - 11pm seven days a week support, for mental health, financial help, bereavement care and coaching



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Text 'frontline' to 85258



Free access to mental health and wellbeing apps

Unmind, Headspace, Sleepio and Daylight for all NHS staff



people.nhs.uk

Helping you manage your own health and wellbeing whilst looking after others



Wellbeing



<https://www.yorksandhumberdeanery.nhs.uk/covid-19-hee-yh-information>

Webinars

My Menu of Self-Care: FiY1 only – 3pm 4th June, 8th June, 11th June
Mindfulness: 10am 24th June and 9am 14th July

Psychological support

South Yorkshire: workplace.wellbeing@shsc.nhs.uk,
West Yorkshire, North Yorkshire, and East coast:
taketime@leeds.ac.uk

Coaching

Coaching.yh@hee.nhs.uk
Please include your full name, Trust, Grade, Specialty

Peer support

Peersupport.yh@hee.nhs.uk
Please include your full name, Trust, Grade, Specialty

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Personal Issues



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Personal Issues



https://www.yorksandhumberdeanery.nhs.uk/learner_support/supported_return_to_training

SuppoRTT

Supported Return to Training

Supported Return to Training (SuppoRTT) is a centrally funded Health Education England (HEE) programme which aims to support **ALL** trainees to safely and confidently return to training after a sustained period of absence.



supportt.yh@hee.nhs.uk

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