

# The Future Leaders Programme Leaders Digest (March 2018)

## Hello and Welcome to Leaders Digest!

My name is Jaimee Wylam and I am the first rolling editor of the Leaders digest. In the coming months current fellows on the future Leaders Programme will take on the editing roll to bring diversity and new content to the publication. I hope you enjoy my contribution.

## TED Talk of the month

Doctors Make Mistakes. Can we talk about that? Brian Goldman



A thought provoking TED talk, relevant to all health care workers, highlighting human error and perceptions of mistakes. The first couple of minutes are very powerful and the following clinical tales important to us all.

## Quote of the month

“It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all – in which case, you failed by default”  
JK Rowling

## Blog of the month

<https://brokentoynetdotblog.wordpress.com/2017/07/18/a-dirty-secret/>

A blog post covering the importance of resilience.

## Book Recommendation

### Legacy – James Kerr

With thanks to James Tomlinson, FLP alumni, for a fantastic recommendation during a recent bimonthly meeting talk. This book explores the All Blacks rugby team and what the All Blacks can teach us about “the business of life”. It explores leadership and culture change from a perspective outside of the healthcare world in an easily readable format. As an added bonus it has lots of great quotes as side notes throughout.

## Fellow Progress

### Who am I?

I am a fellow within the Foundation School across Yorkshire and the Humber. I am a core psychiatric trainee with an interest in staff well-being.

### My project

My project focuses on foundation doctor resilience and well-being. I am implementing educational workshops across the region with pilots taking place in Doncaster, Mid York’s, Rotherham and Harrogate. I have an interested group of peer leaders from all grades and specialities who will become mentors as part of the scheme. I’d like to see a more open culture in healthcare which acknowledges the difficult nature of the environment we work in and allows those in difficulty to speak out.

### Achievements so far

Poster prize FLP conference 2018  
Talk like TED FLP conference 2018  
Poster Yorkshire School of Psychiatry conference 2017



## Upcoming events

06 March 2018	Myers Briggs Step 1 (DVH, Sheffield)
13 March 2018	Bimonthly meeting (DVH, Sheffield)
13 March 2018	Building skills in assertiveness (DVH, Sheffield)
21 March 2018	Introduction to public sector finance (Horizon, Leeds)

## Event of interest

25 April 2018	Fairness and equality in Medicine. Academy of Medical Educators Ninth annual academic meeting Sheffield Hallam University
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**Thank you for reading!**